

TALLAHASSEE SENIOR SERVICES SENIOR RESOURCE INFORMATION

TECHNOLOGY

COMPUTER CLASSES

<p>Tallahassee Senior Center</p> <p>The Senior Center provides a wide variety of programs. These programs require registration, have reasonable fees and include:</p> <ul style="list-style-type: none"> • Basics and Beyond – Focus on mouse and keyboarding tips/shortcuts, improving typing and editing skills, cut and paste, introduction to word processing, accessing programs and navigation (required for all other classes); • Word – How to save and find a word processing file, formatting a document, copy and pasting text; • Excel – Spreadsheet application featuring calculations and graphing tools, how to input and edit data; • Preserving the Past – Organize and develop a personal history using the Word Program for word processing, scanning and inserting photos; * • iPads, iPhones – Learn about settings, figure out what an app is and use a calendar. * • Mentoring - One on One Tech Help. * <p>* These classes are offered periodically, based on demand.</p>	<p>talgov.com/seniors</p>	<p>850-891-4008</p>
Virtual and Telephone assistance and training options available.		
<p>Creative People Consulting</p> <p>Conducts classroom style trainings with topics such as “Computing for Seniors” or mobile training at seniors’ homes tailored to meet specific needs. Virtual options available.</p>	<p>creativepeopleconsulting.com</p>	<p>850-284-2094</p>
<p>Lively Technical Center</p> <p>Provides low-cost programs such as web design, computer systems technology, personal computer support services and digital design, enabling graduates to market their skills to local state agencies, universities and private firms. Virtual options available.</p>	<p>livelytech.com</p>	<p>850-487-7555</p>
<p>Tallahassee Community College</p> <p>Provides workforce training, including technology, leading to credentials (degrees, certificates) in several program areas for the age 50+ segment of the population.</p>	<p>tcc.fl.edu</p>	<p>850-201-8760</p>
<p>Goodwill Industries-Big Bend, Inc.</p> <p>Offers a computer training class for job readiness where individuals receive self-paced instruction in basic computer skills, the use of Word and Excel programs and the Internet.</p>	<p>goodwillbigbend.org/training</p>	<p>850-279-5041</p>
<p>Florida State University:</p> <p>Florida A&M University:</p> <p>Audit, non-degree, courses available to seniors age 60 and over provided there is space and the instructor/department approves the request. Each institution has rules for approving these tuition free classes. The registrars’ offices can assist seniors with enrollment procedures. The registrar’s office must be contacted to determine whether any technology courses are offered. Virtual options available.</p>	<p>registrar.fsu.edu</p> <p>famuedu/registrar</p>	<p>850-644-1050</p> <p>850-599-3115</p>

COMPUTER USE

(For Individuals Who Do Not Have Home Computers)

Leon County Public Libraries

leoncountyfl.gov/Library

Each area library offers the public access to computers and limited printing. Wireless access to the Internet is also available at each library. The contact information for each branch can be found at the website listed above.

Tallahassee Senior Center

talgov.com/seniors

850-891-4000

Computer access for seniors during variable hours Monday through Friday, including limited printing. Call the number above for hours and additional information.

INTERNET SITES OF INTEREST

- aarp.org
- elderaffairs.state.fl.us (state agency designated for senior affairs)
- ecsbigbend.org (information about local services to assist seniors with staying in their homes)
- aaanf.org (information about regional services to assist seniors in portions of Florida's panhandle and big bend with staying in their homes)
- benefitscheckup.org (National Council on Aging's site for determining eligibility for government assistance)
- pawpawmail.com (easy, inexpensive email system for seniors)
- tallahassee.craigslist.org (a free list of items and services available in Tallahassee)
- google.com (a free system for searching the web)
- wikipedia.org (an online encyclopedia)
- pricegrabber.com, bizrate.com, rakuten.com (price comparisons)
- travelocity.com, expedia.com, orbitz.com, priceline.com, trivago.com (free travel arrangements)
- gmail.com, mail.yahoo.com, outlook.live.com (free email systems)
- facebook.com (an online platform for connecting with friends and family virtually)
- eBay.com (a method for selling items where eBay gets a percentage of the sale, but it is free to buy)

BRAIN FITNESS PROGRAMS

Brain Fitness Internet Sites

- stayingsharp.aarp.org
- onlinegamesforseniors.com
- puzzability.com/sampler
- mindgames.com

DIGITAL PHOTOGRAPHY CLASSES

Tallahassee Senior Center

talgov.com/seniors

850-891-4008

Offers periodic classes for beginners to learn how to use their digital cameras and for advanced users to improve their skills. Software classes and specialized photography are also taught.

Tallahassee Photo

talcam.com

850-877-1152

Conducts classes for beginners for camera functions, settings and formatting pictures on a computer.