

4-Week Introduction: Lose Yourself in Zentangle®

January 18, 25, February 1, 8, 28, 2023

Wednesdays_1:30~4:30pm_Starr Payne CZT

In this Introductory 4-week workshop, you will explore easy-to-learn Zentangle® method, acquiring a sense of calm and freedom. With every ink stroke and shading with graphite, you will create beautiful images of 'tangles' (structured patterns) inspired by your surroundings.

Slowly following the core 8-steps of Zentangle, you will ease into and enjoy each step as you will unwind and deepen your focus by being in the present.

If you can write '• I C S O' you are ready to 'tangle.'

Rekindle and boost your creative confidence 'one-stroke-at-a-time' for Zentangle there are 'no mistakes, only new opportunities.

This fun workshop is for beginners and for those who 'think' they might already know Zentangle.

Trained by the creators of the Zentangle Method, Rick Roberts and Maria Thomas, **Starr Payne CZT (Certified Zentangle Teacher)** will gently guide and support you while exploring the benefits and enjoyment of this universal, all embracing art form.

To learn more about the Zentangle method, please visit: www.zentangle.com



Art Supplies_ January 2023

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A \$20.00 comprehensive kit with official Zentangle® tools has been put together for this workshop.

This kit will include white square tiles, Sakura Micron Pigma black pens with bonuses (a graphite pencil, paper blending sticks, and more.)

Bring sketchbook or blank page notebook for note taking and tangle practices.

(Suggested: Strathmore 400 Series Drawing 6x8" 24 pages spiral bound.

Available directly from instructor \$4.00 or from art & craft supply stores at \$6.00±.)

Please email Starr Payne at tallybdr@yahoo.com for any questions about the Zentangle class or supplies:

For information regarding registration or payment, please contact TSC Art Coordinator

HeathHilary.MRae@talgov.com or call 891-4016