



1400 N. MONROE ST. • TALLAHASSEE, FL 32303 • (850) 891-4000 • TallahasseeSeniorFoundation.org

## **GRANDPARENTS AS PARENTS**

# **SUPPORT SERVICES**

Grandparents as Parents Support Group (G.a.P.) <u>talgov.com/seniors/seniorservices.aspx</u> 850-891-4027 Leon County Senior Outreach support program for grandparents and relative caregivers raising children offering monthly meetings and luncheons, bi-monthly support groups, information and referral services.

Advantage Aging Solutions <u>advantageaging.org</u> Elder Helpline: 800-963-5337

Provides information and referral services and programs for seniors and caregivers.

Florida Department of Children and Families <u>myflfamilies.com</u> 850-300-4323

Office of Economic Self-Sufficiency, Care Coordination Program

866-762-2237

Assists families in identifying and applying for benefits and services and/or providing referrals for assistance with food, transportation, after school care and more. Search local services at <a href="mailto:myfloridamyfamily.com">myfloridamyfamily.com</a>.

AARP QuickLINK Benefits Calculator <u>aarp.org/quicklink</u> 866-595-7678

This website contains a benefits checkup tool that helps connect adults over age 50 and their children/grandchildren under age 18 to public benefits programs.

AARP Family Caregiving <u>aarp.org/caregiving/</u> 866-595-7678

Provides a list of available local agencies and organizations that help grandparents raising grandchildren.

Capital Area Communty Action Agency capitalareacommunityactionagency.com 850-222-2043

Provides a comprehensive system of services and resoruces for children and families in need.

Good News Outreach goodnewsoutreach.org/ 850-412-0016

Faith-based organization providing food and housing assistance to families and seniors in the Big Bend region.

## **INFORMATION AND REFERRAL**

2-1-1 Big Bend Help Line 211bigbend.org 211

Telephone counseling, information/referral and crisis intervention.

Whole Child Leon wholechildleon.org 850-692-3134

Connects children to community resources for health care, educational and social services.

## **LEGAL SERVICES**

Legal Services of North Florida Isnf.org 850-385-9007

Civil legal assistance for low income families and the elderly. More legal resoruces can be found here.

Grandfamilies.org grandfamilies.org

Serves as a national legal resource to support grandparents raising grandchildren within and outside the child welfare system. State fact sheets are available at <a href="mailto:grandfamilies.org/State-Fact-Sheets">grandfamilies.org/State-Fact-Sheets</a>.

#### **SENIOR SERVICES**

Elder Care Services <u>ecsbigbend.org</u> 850-921-5554

Provides case management, homemakers, personal care, adult day care, adult health care, Meals on Wheels, transportation, volunteer services and more to seniors and their families.

## **CHILDREN and FAMILY SERVICES**

Florida Department of Children and Families <u>myflorida.com/accessflorida</u> 850-488-0675

Financial assistance, SNAP (food assistance program), child protective services and more.

Big Brothers Big Sisters of the Big Bend bbbsbigbend.org 850-386-6002

Provides role models and consistent adult attention to children 6-17 years of age.

Boys and Girls Club of the Big Bend <u>bgcbb.org/</u> 850-656-8100

After school program designed as a safe and caring space for empowing children to excel.

Child Support Enforcement Services <u>dor.myflorida.com/dor/childsupport</u> 850-488-5437

Child support applications, locating absent parents, establishing paternity and making child support payments.

**Children's Home Society** chsfl.org 850-921-0772 Provides counseling services and adult mentors to children age 4 to 17 who have an incarcerated parent. **The Kearney Center** kearnevcenter.org 850-792-9000 Provides temporary emergency shelter and housing, meal services and medical assistance. **COUNSELING SERVICES Apalachee Center** apalacheecenter.org 850-523-3333 A private, non-profit behavioral healthcare organization offering a full range of mental health services. **FSU Human Services Center** education.fsu.edu/centers-institutes 850-644-3857 Provides free counseling services for children and adults in the Tallahassee community. Turn About Inc. of Tallahassee 850-671-1920 turnabout.org Provides services and counseling to children with substance abuse, behavioral problems or who are the victim of a crime. **Capital City Youth Services** 850-576-6000 ccys.org Provides shelter services for families in crisis and outpatient counseling. **GRIEF AND LOSS COUNSELING Big Bend Hospice** bigbendhospice.org 850-878-5310 Provides emotional and spiritual support for families experiencing the loss of a loved one. Lee's Place leesplace.org 850-841-7733 Grief counseling for individuals and families adjusting to loss through death, divorce or abandonment. PARENT EDUCATION **FSU Center for Couple & Family Therapy** ccft.fsu.edu 850-644-1588 Provides counseling for individuals, couples and families with diverse needs and backgrounds. **HEALTH CARE Bond Community Health Center** bondchc.com 850-576-4073 Provides comprehensive family health services to low income patients. 850-606-8000 **Leon County Health Department** leoncountyfl.gov/lchd Provides certain health and dental care procedures to children as well as health education. **Lincoln Neighborhood Medical Center** neighborhoodmedicalcenter.org/ 850-224-2469 Provides primary, mental and episodic care for medically underserved, uninsured and homeless persons. Florida Kid Care healthykids.org 888-540-5437 Provides low or no cost health care to children 18 years old or younger. CHILD CARE/EDUCATION **Center for Autism and Related Disabilities** fsucard.com 850-644-4367 Provides support and assistance to optimize the potential of people with autism and related disabilities. **FSU Multidisciplinary Center (FSU-FDLRS)** mdc.ssw.fsu.edu 850-644-2222 Provides services to children presenting complex academic, medical, emotional or behavioral problems. **Leon County Schools** leonschools.net/ 850-487-7100 Maintains the public educational system for the county. **Early Learning Coalition** elcbigbend.org 850-385-0504 Childcare and early education resource and referral. 866-973-9030 CHILDREN'S ACTIVITIES/RESOURCES Tallahassee Parks and Recreation & talgov.com/parks/ParksHome.aspx 850-891-3866 Provides recreational activities such as arts and crafts, organized sports, swimming pool access and the playground program for children out of school for the summer.