

MEDICAL IN-HOME SERVICES

Medical In-Home Services Include:

- **Skilled Nursing Care** - An in-home assessment is provided by a registered home health nurse; symptom and medication management, hands-on care such as wound care, patient/caregiver education and more can be administered.
- **Physical Therapy** – A Physical Therapist works to improve strength, balance, coordination, flexibility and safety awareness, to improve clients’ ability to do daily activities. May also work on pain relief and improving independence.
- **Occupational Therapy** - Occupational therapists work to develop or strengthen skills needed for tasks like showering, bathing, dressing, grooming, and meal preparation.
- **Speech Therapy** - Speech therapists work with patients and caregivers to provide evaluation, education and training to improve speech, language, communication and safe swallowing.
- **Home Health Aide** - Home health aides help with daily self-care tasks like bathing, grooming, dressing and moving around, allowing clients to remain independent at home.
- **Medical Social Work** - Medical social workers help connect you and your caregivers with the community resources you need such as counseling, community agency referrals, independent living resources, long-term care planning and crisis intervention.
- **Nutrition planning** - Nurses and/or Nutritionists manage patients’ diet and nutrition to help establish new eating habits as part of disease management or prevention.
- **Medication education** - Registered nurses educate patients, their families and caregivers about safe dosing schedules, side effects of prescription medication, and more.
- **Post-operative recovery** - Can include wound care, measuring blood pressure, pulse, respiration and IV supervision.
- **Elder care** - The treatment and management of chronic medical conditions.

GERIATRIC CARE MANAGEMENT SPECIALISTS

Provide assessments and assist with care management decisions for seniors

Senior Transitions

gcmsolutions.net/

850-894-6720

Geriatric Care Management specialists who help assess options and assist with care management decisions, creating a plan of care and providing on going follow-ups to manage changes and concerns.

LifeSpan Case Management, LLC

lifespanscasemanagement.com/

850-445-7137

Geriatric Care Managers providing in-home assessments, care plan development, coordination of transportation and in-home services, consultation of medical providers, community referrals and more.

All Care Senior Consulting

allcareconsult.com/

850-744-0122

850-933-5747

All Care Senior Consulting uses a no cost, one-on-one client consultation to provide information and referrals for local in-home services available to meet the need of aging clients.

IN-HOME MEDICAL CARE PROVIDERS

TMH Home Health Care

tmh.org/services/home-health-care

850-431-6800

Tallahassee Memorial Home Health Care, in consultation with physicians, provides a variety of in-home medical services that ease the transition from hospital to home following a hospital stay, surgery or trauma. Request information about home health services upon admission to the hospital or prior to admission in the case of a scheduled surgery. Physicians will work closely with the home health care provider to customize an interdisciplinary care plan and make arrangements for the necessary services and equipment before they leave the hospital.

Suncrest OMNI Home Health

850-222-5552

lhcgroupp.com/locations/suncrest-omni-home-health-of-tallahassee/

Home care professionals deliver care under the supervision of the referring physician. Families and caregivers are included in the care process, providing guidance and support. A person-centered approach is used to design a specific plan to help clients achieve their goals and remain safe and comfortable within their own homes. A variety of care and services are offered, visit the website or call the number above for more detail.

Kindred at Home

kindredathome.com/

850-878-2191

Provides specialized services to meet specific health goals. This can range from assistance with daily activities to providing in-home skilled care and support for families and caregivers. Service providers develop a plan of care and work to meet your specific health goals. A variety of service and care options are available, visit the website or call the number above to get more information.

Amedisys Home Health

850-553-9201

locations.amedisys.com/fl/tallahassee/amedisys-home-health-care.html

Amedisys Home Health Care provides services to assist individuals recovering from surgery or illness, as well as those living with an ongoing condition like diabetes or heart problems. Following a plan of care developed with a doctor, the home health care team can deliver the care needed to allow clients to remain as independent as possible. In addition to the services described above, other services available include fall prevention, a personal emergency response system, behavioral health nursing and infusion therapy.

Capital Home Health

mychhc.com/

850-553-4002

Offers home care solutions to patients who are dealing with injury or illness. Services provided include skilled nursing, occupational therapy, physical therapy and speech therapy, as well as a medical social worker. Capital Home Health accepts insurance from Medicare, Humana, Workers' Comp, Florida Blue and Well Care.

Remember, before hiring anyone to come into the home, be sure to get recommendations from friends or other trusted individuals, read reviews of their services and check that licenses are current, and that no complaints have been filed.

Also, be sure to check with your insurance provider to verify insurance coverage, provider participation, and coverage terms. To find out if you qualify for Medicaid Managed Care benefits contact the **Elder Helpline** at **1-800-96-ELDER**.