

## MOVING/DOWNSIZING

### SENIORS REAL ESTATE SPECIALISTS (SRES®)

SRES® designees demonstrate knowledge and expertise to counsel senior clients through the major financial and lifestyle transitions involved in relocating, refinancing, or selling a home.

To find a SRES® in Tallahassee, please visit the website [sres.realtor](https://www.sres.realtor). Several are listed below:

**E. ANN CLEARE, Coldwell Banker**

[coldwellbanker.com](https://www.coldwellbanker.com)

[acleare@comcast.net](mailto:acleare@comcast.net)

850-544-0109

**ALLYSON FOSTER, Armor Realty**

[armorrealty.com/agents/allyson-foster/](https://armorrealty.com/agents/allyson-foster/)

[allysonfoster@armorrealty.com](mailto:allysonfoster@armorrealty.com) 850-879-0927

**DEBBIE GERBER-MAHAN, PrimeSouth Properties**

[debgerber.com](https://www.debgerber.com)

[deb@debqerber.com](mailto:deb@debqerber.com)

850-545-8164

**ELIZABETH HANDLEWICH, Florida Luxury Realty Inc.**

[imoveyourdreams.com](https://www.imoveyourdreams.com)

[imoveyourdreams@gmail.com](mailto:imoveyourdreams@gmail.com) 850-567-9399

**MIRIAM NICKLAUS, Armor Realty**

[miriamnicklaus.com](https://www.miriamnicklaus.com)

[Miriam@armorrealty.com](mailto:Miriam@armorrealty.com)

850-933-3585

**KATHY RIVENBARK, Coldwell Banker**

[coldwellbanker.com](https://www.coldwellbanker.com)

[sellingtally@gmail.com](mailto:sellingtally@gmail.com)

850-363-3800

**NANCY SPERDUTI, Keller Williams Realty**

[tallahassee.yourkwoffice.com](https://tallahassee.yourkwoffice.com)

[Nancysperduti@kw.com](mailto:Nancysperduti@kw.com)

850-597-1567

**KAREN GREEN, Capital City Real Estate Group**

[karensellstlh.com/](https://www.karensellstlh.com/)

[karen@karensellstlh.com](mailto:karen@karensellstlh.com)

850-933-0091

### MOVING SERVICES

• Griner Moving Services

[grinermoving.com](https://www.grinermoving.com)

850-228-5178

• AMWAT

[amwatmovers.com](https://www.amwatmovers.com)

850-877-7131

### JEWELRY APPRAISAL

**Pentaltha Jewelers**

[pentalthajewelers.net](https://www.pentalthajewelers.net)

850-878-8707

Family owned and operated jewelry business in Tallahassee. Services include appraisals, buying and selling, cleaning, design, repair, restoration, and sizing of jewelry.

### HOME MODIFICATIONS

*Any physical modification to a residence that increases its usage, safety, security, and independence.*

There are many **Certified Aging-In-Place Specialists** available in Leon County to assist seniors and their loved ones with residential remodeling and home modifications. A list of home modification specialists can be found by visiting [tallahasseeSeniorFoundation.org](https://www.tallahasseeSeniorFoundation.org) and selecting **resources**. You can also call **850-891-4000**.

### DONATIONS / CONSIGNMENT / AUCTIONS

**Affiliated Auctions & Realty LLC**

[affiliatedauctions.com](https://www.affiliatedauctions.com)

850-656-5486

International auctioneers and appraisers that will travel to homeowners and offer a finder's fee for fine collections and materials. Clients can sell jewelry and other items either through consignment or outright sales (*visit the above website for more details*).

**Community Thrift Market**

[CommunityThriftMarket](https://www.CommunityThriftMarket)

850-273-0279

In support of Tallahassee Action Grants, your contribution or gift may qualify as a charitable donation. Contact Community Thrift Market for a convenient pick up (*visit their Facebook page linked above*).

**Echo Outreach Ministries**

[echotlh.org](https://www.echotlh.org)

850-224-3246

Emergency Care Help Organization providing essential goods & services to those in need. Extensive lists of items needed such as clothing, household items, furniture, food, and more. Will pick up furniture only. (*visit the above website for more details*.)

<b>Goodwill Industries-Big Bend, Inc.</b>	<a href="http://goodwillbigbend.org">goodwillbigbend.org</a>	<b>850-279-5041</b>
Goodwill professionals will itemize, pack and remove donations, provide itemized inventory donation receipt, and take all items eligible for donation. There is no cost for these services. <b>Home Pick-Up Hotline 1-800-924-4003</b> <i>Please visit website for a list of various donation centers.</i>		
<b>Lighthouse Children's Home</b>	<a href="http://lighthousechildrenshome.com">lighthousechildrenshome.com</a>	<b>850-877-3778</b>
Accepts donations of furniture, appliances and vehicles that are sold through the Lighthouse's stores and car lots. Individuals can call to schedule an appointment for pick up or visit the website to fill out a Donation Pick-Up Request form.		
<b>ReStore, Big Bend Habitat for Humanity</b>	<a href="http://bigbendhabitat.org/restore">bigbendhabitat.org/restore</a>	<b>850-544-6438</b>
Accepts donations of new and used home improvement supplies, furniture, building materials, tools and more. To donate, you can drop off items during store hours, or call to schedule a pick-up.		
<b>The Living Harvest Thrift Store</b>	<a href="http://thelivingharvest.org">thelivingharvest.org</a>	<b>850-765-6285</b>
Accepts clothing, furniture, appliances, bikes, tools, lawn care items, household items, collectibles, & designer goods, in good to excellent condition. Please visit website for specific tips when preparing your donations. All proceeds go to support the Living Harvest mission.		
<b>Manor Auctioneers &amp; Appraisers</b>	<a href="http://manorauctions.com">manorauctions.com</a>	<b>850-523-3787</b>
Professional Auction and Appraisal Services- Traveling nationally & locally for the acquisition of fine art, jewelry, collectibles, collections & estates.		
<b>Pop's Attic</b>	<a href="http://popsatticoftallahassee.com">popsatticoftallahassee.com</a>	<b>850-597-8321</b>
Furniture consignment and home decor shop.		
<b>The Fix Thrift Shop</b>	<a href="http://bethesolution.us">bethesolution.us</a>	<b>850-298-1129</b>
Supports <b>Be the Solution, Inc.</b> Accepts most items such as household/kitchen items, clothes, books, furniture, etc. All proceeds fund spay & neuter vouchers through Be the Solution, Inc. Will pick up large items such as furniture.		
<b>USEFUL WEBSITES</b>		
<a href="http://aarp.org/livable-communities/info-2014/home-fit-resources-worksheets.html">aarp.org/livable-communities/info-2014/home-fit-resources-worksheets.html</a>		
Resources include the AARP HomeFit Guide for "do-it-yourself" to skilled remodeling.		
<a href="http://storageunits.com/senior-storage/">storageunits.com/senior-storage/</a>		
Guide to finding and using storage facilities for seniors, including warning signs to look out for.		
<b>Federal Motor Carrier Safety Administration (FMCSA)</b>	<a href="http://fmcsa.dot.gov/protect-your-move/moving-fraud">fmcsa.dot.gov/protect-your-move/moving-fraud</a>	<b>888-368-7238</b>
Helps individuals learn to spot moving fraud, tips for a successful move, help those understand their rights and responsibilities, and provide a moving checklist for before and during your move.		
<b>National Association of Senior Move Managers (NASMM)</b>	<a href="http://nasmm.org">nasmm.org</a>	<b>877-606-2766</b>
The leading membership organization for Senior Move Managers in the United States, Canada and abroad. Offers programs and expertise related to transition and relocation issues affecting older adults.		
<b>OTHER RESOURCES</b>		
<b>Freecycle Network</b>	<a href="http://freecycle.org">freecycle.org</a>	
Recycling and reuse website. A nonprofit movement of people who are giving and receiving reusable/recycled items. The mission is to reduce wastes, save resources, and ease burdens on landfills.		
<b>The Sharing Tree</b>	<a href="http://sharingtree.family">sharingtree.family</a>	<b>850-264-4035</b>
Locally owned arts and crafts store. Reusable resource center accepting supplies such as arts, sewing, teaching supplies, gifts, learning tools, household organizers, and décor.		
<b>Sowing Seeds Sewing Comfort Ministry</b>	<a href="http://ssscministry.wixsite.com/ssscministry">ssscministry.wixsite.com/ssscministry</a>	<b>850-345-7535</b>
Accepts donations such as clothing, food, and household items to provide services to those in need.		