

COMMUNICATION RESOURCES FOR SENIORS

VIDEO COMMUNICATION DEVICES & PLATFORMS

Uniper

advantageaging.org

800-963-5337

Uniper is a worldwide virtual community designed for seniors, which provides an end-to-end solution that transforms a TV or mobile device into an interactive connectivity hub. Join live, interactive classes, video chat with family, friends and professional caregivers. Uniper is **HIPPA** compliant and multi-lingual. **The service is also free.** Access to the Internet is needed, however the cost for access is covered by the program if not already available in the home. For more information or to see if you may qualify please contact the local aging resource center, **Advantage Aging Solutions**, at the number above.

GrandPad

grandpad.net

800-704-9412

This tablet provides a safe and streamlined way for seniors to participate in video calls and share photos, as well as limited access to the internet. The GrandPad is designed without complicated features and utilizes large buttons and an intuitive interface to simplify use. It provides protection against spam, robocalls and scams, with **live support available 24/7** to answer questions.

VIDEO COMMUNICATION PROGRAMS

Zoom

zoom.us

Zoom is a video teleconferencing software program. The free plan allows a user to host up to 100 concurrent participants, with a 40-minute time restriction. **If you are participating in a hosted meeting, such as Tallahassee Senior Center & Foundation classes, use is complimentary.** Users have the option to upgrade by subscribing to a paid plan. A Zoom app is also available for download on mobile devices.

- Use this resource to meet with a group. Many classes, educational, recreational and otherwise, are available through the program.
- Setup and organize your own meetings or classes and invite others to participate.

For more information on creating a Zoom account and accessing virtual meetings and classes available through Zoom, visit the website above or go to tallahasseeSeniorFoundation.org/resources/ and review the **Zoom User Guide** as well as the **Zoom on Your TV** document which explains how to view Zoom meeting and classes, as well as other applications, on a TV screen.

Google Meet

meet.google.com/

Google Meet is a video-communication service developed by Google. It is one of two apps that constitute the replacement for Google Hangouts, the other being Google Chat. Anyone with a Google Account can create a video meeting, invite up to 100 participants, and **meet for up to 60 minutes per meeting for free.**

Skype

skype.com

Skype is a communication tool used for videoconferencing, voice calls and chat. It is typically included as part of the Microsoft Office suite. However, if you do not have it, Skype can be downloaded from Microsoft at skype.com, or the app can be downloaded to your mobile device. Once the software is installed, simply complete your account setup, and invite friends for a video chat.

Facetime

Available to anyone using an iPhone.

- Face Time is an Apple program and is typically used from one Apple device to another.
- To get started, locate the Face Time app on you iPhone or Apple device, and follow the prompts. You will need your Apple ID.

Duo

duo.google.com

Duo is a video chat mobile app developed by Google. If you own an Android device, downloading the Duo app will allow you to accept Face Time calls from iPhone users as well.

MESSAGING APPLICATIONS WITH VIDEO SUPPORT

Facebook Messenger

messenger.com

- A Facebook account is not required to sign up for Facebook Messenger.
- Users can send messages and exchange photos, videos, stickers, audio, and files, as well as react to other users' messages.
- The service also supports voice and video calling. The standalone mobile app supports using multiple accounts, conversations with optional end-to-end encryption, and playing games.

WhatsApp

whatsapp.com

- Allows users to send text messages and voice messages, make voice and video calls, and share images, documents, user locations, and other media.
- WhatsApp runs on mobile devices, but is also accessible from desktop computers, as long as the user's mobile device remains connected to the Internet while the desktop app is in use.
- A standard cellular mobile number is required for registering with the service.

GAMES WITH A MESSAGING FEATURE

Words with Friends

- Words with Friends is a multiplayer word game where players take turns building words crossword-puzzle style in a manner like the classic board game Scrabble. Up to 40 games can be played simultaneously using the app.
- Players may look up friends either by username or through Facebook or be randomly assigned an opponent through "Smart Match". Players can also find potential opponents using Community Match.
- There is also a chat feature built into the game that allows opponents to exchange messages.
- Visit the App Store on your computer or smart device to download and being playing.

Most communication platforms and programs require users to set up an account but doing so is usually very straight forward and can be completed in a matter of minutes. Additionally, security is a concern with any internet-based communication, so familiarize yourself with any application or service before you begin using it. Review the settings feature and make sure that the security features provided are activated.