# TALLAHASSEE SENIOR CENTER SENIOR RESOURCE INFORMATION OLDER DRIVER RESOURCES

The **Safe Mobility for Life** Coalition offers tips and information to help Floridians continue to meet their personal mobility needs while remaining safe, independent, and active in their communities. Resources and links for driver assessments, adaptive equipment, driver rehabilitation specialists and much more can be found by visiting <u>safemobilityfl.com</u> or calling **850-644-8145.** 

#### **Older Driver Classes**

AARP Driver Safety Program <u>aarpdriversafety.org</u>

800-350-7025

Provides driver improvement skills. Individuals age 55 or older may be eligible for an insurance discount after completing the course. Click **here** to search for local courses in your area.

- **Location:** Course locations and times vary. Please call for course schedule or use **aarp.org/drive**. Online courses available.
- Cost: \$21.95 for AARP members; \$27.95 for non-members.

#### **Older Driver Courses and Assessments**

All Florida Safety Institute

allfloridasafetyinstitute.com/seniors

850-786-2555

**Driving School** 

Florida state-authorized programs for older drivers to lower insurance rates and maintain driver's license. Respectful, conscientious and knowledgeable instructors and staff dedicated to assisting seniors. **Driving simulator available in some areas.** 

**Fitness-to-Drive Screening** 

fitnesstodrive.phhp.ufl.edu/us

Measure Online

Tool for caregivers or family members of older drivers and clinicians to identify at-risk older drivers.

**Driving School of Tallahassee** 

americansafetyinstitute.com/driving-lessons

850-681-7233

Provides both online and in-person driving courses.

**North Florida Safety Council** 

nflasafety.com

850-877-5193

Provides both online and in-person driving courses.

### **General Information for Older Drivers**

**AARP** 

aarp.org/drive

Provides information regarding older drivers and links to other driver resources.

CDC National Center for Injury

cdc.gov/transportationsafety/older adult drivers

**Prevention and Control** 

Provides factsheets, data and state-based motor vehicle research information about older drivers.

**Department of Elder Affairs** 

elderaffairs.state.fl.us/doea/transportation.php

850-414-2000

Provides information regarding older drivers and links to other driver resources.

Find a Ride Florida

findarideflorida.org

Service providing seniors with access to local medical and non-medical transportation mobility options so they may remain independent within their communities. Visit the website listed above and select where you are traveling from and where you would like to go to view all transportation options available.

# **Safe Driving Tips for Older Drivers**

AAA Foundation for Traffic Safety: seniordriving.aaa.com

**Senior Driver Website** 

The AAA Foundation website is a resource for older drivers, their families, and transportation providers.

The American Occupational Therapy <u>aota.org/olderdriver</u>

Association

Provides information for professionals and consumers about a wide range of older driver safety and mobility issues, including how to locate a driver rehabilitation specialist. Also provides several self-assessment tools.

Florida GrandDriver® Website <u>flhsmv.gov/FloridaGrandDriver</u>

Provides information and resources for safe driving for older drivers and useful links.

National Highway Traffic Safety nhtsa.gov/road-safety/older-drivers 888-327-4236

**Administration** 

Provides materials to help individuals understand how aging can affect driving and what can be done to continue driving safely as you age.

CarFit car-fit.org

Educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. The CarFit program also provides information and materials on community-specific resources that could enhance driver safety, and/or increase mobility in the community.

## **Local Public Transportation**

Community Transportation Coordinator William Hearndon

William Hearndon 850-891-5200 william.hearndon@talgov.com TDD/TTY: 800-955-8771

The **COMMUNITY TRANSPORTATION COORDINATOR (CTC)** coordinates and provides transportation services at a discounted rate for individuals who qualify based on age, disability and/or financial need. Qualification criteria vary, so it is recommended that everyone contact the Community Transportation Coordinator to determine eligibility prior to arranging services independently.

StarMetro Bus Service talgov.com/starmetro/starmetroHome.aspx 850-891-5200

StarMetro operates city bus routes in Tallahassee, including campus shuttles at FSU and FAMU, and a variety of seasonal transit programs.

Dial-a-Ride talgov.com/starmetro/dial-a-ride.aspx 850-891-5199

In compliance with the Americans with Disabilities Act (ADA), a specialized service for disabled and elderly persons is available weekdays and weekends in a limited service area.

Big Bend Transit bigbendtransit.org 850-574-6064

Provides safe, reliable, courteous, and affordable transportation to the communities of Leon, Gadsden, Taylor, Madison and Jefferson counties. Contact for Leon County is listed above, contact numbers for all other counties can be found on the website.

For more information on local transportation options click <a href="here">here</a> or visit <a href="tallahasseeseniorfoundation.org">tallahasseeseniorfoundation.org</a> and click resources.