

LGBTQ+ SENIORS

LOCAL RESOURCES

Capital Tea

capitaltea.org/
facebook.com/capitalteatransgendersupportgroup/

Capital Tea hosts monthly transgender support group meetings, provides information and referrals, engages in advocacy, conducts trainings, and hosts events to elevate LGBTQ+ visibility. To find out more visit the websites above or send an email to info@capitaltea.org.

Capital Tea is partnering with **Elder Care Services** to offer a support groups for LGBTQ 60+. This monthly support group is available to any LGBT+ individual age 60 and over. Visit ecsbigbend.org/events to register. **The group is currently meeting virtually.**

The Family Tree: LGBT Community Center

familytreecenter.org **850-222-8555**
facebook.com/TheFamilyTreeCC/

The mission of The Family Tree is to provide services that promote the well-being of lesbian, gay, bisexual, and transgender persons, and to provide a place where everyone is welcome.

PFLAG Tallahassee

pflag.org/chapter/pflag-tallahassee **850-320-8635**

PFLAG is the nation's largest family and ally organization, working to provide support, education and advocacy to help communities provide security and resources for LGBTQ+ individuals.

Integrity Tallahassee

integritytallahassee.org/

Integrity Tallahassee is organized to unite LGBTQ+ Christians and Allies in the Tallahassee area, to act as a support group for LGBTQ+ people, to develop leadership, and to be an instrument through which LGBTQ+ Christians may be heard by the Church and society.

Tallahassee Prime Timers

tallahasseeprimetimers.org/ **850-877-4479**

Tallahassee Prime Timers (TPT) is a social organization for mature gay and bisexual men, providing opportunities to enjoy social, educational, and recreational activities in a supportive atmosphere.

Gay Friendly Market

gayfriendlymarket.com/home-mag-style/

Create an account and sign up to search LGBTQ+ friendly businesses, places and events available locally.

LOCAL FACEBOOK GROUPS

- PFLAG Tallahassee facebook.com/groups/pflag.tallahassee
- LGBTQ Tallahassee facebook.com/groups/436756743135165
- Tallahassee Pridefest facebook.com/TallahasseePridefest
- Tallahassee Gay Athletic Association (TGAA) facebook.com/gayintallahassee
- Tallahassee Front Runners (running group) facebook.com/groups/TallahasseeFrontRunners

LOCAL LGBTQ+ FRIENDLY PLACES OF WORSHIP

- Thrive MCC thrivemcc.com/ 850-443-1694
- St. John's Episcopal Church saint-john.org/ 850-222-2636
- Unitarian Universalist Church of Tallahassee uutallahassee.org/ 850-385-5115
- St. Stephen Lutheran Church ststephenlutherantally.com/ 850-385-2728
- United Church in Tallahassee uctonline.org/ 850-878-7385
- Good Samaritan United Methodist Church goodsamtally.org/ 850-893-4919

NATIONAL RESOURCES

AARP: LGBTQ Pride aarp.org/home-family/voices/lgbt-pride/?cmp=RDRCT-ef79e43d-20200401

This page of AARP's website offers a collection news stories, articles, and guides for LGBTQ+ seniors and their caregivers, as well as suggestions for how to connect with other LGBTQ+ seniors.

Sage sageusa.org/ 877-360-LGBT

Sage is an advocacy organization working to protect the rights of LGBTQ+ seniors around the country. They provide education and training, connections with others in the community as well as assistance finding housing and a support hotline.

Diverse Elders Coalition diverseelders.org/who-we-are/diverse-elders/lgbt-elders/

The Diverse Elders Coalition (DEC) advocates for policies and programs that improve aging in our communities as racially and ethnically diverse people; American Indians and Alaska Natives; and lesbian, gay, bisexual and/or transgender people.

National Resource Center on LGBT Aging lgbtagingcenter.org

The National Resource Center on LGBT Aging is a technical assistance resource center aimed at improving the quality of services and supports offered to lesbian, gay, bisexual and/or transgender older adults.

Aging with Pride: IDEA ageidea.org/

Program designed to improve quality of life for LGBTQ+ individuals who experience memory loss or who help those experiencing memory loss. Participants are compensated for their time and can live anywhere in the United States.

This Resource Card is a service of Tallahassee Senior Center & Foundation • talgov.com/seniors/seniorservices.aspx
TallahasseeSeniorFoundation.org • 850.891.4000 • nick.schrader@talgov.com • *Note: Information on this resource card is not all-inclusive and does not imply endorsement of any persons, offices, or agencies by Tallahassee Senior Services* • September 2021