

**TALLAHASSEE SENIOR SERVICES
SENIOR RESOURCE INFORMATION
FOOD RESOURCES**

FOOD PANTRIES

Contact Each Location for Food Pick Up Times and Availability

Innovation Baptist Church innovationbaptistchurch.org 2150 Bellevue Way. 850-575-0818	Holy Comforter Episcopal Church hc-ec.org/food-pantry 2015 Fleischmann Rd. 850-877-2712
Catholic Charities ccnwfl.org/food-pantry 1380 Blountstown Hwy 850-222-2180	Tallahassee Heights United Methodist Church tallyheightsumc.com 3004 Mahan Dr. 850-877-6276
Greater Love Church of God in Christ glcogic.com 524 E. Orange Ave. 850-877-4792	Project Annie 625 W. 4 th St. 850-222-6133
Faith Presbyterian Church faithpcusa.org 2200 Meridian Rd. 850-385-6151	Salvation Army uss.salvationarmy.org 2410 Allen Rd. 850-222-0304
ECHO, Emergency Services Program echotlh.org 702 W. Madison St. 850-224-3246	Sowing Seeds Sewing Comfort Ministry ssscministry.wixsite.com/ssscministry 282 Water Oak Dr. 850-345-7535
Elder Care Services ecsbigbend.org 2518 W. Tennessee St. 850-921-5554	Lake Jackson UMC, Redeemer's Storehouse lake-jackson-umc.org 4423 N. Monroe St. 850-562-1759
Good News Outreach goodnewsoutreach.org 347 Office Plaza Dr. 850-412-0016	Wildwood Church, Our Father's Storehouse wildwoodchurchonline.org/ofs 100 Ox Bottom Rd. 850-894-1400
Watson Temple Church of God in Christ watsontemple.org 665 W. Brevard St. 850-224-0646	Killearn United Methodist Church killearnumc.org 2800 Shamrock St. S 850-893-1116

Help Shelf Tallahassee

m.facebook.com/helpshelfTLH

Help Shelf Tallahassee is a network of little food pantries (similar to the little free library boxes). There is a total of nine of these tiny food pantries throughout Tallahassee. To view a map of their locations visit mapping.littlefreepantry.org and search Tallahassee, FL.

SECOND HARVEST OF THE BIG BEND

Second Harvest is a food bank working with a network of partner agencies to gather and distribute food to those who need it. For more information visit fightinghunger.org or call **850-562-3033**. Second Harvest is currently partnering with the United Way and Door Dash to provide a **19 lb. box of dry goods delivered each month for eligible seniors**. Click [here](#) to check your eligibility.

PET FOOD PANTRIES

- **Elder Care Services** (Meals on Wheels Program) | ecsbigbend.org | **850-921-5554**
- **Leon County Humane Society** | leoncountyhmane.org | **850-224-9193**
- **You Can Make a Difference**, Gadsden County | youcanmakeadifference.us | **850-270-8793**

SITES FOR LOW COST PREPARED MEALS

Comprehensive Emergency Services Center kearneycenter.org/services 2650 Municipal Way 850-792-9000 (non-residents may eat certain meals)	Grace Mission Episcopal Church gracemission.net 305 W. Brevard St. 850-224-3817
The Senior Center talgov.com/seniors/seniorservices 1400 N. Monroe St. 850-891-4000 (low cost hot lunch-reservations needed- Must be over 60)	Smith-Williams Community Center talgov.com 2295 Pasco St. 850-891-1860 (low cost hot lunch-reservations needed-Must be over 60)
Lincoln Neighborhood Center talgov.com 438 W Brevard St. 850-891-4180 (low cost hot lunch-reservations needed- Must be over 60)	Ft. Braden Community Center 16387 Blountstown Hwy 850-606-1470 (low cost hot lunch-reservations needed- Must be over 60)

RESTAURANTS/RESTAURANT DISCOUNTS

Visit or call **Elder Care Services** to obtain a card that provides discounts to certain restaurants in the Tallahassee area. Visit localseniordiscounts.com for a list of area restaurants in this program or call **Elder Care Services** at **850-921-5554**.

There is a wide variety of excellent restaurants in the Tallahassee area, most of which can be found by visiting visittallahassee.com or calling **850-606-2305**.

OTHER FOOD SOURCES

Meals on Wheels (delivered meals) ecsbigbend.org 2518 W. Tennessee St. 850-921-5554	Door Step Delivery (restaurant food delivered) doorstepdelivery.com Menu Guide Available 850-575-3663
Prep Pros (prepared meal delivery) prepprostally.com 2401 W Pensacola St, Suite A 850-544-6623	FlexFoods (delivered meals) flexfoods.co 850-222-3539

FOOD ASSISTANCE AND SUNCAP

A program that helps low income households buy healthy food. Food Assistance Program approval is based on eligibility rules, gross income, assets and the number of people in the household. If approved, an electronic benefit transfer (EBT) card is issued to the household that can be used to purchase food in most grocery stores. The Florida Department of Children and Families (DCF) administers the program. Click [here](#) for more information or call **866-762-2237**. Visit myflorida.com/accessflorida to apply for benefits, or request an application by mail when calling the number above.

At the Frenchtown Heritage Market Place, West Georgia St., EBT cards may be used to double purchases of locally grown fruits and vegetables. The marketplace is open every Saturday, 9am-1pm. For more information visit frenchtownheritage.org.