

TALLAHASSEE SENIOR SERVICES
SENIOR RESOURCE INFORMATION

MOVING/DOWNSIZING

SENIORS REAL ESTATE SPECIALISTS (SRES®)

SRES® designees demonstrate knowledge and expertise to counsel senior clients through the major financial and lifestyle transitions involved in relocating, refinancing, or selling a home.

To find a SRES® in Tallahassee, please visit the website sres.realtor. Several are listed below:

E. ANN CLEARE, Coldwell Banker coldwellbanker.com acleare@comcast.net 850-544-0109	MIRIAM NICKLAUS, Armor Realty miriamnicklaus.com Miriam@armorrealty.com 850-933-3585
PATTI E. KETCHAM, Ketcham Realty Ketchamrealty.com patti@ketchamrealty.com 850-681-0600	KATHY RIVENBARK, Coldwell Banker coldwellbanker.com sellingtally@gmail.com 850-363-3800
DEBBIE GERBER-MAHAN, PrimeSouth Properties debgerber.com deb@debgerber.com 850-545-8164	NANCY SPERDUTI, Keller Williams Realty tallahassee.yourkwoffice.com Nancysperduti@kw.com 850-597-1567

MOVING SERVICES

Moving Tally Seniors, LLC, Maren Cox, SRES movingtallyseniorsllc **850-728-3525**
Personalized service to help you downsize. Services include complimentary face-to-face meeting, fee-based services, developing your move plan, organizing and sorting your possessions, redirecting your unused personal items, and coordinating your move (*visit their Facebook page linked above*).

JEWELRY APPRAISAL

Pentaltha Jewels pentalthajewelers.net **850-878-8707**
Family owned and operated jewelry business in Tallahassee. Services include appraisals, buying and selling, cleaning, design, repair, restoration, and sizing of jewelry.

HOME MODIFICATIONS

Any physical modification to a residence that increases its usage, safety, security, and independence.

Age & Accessibility Home Solutions ageandaccessibility.com **850-558-5775**
A full-service home modifications company in Tallahassee. Services offered include grab bars, ramps, flooring, stair lifts, walk-in tubs, accessible kitchens, etc.

Capital City Builders capitalcitybuilders.net **850-893-6228**
Tallahassee home builder focuses on new construction, renovations, and remodeling. Services include bathrooms, kitchens, new home construction, and rehab and retrofit.

DONATIONS / CONSIGNMENT / AUCTIONS

Affiliated Auctions & Realty LLC affiliatedauctions.com **850-656-5486**
International auctioneers and appraisers that will travel to homeowners and offer a finder's fee for fine collections and materials. Clients can sell jewelry and other items either through consignment or outright sales (*visit the above website for more details*).

Community Thrift Market CommunityThriftMarket **850-273-0279**
In support of Tallahassee Action Grants, your contribution or gift may qualify as a charitable donation. Contact Community Thrift Market for a convenient pick up (*visit their Facebook page linked above*).

Echo Outreach Ministries echotlh.org **850-224-3246**
Emergency Care Help Organization providing essential goods & services to those in need. Extensive lists of items needed such as clothing, household items, furniture, food, and more. Will pick up furniture only. (*visit the above website for more details.*)

Goodwill Industries-Big Bend, Inc.	goodwillbigbend.org	850-279-5041
Goodwill professionals will itemize, pack and remove donations, provide itemized inventory donation receipt, and take all items eligible for donation. There is no cost for these services. Home Pick-Up Hotline 1-800-924-4003 Please visit website for a list of various donation centers.		
Lighthouse Children's Home	lighthousechildrenshome.com	850-877-3778
Accepts donations of furniture, appliances and vehicles that are sold through the Lighthouse's stores and car lots. Individuals can call to schedule an appointment for pick up or visit the website to fill out a Donation Pick-Up Request form.		
ReStore, Big Bend Habitat for Humanity	bigbendhabitat.org/restore	850-544-6438
Accepts donations of new and used home improvement supplies, furniture, building materials, tools and more. To donate, you can drop off items during store hours, or call to schedule a pick-up.		
The Living Harvest Thrift Store	thelivingharvest.org	850-765-6285
Accepts clothing, furniture, appliances, bikes, tools, lawn care items, household items, collectibles, & designer goods, in good to excellent condition. Please visit website for specific tips when preparing your donations. All proceeds go to support the Living Harvest mission.		
Manor Auctioneers & Appraisers	manorauctions.com	850-523-3787
Professional Auction and Appraisal Services- Traveling nationally & locally for the acquisition of fine art, jewelry, collectibles, collections & estates.		
Pop's Attic	popsatticoftallahassee.com	850-597-8321
Furniture consignment and home decor shop.		
The Fix Thrift Shop	bethesolution.us	850-298-1129
Supports Be the Solution, Inc. Accepts most items such as household/kitchen items, clothes, books, furniture, etc. All proceeds fund spay & neuter vouchers through Be the Solution, Inc. Will pick up large items such as furniture.		
USEFUL WEBSITES		
aarp.org/livable-communities/info-2014/home-fit-resources-worksheets.html		
Resources include the AARP HomeFit Guide for "do-it-yourself" to skilled remodeling.		
Federal Motor Carrier Safety Administration (FMCSA)		888-368-7238
fmcsa.dot.gov/protect-your-move/moving-fraud		
Helps individuals learn to spot moving fraud, tips for a successful move, help those understand their rights and responsibilities, and provide a moving checklist for before and during your move.		
National Association of Senior Move Managers (NASMM)	1-877-606-2766	
nasmm.org		
The leading membership organization for Senior Move Managers in the United States, Canada and abroad. Offers programs and expertise related to Senior Move Management, transition and relocation issues affecting older adults.		
OTHER RESOURCES		
Freecycle Network	freecycle.org	
Recycling and reuse website. A nonprofit movement of people who are giving and receiving reusable/recycled items. The mission is to reduce wastes, save resources, and ease burdens on landfills.		
The Sharing Tree	sharingtree.family	850-264-4035
Locally owned arts and crafts store. Reusable resource center accepting supplies such as arts, sewing, teaching supplies, gifts, learning tools, household organizers, and décor.		
Sowing Seeds Sewing Comfort Ministry	ssscministry.wixsite.com/ssscministry	850-345-7535
Accepts donations such as clothing, food, and household items to provide services to those in need.		