



1400 N. MONROE ST. • TALLAHASSEE, FL 32303 • (850) 891-4000 • TallahasseeSeniorFoundation.org

MOVING/DOWNSIZING

SENIORS REAL ESTATE SPECIALISTS (SRES®)

SRES® designees demonstrate knowledge and expertise to counsel senior clients through the major financial and lifestyle transitions involved in relocating, refinancing, or selling a home.

To find a SRES® in Tallahassee, please visit the website <u>sres.realtor</u>. Several are listed below:

E. ANN CLEARE, Coldwell Banker

coldwellbanker.com

acleare@comcast.net

850-544-0109

ALLYSON FOSTER, Armor Realty

<u>armorrealty.com/agents/allyson-foster/</u> <u>allysonfoster@armorrealty.com</u> **850-879-0927**

DEBBIE GERBER-MAHAN, PrimeSouth Properties

debgerber.com

deb@debgerber.com **850-545-8164**

ELIZABETH HANDLEWICH, Florida Luxury Realty Inc.

imoveyourdreams.com

imoveyourdreams@gmail.com 850-567-9399

MIRIAM NICKLAUS, Armor Realty

miriamnicklaus.com

Miriam@armorrealty.com 850-933-3585

KATHY RIVENBARK, Coldwell Banker

coldwellbanker.com

sellingtally@gmail.com 850-363-3800

NANCY SPERDUTI, Keller Williams Realty

tallahassee.yourkwoffice.com

Nancysperduti@kw.com 850-597-1567

KAREN GREEN, Capital City Real Estate Group

karensellstlh.com/

karen@karensellstlh.com 850-933-0091

MOVING SERVICES

Griner Moving Services <u>grinermoving.com</u> 850-228-5178
AMWAT <u>amwatmovers.com</u> 850-877-7131

JEWELRY APPRAISAL

Pentaltha Jewelers <u>pentalthajewelers.net</u>

850-878-8707

Family owned and operated jewelry business in Tallahassee. Services include appraisals, buying and selling, cleaning, design, repair, restoration, and sizing of jewelry.

HOME MODIFICATIONS

Any physical modification to a residence that increases its usage, safety, security, and independence.

There are many **Certified Aging-In-Place Specialists** available in Leon County to assist seniors and their loved ones with residential remodeling and home modifications. A list of home modification specialists can be found by visiting **tallahasseeseniorfoundation.org** and selecting **resources**. You can also call **850-891-4000**.

DONATIONS / CONSIGNMENT / AUCTIONS

Affiliated Auctions & Realty LLC

affiliatedauctions.com

850-656-5486

International auctioneers and appraisers that will travel to homeowners and offer a finder's fee for fine collections and materials. Clients can sell jewelry and other items either through consignment or outright sales (visit the above website for more details).

Community Thrift Market

CommunityThriftMarket

850-273-0279

In support of Tallahassee Action Grants, your contribution or gift may qualify as a charitable donation. Contact Community Thrift Market for a convenient pick up (visit their Facebook page linked above).

Echo Outreach Ministries

echotlh.org

850-224-3246

Emergency Care Help Organization providing essential goods & services to those in need. Extensive lists of items needed such as clothing, household items, furniture, food, and more. Will pick up furniture only. (visit the above website for more details.)

Goodwill Industries-Big Bend, Inc.

goodwillbigbend.org

850-279-5041

Goodwill professionals will itemize, pack and remove donations, provide itemized inventory donation receipt, and take all items eligible for donation. There is no cost for these services.

Home Pick-Up Hotline 1-800-924-4003 Please visit website for a list of various donation centers.

Lighthouse Children's Home

lighthousechildrenshome.com

850-877-3778

Accepts donations of furniture, appliances and vehicles that are sold through the Lighthouse's stores and car lots. Individuals can call to schedule an appointment for pick up or visit the website to fill out a Donation Pick-Up Request form.

ReStore, Big Bend Habitat for Humanity

bigbendhabitat.org/restore

850-544-6438

Accepts donations of new and used home improvement supplies, furniture, building materials, tools and more. To donate, you can drop off items during store hours, or call to schedule a pick-up.

The Living Harvest Thrift Store

thelivingharvest.org

850-765-6285

Accepts clothing, furniture, appliances, bikes, tools, lawn care items, household items, collectibles, & designer goods, in good to excellent condition. Please visit website for specific tips when preparing your donations. All proceeds go to support the Living Harvest mission.

Manor Auctioneers & Appraisers

manorauctions.com

850-523-378

Professional Auction and Appraisal Services- Traveling nationally & locally for the acquisition of fine art, jewelry, collectibles, collections & estates.

Pop's Attic popsatticoftallahassee.com 850-597-8321

Furniture consignment and home decor shop.

The Fix Thrift Shop

bethesolution.us

850-298-1129

Supports **Be the Solution, Inc.** Accepts most items such as household/kitchen items, clothes, books, furniture, etc. All proceeds fund spay & neuter vouchers through Be the Solution, Inc. Will pick up large items such as furniture.

USEFUL WEBSITES

aarp.org/livable-communities/info-2014/home-fit-resources-worksheets.html

Resources include the AARP HomeFit Guide for "do-it-yourself" to skilled remodeling.

Federal Motor Carrier Safety Administration (FMCSA)

888-368-7238

fmcsa.dot.gov/protect-your-move/moving-fraud

Helps individuals learn to spot moving fraud, tips for a successful move, help those understand their rights and responsibilities, and provide a moving checklist for before and during your move.

National Association of Senior Move Managers (NASMM)

877-606-2766

nasmm.org

The leading membership organization for Senior Move Managers in the United States, Canada and abroad. Offers programs and expertise related to Senior Move Management, transition and relocation issues affecting older adults.

OTHER RESOURCES

Freecycle Network

freecycle.org

Recycling and reuse website. A nonprofit movement of people who are giving and receiving reusable/recycled items. The mission is to reduce wastes, save resources, and ease burdens on landfills.

The Sharing Tree

sharingtree.family

850-264-4035

Locally owned arts and crafts store. Reusable resource center accepting supplies such as arts, sewing, teaching supplies, gifts, learning tools, household organizers, and décor.

Sowing Seeds Sewing Comfort Ministry

ssscministry.wixsite.com/ssscministry

850-345-7535

Accepts donations such as clothing, food, and household items to provide services to those in need.