

**TALLAHASSEE SENIOR CENTER  
SENIOR RESOURCE INFORMATION  
END-OF-LIFE PLANNING**

**GENERAL INFORMATION**

The six primary documents to include in your end-of-life planning are a **Last Will and Testament** describing what will be done with your assets upon death; a **Trust** to provide management of your assets; a **Power of Attorney**, empowering someone of your choosing to act on your behalf to make legal and financial decisions; a **Living Will** describing your wishes regarding end-of-life care; a **HIPPA Release**; and a **Healthcare Power of Attorney** designating someone to make medical decisions on your behalf. Additionally, a **Letter of Intent** can be included to provide simple explanation of your desires and requests to family and loved ones.

**Long-Term Care Planning**

[longtermcare.acl.gov](http://longtermcare.acl.gov)

Provides information to assist in the planning of long-term care across a variety of areas including, medical, financial, activities of daily living and more.

**LEGACY PLANNING**

Legacy Planning offers a broader approach to estate planning. In addition to determining how your estate is divided, a clear plan is developed describing how to pass on your legacy. This can include things like the development of a charitable fund in your name or the earmarking of assets for donation to local charities and organizations. For more information on Legacy Planning visit [cfnf.org](http://cfnf.org) or call **850-222-2899**.

**LEGAL SERVICES AND RELATED ORGANIZATIONS**

**5 Wishes**

[agingwithdignity.org](http://agingwithdignity.org)

**888-594-7437**

Document that helps individuals express their final medical, personal, emotional and spiritual wishes. Document costs \$5.00 and is accessible by phone or website order. Financial matters are not included.

**Legal Aid Foundation of the Tallahassee Bar Assoc.**

[tallahasseebar.org](http://tallahasseebar.org)

**850-222-3292 ext. 2**

Provides legal counsel (civil cases only) to persons unable to afford an attorney.

**Legal Services of North Florida, Inc.**

[lsnf.org](http://lsnf.org)

**850-385-9007**

Provides legal services to low income persons; legal assistance not available for criminal cases or traffic matters.

**Florida Law Help**

[floridalawhelp.org](http://floridalawhelp.org)

Helps low-income people needing legal information find a legal aid or pro-bono lawyer and learn about the courts, government agencies and other social services.

**Legal Services of North Florida**

[lsnf.org](http://lsnf.org)

**850-385-0029**

**Legal Advice Hotline**

People with legal questions who meet income guidelines may call Monday through Thursday, 9 am – 5 pm.

**Florida Senior Legal Helpline**

[bals.org/senior-legal-helpline](http://bals.org/senior-legal-helpline)

**888-895-7873**

Provides free legal advice and brief services to Florida residents age 60 and over, regarding civil matters.

**Tallahassee Senior Center**

[talgov.com/seniors/seniorservices](http://talgov.com/seniors/seniorservices)

**850-891-4000**

Initial legal services provided by Legal Services of North Florida to seniors age 60 and over, available by appointment only.

**ATTORNEYS**

There are many attorneys available in Leon County to assist seniors and their families with trusts, wills and other matters. A list of Elder Law attorneys can be found [here](#) or by visiting [tallahassee senior foundation.org](http://tallahassee senior foundation.org) and selecting resources. You can also call **850-891-4000**.

## HOSPICE CARE/COUNSELING/SUPPORT GROUPS

**Big Bend Hospice** [bigbendhospice.org](http://bigbendhospice.org) **850-878-5310**

Support and grief counseling for patients and those who have lost loved ones. Music therapists, social workers and chaplains available. Pain management, in-home and facility care.

**Covenant Care** [choosecovenant.org](http://choosecovenant.org) **850-403-0480**

Offers support groups, one-on-one counseling, and ongoing educational Lunch & Learn programs. Chaplains, social workers, and other counselors available. Pain management, in-home and facility care.

**Lee's Place** [leesplace.org](http://leesplace.org) **850-841-7733**

Non-profit counseling center specializing in grief counseling for individuals and families who are adjusting to loss through death, divorce, or abandonment. No charge for first session, sliding fee scale.

**National Hospice & Palliative Care Organization** [nhpco.org](http://nhpco.org) **800-658-8898**

Provides information to the general public about how hospice works, advance care planning and referral to local hospices. Information about Florida and state-specific advance directives is also available.

## Funeral Homes/Burial & Related Services

**Tallahassee Area Funeral Homes** include:

- Abbey Funeral Home and Memory Gardens | [abbeyfh.com](http://abbeyfh.com) | **850-562-1518**
- Beggs Funeral Home | **850-942-2929**
- Bevis Funeral Home | [bevisfh.com](http://bevisfh.com) | **850-385-2193**
- Culley's MeadowWood Funeral Home and Memorial Park | **850-893-4177**
- Culley's MeadowWood Funeral Home | **850-877-8191**
- Fairchild Funeral Home and Crematory | [fairchildfh.com](http://fairchildfh.com) | **850-386-8686**
- Faith Funeral Home and Crematory, *Havana, FL* | [faithfuneralhome.com](http://faithfuneralhome.com) | **850-539-4300**
- Independent Funeral Home, *Quincy, FL* | **850-875-1529**
- Lifesong Funeral Home and Cremation Services, *Quincy, FL* | [lifesongfunerals.com](http://lifesongfunerals.com) | **850-627-1111**
- Precious Memories Funeral Home, | **850-576-4144**
- Strong & Jones Funeral Home | [strongandjones.com](http://strongandjones.com) | **850-224-2139**

**Division of Funeral, Cemetery & Consumer Services** [myfloridacfo.com/division/funeralcemetery](http://myfloridacfo.com/division/funeralcemetery) **850-413-3039**

The state office that protects the health, safety and welfare of the public by licensing competent and trustworthy funeral and cemetery professionals and entities. The office conducts inspections/examinations and investigates complaints to ensure compliance with **Chapter 497, Florida Statutes**.

**Social Security Administration** [ssa.gov](http://ssa.gov) **866-248-2088**

Provides a small, one-time lump-sum death payment to eligible spouses or children of individuals who were receiving social security benefits. Spouses and/or children may be entitled to monthly survivors' benefits.

**Veteran's Administration** [va.gov](http://va.gov) **800-827-1000**

Provides assistance with certain veterans' burial plots (VA cemeteries) and related expenses such as flags and headstones, including those in private cemeteries.

**Organ Donation** [donatelifeflorida.org](http://donatelifeflorida.org) **877-357-4273**

Florida's organ, tissue and eye donor registry for individuals wishing to donate upon their death. Registration is encouraged even if the donor has the donation specified on his driver's license.

**Anatomical Board** [anatbd.acb.med.ufl.edu](http://anatbd.acb.med.ufl.edu) **800-628-2594**

State program providing donated bodies for training at universities and colleges in Florida with medical, osteopathic, dental, physician assistant and physical therapy programs.