

END-OF-LIFE PLANNING

The six primary documents to include in your end-of-life planning are a **Last Will and Testament** describing what will be done with your assets upon death; a **Trust** to provide management of your assets; a **Power of Attorney**, empowering someone of your choosing to act on your behalf to make legal and financial decisions; a **Living Will** describing your wishes regarding end-of-life care; a **HIPPA Release**; and a **Healthcare Power of Attorney** designating someone to make medical decisions on your behalf. Additionally, a **Letter of Intent** can be included to provide simple explanation of your desires and requests to family and loved ones.

Long-Term Care Planning refers to the arrangement of long-term care to address present and future needs across a variety of areas including, medical, financial, activities of daily living and more. For additional information visit longtermcare.acl.gov.

LEGACY PLANNING

Legacy Planning offers a broader approach to estate planning. In addition to determining how your estate is divided, a clear plan is developed describing how to pass on your legacy. This can include things like the development of a charitable fund in your name or the earmarking of assets for donation to local charities and organizations. For more information on Legacy Planning visit cfnf.org or call **850-222-2899**.

LEGAL SERVICES AND RELATED ORGANIZATIONS

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| 5 Wishes | agingwithdignity.org | 888-594-7437 |
| Document that helps individuals express their final medical, personal, emotional and spiritual wishes. Document costs \$5.00 and is accessible by phone or website order. Financial matters are not included. | | |
| Legal Aid Foundation of the Tallahassee Bar Assoc. | tallahasseebar.org | 850-222-3292 ext. 2 |
| Provides legal counsel (civil cases only) to persons unable to afford an attorney. | | |
| Legal Services of North Florida, Inc. | lsnf.org | 850-385-9007 |
| Provides legal services to low income persons; legal assistance not available for criminal or traffic cases. | | |
| Florida Law Help | floridalawhelp.org | |
| Helps low-income people needing legal information find a legal aid or pro-bono lawyer and learn about the courts, government agencies and other social services. | | |
| Legal Services of North Florida Legal Advice HOTLINE | lsnf.org | 850-385-0029 |
| People with legal questions who meet income guidelines may call Monday through Thursday, 9 am – 5 pm. | | |
| Florida Senior Legal Helpline | bals.org/senior-legal-helpline | 888-895-7873 |
| Provides free legal advice and brief services to Florida residents age 60 and over, regarding civil matters. | | |
| Tallahassee Senior Center | talgov.com/seniors/seniorservices | 850-891-4000 |
| Initial legal services provided by Legal Services of North Florida to seniors age 60 and over, available by appointment only. | | |
| North Florida Office of Public Guardian | northfloridaopg.org | 850-487-4609 |
| Serves adults with mental and/or physical disabilities as their court-appointed legal guardian when they are incapable of managing some or all of their affairs, including managing finances, personal and medical needs. | | |

ATTORNEYS

There are many attorneys available in Leon County to assist seniors and their families with trusts, wills and other matters. A list of Elder Law attorneys can be found [here](#) or by visiting tallahasseeSeniorFoundation.org and selecting resources. You can also call **850-891-4000**.

HOSPICE CARE/COUNSELING/SUPPORT GROUPS

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| Big Bend Hospice | bigbendhospice.org | 850-878-5310 |
| Support and grief counseling for patients and those who have lost loved ones. Music therapists, social workers and chaplains available. Pain management, in-home and facility care. | | |
| Covenant Care | choosecovenant.org | 850-403-0480 |
| Offers support groups, one-on-one counseling, and ongoing educational Lunch & Learn programs. Chaplains, social workers, and other counselors available. Pain management, in-home and facility care. | | |
| Lee's Place | leesplace.org | 850-841-7733 |
| Non-profit counseling center specializing in grief counseling for individuals and families who are adjusting to loss through death, divorce, or abandonment. No charge for first session, sliding fee scale. | | |
| National Hospice & Palliative Care Organization | nhpco.org | 800-658-8898 |
| Provides information to the general public about how hospice works, advance care planning and referral to local hospices. Information about Florida and state-specific advance directives is also available. | | |
| Funeral Homes/Burial & Related Services | | |
| Tallahassee Area Funeral Homes include: | | |
| <ul style="list-style-type: none">• Abbey Funeral Home and Memory Gardens abbeyfh.com 850-562-1518• Beggs Funeral Home 850-942-2929• Bevis Funeral Home bevisfh.com 850-385-2193• Culley's MeadowWood Funeral Home and Memorial Park 850-893-4177• Culley's MeadowWood Funeral Home 850-877-8191• Fairchild Funeral Home and Crematory fairchildfh.com 850-386-8686• Faith Funeral Home and Crematory, <i>Havana, FL</i> faithfuneralhome.com 850-539-4300• Independent Funeral Home, <i>Quincy, FL</i> 850-875-1529• Lifesong Funeral Home and Cremation Services, <i>Quincy, FL</i> lifesongfunerals.com 850-627-1111• Precious Memories Funeral Home, 850-576-4144• Strong & Jones Funeral Home strongandjones.com 850-224-2139 | | |
| Division of Funeral, Cemetery & Consumer Services | myfloridacfo.com/division/funeralcemetery | 850-413-3039 |
| The state office that protects the health, safety and welfare of the public by licensing competent and trustworthy funeral and cemetery professionals and entities. The office conducts inspections/examinations and investigates complaints to ensure compliance with Chapter 497, Florida Statutes . | | |
| Social Security Administration | ssa.gov | 866-248-2088 |
| Provides a small, one-time lump-sum death payment to eligible spouses or children of individuals who were receiving social security benefits. Spouses and/or children may be entitled to monthly survivors' benefits. | | |
| Veteran's Administration | va.gov | 800-827-1000 |
| Provides assistance with certain veterans' burial plots (VA cemeteries) and related expenses such as flags and headstones, including those in private cemeteries. | | |
| Organ Donation | donatelifeflorida.org | 877-357-4273 |
| Florida's organ, tissue and eye donor registry for individuals wishing to donate upon their death. Registration is encouraged even if the donor has the donation specified on his driver's license. | | |
| Anatomical Board | anatbd.acb.med.ufl.edu | 800-628-2594 |
| State program providing donated bodies for training at universities and colleges in Florida with medical, osteopathic, dental, physician assistant and physical therapy programs. | | |