

**TALLAHASSEE SENIOR SERVICES
SENIOR RESOURCE INFORMATION
GRANDPARENTS AS PARENTS**

SUPPORT SERVICES

Grandparents as Parents Support Group (G.a.P.)	talgov.com/seniors/seniorservices.aspx	850-891-4027
This Leon County Senior Outreach program offers support to grandparents and other relative caregivers raising children. Monthly meetings and luncheon are held on the last Wednesday of each month and a monthly support group is held on the 2nd Friday of the month.		
Area Agency on Aging for North Florida	aaanf.org	Elder Helpline: 800-963-5337
Provides information and referral services and programs for seniors and caregivers.		
AARP QuickLINK Benefits Calculator	aarp.org/quicklink	866-595-7678
This website contains a benefits checkup tool that helps connect adults over age 50 and their children/grandchildren under age 18 to public benefits programs.		
AARP Family Caregiving	aarp.org/caregiving/	866-595-7678
Provides a list of available local agencies and organizations that help grandparents raising grandchildren.		
Capital Area Community Action Agency	capitalareacommunityactionagency.com	850-222-2043
Provides a comprehensive system of services and resources for children and families in need.		
Good News Outreach	goodnewsoutreach.org/	850-412-0016
Faith-based organization providing food and housing assistance to families and seniors in the Big Bend region.		

INFORMATION AND REFERRAL

2-1-1 Big Bend Help Line	211bigbend.org	211
Telephone counseling, information/referral and crisis intervention.		
Whole Child Leon	wholechildleon.org	850-692-3134
Connects children to community resources for health care, educational and social services.		

LEGAL SERVICES

Legal Services of North Florida	lsnf.org	850-385-9007
Civil legal assistance for low income families and the elderly. More legal resources can be found here .		
Grandfamilies.org	grandfamilies.org	
Serves as a national legal resource to support grandparents raising grandchildren within and outside the child welfare system. State fact sheets are available at grandfamilies.org/State-Fact-Sheets .		

SENIOR SERVICES

Elder Care Services	ecsbigbend.org	850-921-5554
Provides case management, homemakers, personal care, adult day care, adult health care, Alzheimer's and general respite care, emergency alert response, Meals on Wheels, congregate meals, transportation, and volunteer services to seniors and their families.		

CHILDREN and FAMILY SERVICES

Florida Department of Children and Families	myflorida.com/accessflorida	850-488-0675
Financial assistance, SNAP (food assistance program), child protective services and more.		
Big Brothers Big Sisters of the Big Bend	bbbsbigbend.org	850-386-6002
Provides role models and consistent adult attention to children 6-17 years of age.		
Boys and Girls Club of the Big Bend	bgcbb.org/	850-656-8100
After school program designed as a safe and caring space for empowering children to excel.		
Child Support Enforcement Services	dor.myflorida.com/dor/childsupport	850-488-5437
Provides information on applying for child support services, locating absent parents, establishing paternity and making child support payments.		

Children's Home Society	chsfl.org	850-921-0772
Provides counseling services and adult mentors to children age 4 to 17 who have an incarcerated parent.		
The Kearney Center	kearneycenter.org	850-792-9000
Provides temporary emergency shelter and housing, meal services and medical assistance.		
COUNSELING SERVICES		
Apalachee Center	apalacheecenter.org	850-523-3333
A private, non-profit behavioral healthcare organization offering a full range of mental health services.		
FSU Human Services Center	education.fsu.edu/centers-institutes	850-644-3857
Provides free counseling services for children and adults in the Tallahassee community.		
Turn About Inc. of Tallahassee	turnabout.org	850-671-1920
Provides services and counseling to children with substance abuse, behavioral problems or who have been victims of a crime.		
Capital City Youth Services	ccys.org	850-576-6000
Provides shelter services for families in crisis and outpatient counseling.		
GRIEF AND LOSS COUNSELING		
Big Bend Hospice	bigbendhospice.org	850-878-5310
Provides emotional and spiritual support for families experiencing the loss of a loved one.		
Lee's Place	leesplace.org	850-841-7733
Grief counseling for individuals and families adjusting to loss through death, divorce or abandonment.		
PARENT EDUCATION		
FSU Center for Couple & Family Therapy	ccft.fsu.edu	850-644-1588
Provides counseling for individuals, couples and families with diverse needs and backgrounds.		
HEALTH CARE		
Bond Community Health Center	bondchc.com	850-576-4073
Provides comprehensive family health services to low income patients.		
Leon County Health Department	leoncountyfl.gov/lchd	850-606-8000
Provides certain health and dental care procedures to children as well as health education.		
Lincoln Neighborhood Medical Center	neighborhoodmedicalcenter.org/	850-224-2469
Provides primary, mental and episodic care for medically underserved, uninsured and homeless persons.		
Florida Kid Care	healthykids.org	888-540-5437
Provides low or no cost health care to children 18 years old or younger.		
CHILD CARE/EDUCATION		
Center for Autism and Related Disabilities	fsucard.com	850-644-4367
Provides support and assistance to optimize the potential of people with autism and related disabilities.		
FSU Multidisciplinary Center (FSU-FDLRS)	mdc.ssw.fsu.edu	850-644-2222
Provides services to children presenting complex academic, medical, emotional or behavioral problems.		
Leon County Schools	leonschools.net/	850-487-7100
Maintains the public educational system for the county.		
Early Learning Coalition	elcbigbend.org	850-385-0504
Childcare and early education resource and referral.		
CHILDREN'S ACTIVITIES/RESOURCES		
Tallahassee Parks and Recreation &	talgov.com/parks/ParksHome.aspx	850-891-3866
Provides recreational activities such as arts and crafts, organized sports, swimming pool access and the playground program for children out of school for the summer.		