

**TALLAHASSEE SENIOR CENTER
SENIOR RESOURCE INFORMATION
END-OF-LIFE PLANNING**

The six primary documents to include in your end-of-life planning are a **Last Will and Testament** describing what will be done with your assets upon death; a **Trust** to provide management of your assets; a **Power of Attorney**, empowering someone of your choosing to act on your behalf to make legal and financial decisions; a **Living Will** describing your wishes regarding end-of-life care; a **HIPPA Release**; and a **Healthcare Power of Attorney** designating someone to make medical decisions on your behalf. Additionally, a **Letter of Intent** can be included to provide simple explanation of your desires and requests to family and loved ones.

Long-Term Care Planning refers to the arrangement of long-term care to address present and future needs across a variety of areas including, medical, financial, activities of daily living and more. For additional information visit longtermcare.acl.gov.

LEGACY PLANNING

Legacy Planning offers a broader approach to estate planning. In addition to determining how your estate is divided, a clear plan is developed describing how to pass on your legacy. This can include things like the development of a charitable fund in your name or the earmarking of assets for donation to local charities and organizations. For mor information on Legacy Planning visit cfnf.org or call **850-222-2899**.

LEGAL SERVICES AND RELATED ORGANIZATIONS

5 Wishes	agingwithdignity.org	888-594-7437
Document that helps individuals express their final medical, personal, emotional and spiritual wishes. Document costs \$5.00 and is accessible by phone or website order. Financial matters are not included.		
Legal Aid Foundation of the Tallahassee Bar Assoc.	tallahasseebar.org	850-222-3292 ext. 2
Provides legal counsel (civil cases only) to persons unable to afford an attorney.		
Legal Services of North Florida, Inc.	lsnf.org	850-385-9007
Provides legal services to low income persons; legal assistance not available for criminal or traffic cases.		
Florida Law Help	floridalawhelp.org	
Helps low-income people needing legal information find a legal aid or pro-bono lawyer and learn about the courts, government agencies and other social services.		
Legal Services of North Florida Legal Advice HOTLINE	lsnf.org	850-385-0029
People with legal questions who meet income guidelines may call Monday through Thursday, 9 am – 5 pm.		
Florida Senior Legal Helpline	bals.org/senior-legal-helpline	888-895-7873
Provides free legal advice and brief services to Florida residents age 60 and over, regarding civil matters.		
Tallahassee Senior Center	talgov.com/seniors/seniorservices	850-891-4000
Initial legal services provided by Legal Services of North Florida to seniors age 60 and over, available by appointment only.		
North Florida Office of Public Guardian	northfloridaopg.org	850-487-4609
Serves adults with mental and/or physical disabilities as their court-appointed legal guardian when they are incapable of managing some or all of their affairs, including managing finances, personal and medical needs.		

ATTORNEYS

There are many attorneys available in Leon County to assist seniors and their families with trusts, wills and other matters. A list of Elder Law attorneys can be found [here](#) or by visiting tallahassee senior foundation.org and selecting resources. You can also call **850-891-4000**.

HOSPICE CARE/COUNSELING/SUPPORT GROUPS

Big Bend Hospice	bigbendhospice.org	850-878-5310
Support and grief counseling for patients and those who have lost loved ones. Music therapists, social workers and chaplains available. Pain management, in-home and facility care.		
Covenant Care	choosecovenant.org	850-403-0480
Offers support groups, one-on-one counseling, and ongoing educational Lunch & Learn programs. Chaplains, social workers, and other counselors available. Pain management, in-home and facility care.		
Lee's Place	leesplace.org	850-841-7733
Non-profit counseling center specializing in grief counseling for individuals and families who are adjusting to loss through death, divorce, or abandonment. No charge for first session, sliding fee scale.		
National Hospice & Palliative Care Organization	nhpco.org	800-658-8898
Provides information to the general public about how hospice works, advance care planning and referral to local hospices. Information about Florida and state-specific advance directives is also available.		
Funeral Homes/Burial & Related Services		
Tallahassee Area Funeral Homes include:		
<ul style="list-style-type: none">• Abbey Funeral Home and Memory Gardens abbeyfh.com 850-562-1518• Beggs Funeral Home 850-942-2929• Bevis Funeral Home bevisfh.com 850-385-2193• Culley's MeadowWood Funeral Home and Memorial Park 850-893-4177• Culley's MeadowWood Funeral Home 850-877-8191• Fairchild Funeral Home and Crematory fairchildfh.com 850-386-8686• Faith Funeral Home and Crematory, <i>Havana, FL</i> faithfuneralhome.com 850-539-4300• Independent Funeral Home, <i>Quincy, FL</i> 850-875-1529• Lifesong Funeral Home and Cremation Services, <i>Quincy, FL</i> lifesongfunerals.com 850-627-1111• Precious Memories Funeral Home, 850-576-4144• Strong & Jones Funeral Home strongandjones.com 850-224-2139		
Division of Funeral, Cemetery & Consumer Services	myfloridacfo.com/division/funeralcemetery	850-413-3039
The state office that protects the health, safety and welfare of the public by licensing competent and trustworthy funeral and cemetery professionals and entities. The office conducts inspections/examinations and investigates complaints to ensure compliance with Chapter 497, Florida Statutes .		
Social Security Administration	ssa.gov	866-248-2088
Provides a small, one-time lump-sum death payment to eligible spouses or children of individuals who were receiving social security benefits. Spouses and/or children may be entitled to monthly survivors' benefits.		
Veteran's Administration	va.gov	800-827-1000
Provides assistance with certain veterans' burial plots (VA cemeteries) and related expenses such as flags and headstones, including those in private cemeteries.		
Organ Donation	donatelifeflorida.org	877-357-4273
Florida's organ, tissue and eye donor registry for individuals wishing to donate upon their death. Registration is encouraged even if the donor has the donation specified on his driver's license.		
Anatomical Board	anatbd.acb.med.ufl.edu	800-628-2594
State program providing donated bodies for training at universities and colleges in Florida with medical, osteopathic, dental, physician assistant and physical therapy programs.		