

## FOOD RESOURCES

### FOOD PANTRIES

Contact Each Location for Food Pick Up Times and Availability

<b>Innovation Baptist Church</b> <a href="http://innovationbaptistchurch.org">innovationbaptistchurch.org</a> 2150 Bellevue Way. <b>850-575-0818</b>	<b>Holy Comforter Episcopal Church</b> <a href="http://hc-ec.org/food-pantry">hc-ec.org/food-pantry</a> 2015 Fleischmann Rd. <b>850-877-2712</b>
<b>Catholic Charities</b> <a href="http://ccnwfl.org/food-pantry">ccnwfl.org/food-pantry</a> 1380 Blountstown Hwy <b>850-222-2180</b>	<b>Tallahassee Heights United Methodist Church</b> <a href="http://tallyheightsumc.com">tallyheightsumc.com</a> 3004 Mahan Dr. <b>850-877-6276</b>
<b>Greater Love Church of God in Christ</b> <a href="http://glcogic.com">glcogic.com</a> 524 E. Orange Ave. <b>850-877-4792</b>	<b>Project Annie</b> 625 W. 4 <sup>th</sup> St. <b>850-222-6133</b>
<b>Faith Presbyterian Church</b> <a href="http://faithpcusa.org">faithpcusa.org</a> 2200 Meridian Rd. <b>850-385-6151</b>	<b>Salvation Army</b> <a href="http://uss.salvationarmy.org">uss.salvationarmy.org</a> 2410 Allen Rd. <b>850-222-0304</b>
<b>ECHO, Emergency Services Program</b> <a href="http://echotlh.org">echotlh.org</a> 702 W. Madison St. <b>850-224-3246</b>	<b>Sowing Seeds Sewing Comfort Ministry</b> <a href="http://ssscministry.wixsite.com/ssscministry">ssscministry.wixsite.com/ssscministry</a> 282 Water Oak Dr. <b>850-345-7535</b>
<b>Elder Care Services</b> <a href="http://ecsbigbend.org">ecsbigbend.org</a> 2518 W. Tennessee St. <b>850-921-5554</b>	<b>Lake Jackson UMC, Redeemer's Storehouse</b> <a href="http://lake-jackson-umc.org">lake-jackson-umc.org</a> 4423 N. Monroe St. <b>850- 562-1759</b>
<b>Good News Outreach</b> <a href="http://goodnewsoutreach.org">goodnewsoutreach.org</a> 347 Office Plaza Dr. <b>850-412-0016</b>	<b>Wildwood Church, Our Father's Storehouse</b> <a href="http://wildwoodchurchonline.org/ofc">wildwoodchurchonline.org/ofc</a> 100 Ox Bottom Rd. <b>850-894-1400</b>
<b>Watson Temple Church of God in Christ</b> <a href="http://watsontemple.org">watsontemple.org</a> 665 W. Brevard St. <b>850-224-0646</b>	<b>Killearn United Methodist Church</b> <a href="http://killearnumc.org">killearnumc.org</a> 2800 Shamrock St. S <b>850-893-1116</b>

#### Help Shelf Tallahassee

[m.facebook.com/helpshelfTLH](https://m.facebook.com/helpshelfTLH)

Help Shelf Tallahassee is a network of little food pantries (like the little free library boxes). There is a total of nine of these tiny food pantries throughout Tallahassee. To view a map of their locations visit [mapping.littlefreepantry.org](http://mapping.littlefreepantry.org) and search Tallahassee, FL.

### SECOND HARVEST OF THE BIG BEND

Second Harvest is a food bank working with a network of partner agencies to gather and distribute food to those who need it. For more information visit [fightinghunger.org](http://fightinghunger.org) or call **850-562-3033**. Second Harvest is currently partnering with the United Way and Door Dash to provide a **19 lb. box of dry goods delivered each month for eligible seniors**. Click [here](#) to check your eligibility.

### PET FOOD PANTRIES

- **Elder Care Services** (Meals on Wheels Program) | [ecsbigbend.org](http://ecsbigbend.org) | **850-921-5554**
- **Leon County Humane Society** | [leoncountyhmane.org](http://leoncountyhmane.org) | **850-224-9193**
- **You Can Make a Difference**, Gadsden County | [youcanmakeadifference.us](http://youcanmakeadifference.us) | **850-270-8793**

## SITES FOR LOW COST PREPARED MEALS

Comprehensive Emergency Services Center <a href="http://kearneycenter.org/services">kearneycenter.org/services</a> 2650 Municipal Way <b>850-792-9000</b> (non-residents may eat certain meals)	Grace Mission Episcopal Church <a href="http://gracemission.net">gracemission.net</a> 305 W. Brevard St. <b>850-224-3817</b>
The Senior Center <a href="http://talgov.com/seniors/seniorservices">talgov.com/seniors/seniorservices</a> 1400 N. Monroe St. <b>850-891-4000</b> (low cost hot lunch-reservations needed- Must be over 60)	Smith-Williams Community Center <a href="http://talgov.com">talgov.com</a> 2295 Pasco St. <b>850-891-1860</b> (low cost hot lunch-reservations needed-Must be over 60)
Lincoln Neighborhood Center <a href="http://talgov.com">talgov.com</a> 438 W Brevard St. <b>850-891-4180</b> (low cost hot lunch-reservations needed- Must be over 60)	Ft. Braden Community Center 16387 Blountstown Hwy <b>850-606-1470</b> (low cost hot lunch-reservations needed- Must be over 60)

## RESTAURANTS/RESTAURANT DISCOUNTS

Visit or call **Elder Care Services** to obtain a card that provides discounts to certain restaurants in the Tallahassee area. Visit [localseniordiscounts.com](http://localseniordiscounts.com) for a list of area restaurants in this program or call **Elder Care Services** at **850-921-5554**.

There is a wide variety of excellent restaurants in the Tallahassee area, most of which can be found by visiting [visittallahassee.com](http://visittallahassee.com) or calling **850-606-2305**.

## OTHER FOOD SOURCES

Meals on Wheels (delivered meals) <a href="http://ecsbigbend.org">ecsbigbend.org</a> 2518 W. Tennessee St. <b>850-921-5554</b>	Door Step Delivery (restaurant food delivered) <a href="http://doorstepdelivery.com">doorstepdelivery.com</a> Menu Guide Available <b>850-575-3663</b>
Prep Pros (prepared meal delivery) <a href="http://prepprostally.com">prepprostally.com</a> 2401 W Pensacola St, Suite A <b>850-544-6623</b>	FlexFoods (delivered meals) <a href="http://flexfoods.co">flexfoods.co</a> <b>850-222-3539</b>

**Telegrocers**      [telegrocers.com/home.html](http://telegrocers.com/home.html)      **888-902-7467**  
 Telegrocers accepts orders by phone and places them through online grocery delivery websites. Orders can usually get delivered the next day in most cases. Call the number above for more information and fees.

## FOOD ASSISTANCE AND SUNCAP

A program that helps low income households buy healthy food. Food Assistance Program approval is based on eligibility rules, gross income, assets and the number of people in the household. If approved, an electronic benefit transfer (EBT) card is issued to the household that can be used to purchase food in most grocery stores. The Florida Department of Children and Families (DCF) administers the program. Click [here](#) for more information or call **866-762-2237**. Visit [myflorida.com/accessflorida](http://myflorida.com/accessflorida) to apply for benefits, or request an application by mail when calling the number above.

At the Frenchtown Heritage Market Place, West Georgia St., EBT cards may be used to double purchases of locally grown fruits and vegetables. The marketplace is open every Saturday, 9am-1pm. For more information visit [frenchtownheritage.org](http://frenchtownheritage.org).