

ANNUAL 2023 REPORT Highlights





Together, the TSC and Foundation provide a holistic array of programs and services to approximately 23 percent of the 50+ population in Tallahassee-Leon County with the following goals: to increase socialization, improve and maintain physical and mental health, provide information and education, lifelong learning, resource assistance and other support systems to help participants achieve and maintain optimal health. The programs and services are categorized as follows: health and wellness, fitness, art, lifelong learning, recreation, crafts, arts, music and dance, cards and games, events, fundraisers, outreach, and services.

TALLAHASSEE SENIOR SERVICES MISSION

The mission of Tallahassee Senior Services is to offer programs, activities, and opportunities designed to encourage active living, optimal aging, and social fitness for independent adults age 50+. Tallahassee Senior Services is a division of the City of Tallahassee's Parks, Recreation and Neighborhood Affairs Department. A 15-member Advisory Council, appointed by the Mayor, represents seniors' interests and needs in Tallahassee. TSS is staffed and maintained by support from the City general revenue fund.

TALLAHASSEE SENIOR FOUNDATION (TSCF) PURPOSE

Established in 1980, TSCF is an independent, private non-profit organization that exists for the sole purpose of generating funding to support programs, services and participants of Tallahassee Senior Services. The Foundation, administered by a 15-member Board of Directors, is composed of members elected by the current board. Individual and organizational membership in TSCF is open to all interested persons. Visit www.TallahasseeSeniorFoundation.org for more information on events, membership, and benefits.

Foundation Board of Directors

Kaila Hardee, President
Meko Rice, Vice-President
Ajay Chadha, Treasurer
Edna Owens, Secretary
Carol Thompson-Riley, Immediate Past President

Clay Dodson Emily Ely Celéna Grant Matt Hale Scott Harrell Debie Leonard Tom Reimers

Nina Davis

Linda Roberts Ursula Weiss

Senior Services Advisory Council

Tom Friedman, Chairperson
Steven Blumsack
Katy Cao
Jan Daly
Robert Feuerstein
Judy Fongheiser
Toni Kilgore
Lucy Lee
Lester Lockett
Jo Messer
Catherine Mingledorff
Stephen Rollin
Bonita Stephens
Lossie Vaughn

The information in this Annual Report is intended to highlight TSC & Foundation programming.

Making a difference in people's lives

5,000+ Regular Participants

180 Activities each month 14 Neighborhood Sites 246 Volunteers 14,610 hours

400 Visitors Daily 9,0000 Participation Units Annually

TSC provides essential social connections and a variety of physical and mental activities to help keep active older adults engaged and healthy.

Throughout 2023, Team Senior Center worked to refocus programs and spaces that had changed over the previous three years. We listened to you – the participants – and endeavored to respond to your interests for activities and services.

We believe, based on the numbers of people participating in classes at TSC and our Outreach sites, that we're on the right track for offering new programs and growing those "old faithful" offerings that have been here for many years.

We welcomed Coffee House Concerts in the Dining Room; more Lunch & Learns at the TSC, while numbers keep growing at the Leon County centers.

Regardless of whether you come to the TSC or one of our 15 neighborhood sites, every activity and program helps seniors be mentally, physically, and socially fit, as people connect in a supportive network of friends and professional staff.

On this journey together – with appreciation,

School Salyn
Executive Director, TSC Foundation
Senior Services Manager, City of Tallahassee

Sheila Salyer received the **2023 NISC Founders Award** at the National Conference on Aging for exemplary and long-standing service to the senior center field.

After retiring from my job of 30 years in Michigan, I moved to Tallahassee. The Tallahassee Senior Center has been such a blessing to me. It's really my second home.

I started attending Spanish classes before covid. After it quieted down and the center reopened, I could hardly wait to get back.

I find so many benefits to attending these. This center plays a great part in my health and wellbeing. I'm there almost every weekday now and I couldn't be happier about it!

I realize now, that in this season of my life, how important it is to take care of ME - to be able to experience some of the joys of growing older, of being healthier, of meeting new people and having less isolation. This is what The Tallahassee Senior Center is doing for me.

-Bonita S., Participant, Advisory Council Member



Join Us!

The Senior Center is open Monday through Friday, between 8 a.m. and 5 p.m.

For information on programs and activities, please contact the Tallahassee Senior Center at 850-891-4000 or visit Talgov.com/Seniors or TallahasseeSeniorFoundation.org

Keep up to date by following the Tallahassee Senior Center on Facebook.

Sign up for our Constant Contact weekly email newsletter.



Communications & Media

Constant Contact – 5,000+ Subscribers

With 52% open rate

Facebook - 6,000+ Followers

Website: tallahasseeseniorfoundation.org

Website: talgov.com

Instagram – 1,300+ Followers

Marquee - 30,000+ cars a day

Press Releases, Postcards, Flyers

City of Tallahassee Communications

WCOT City Cable Channel

Southside bi-monthly email newsletter

Billboards by Prime Meridian Bank

Active Living magazine, printed bi-monthly by the Tallahassee

Democrat for 22 years through March 2023







Volunteers

246 volunteers - 14,610 hours



Volunteer Appreciation
Visit from Redemptive Love Farm
April 13, 2023



Annual Volunteer Appreciation and Years of Service Recognition Luncheon October 26, 2023

Years of Service Honorees

15 YEARS

William Griffin - Health Suite, Receptionist, Greeter Linda Roberts - Foundation Board of Directors, Special Events, Membership, LCSO

10 YEARS

Greg Boebinger - Special Events

Ajay Chadha - Foundation Board, Special Events

Guice Galloway - Tai Chi Instruction

Antonio Terracciano - Special Events, Advisory Council

Lossie Vaughn - Advisory Council, GaP

Thomas Walden - AARP Tax Aide

5 YEARS Harold Barber - Special Events

Joyce Bastain - Art Council

Noreen Beattie - Receptionist, Library, TALL Advisory Council, Special Events, Greeter, Baby Bloomers Steven Blumsack - Advisory Council, Special Events Doris Cannella - Nimble Fingers Nina Davis - Foundation Board of Directors, Special Events Ike Eberstein - Health and Wellness – Hiking David Foulks - Al-Anon Rose Giansanti - Receptionist, Special Events Maicel Green - Foundation Board of Directors, Special Events Joan Keen - Advisory Council Toni Kilgore - Advisory Council, Special Events Regina McQueen-Adv. Council, Line Dancing, Special Events Magda Naiman-Hardin - Library, Special Events, Labeler Jeffrey Nelson - AARP Tax Aide Meko Rice - Foundation Board of Directors, Spec. Evnts Stephen Rollin - Advisory Council, Special Events Shauna Smith - Gap Advisory Council

Kelvin Wallace - Special Events Janice Watson - Quilting Bees, LCSO Advisory Council Jim Valentine - Al-Anon

Art

Exhibits & Receptions:

- Insiders Showcase and Awards Reception
- Landmarks of Tallahassee with a LLL Armory Talk and Reception
- Framed Showcase Reception (Artists Favorite Work)
- TSC Arts: Birds Showcase and L3X Talk: Backyard Songbirds and Reception



542 Students 5,542 Units32 On-going In-person Classes40 In-person WorkshopsIn-person and Online Galleries













Art Council

Brenda Francis — Oil Painting with Eluster and Plein Air with Debbie (President)

Allison C. Edwards — Watercolor 104 (Secretary)

Joyce Bastian — Watercolor 103, 104 and Experimental Watercolor AM

Judy Fongheiser — Oil and Acrylic with Debbie and Plein Air with Debbie

Terry Hawkins — Oil Painting Advanced with Eluster

Joyce Raichelson — Mark Fletcher Draw and Paint Class (Zoom) and Sumi-e

Recreational Programs



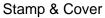




Ping Pong Pickleball Cards & Games

Groups & Organizations







Woodcarvers

Activity	People	Comp to	Units	Comp to
		2022		2022
Cards & Games	240	16%个	3462	6%个
Crafts & Ceramics	180	23%↑	2602	18%个
Music & Dance	750	19%个	6120	34%↑
Recreational Sports	506	58%个	9067	122%个
Technology Help	121	67%个	180	233%↑
Additional Activities	56		352	
TOTAL			21,783	29%↑

Dance









A variety of dance opportunities are hosted at the Senior Center:

Line Dance • Adult Ballet classes from a professional studio instructor Capital Twirlers Regional Dance Jamboree • USA Dance Symposium 10 regular Saturday night USA Dances

Contra Dances with a Live Band, 2nd and 4th Friday each month Ballroom and Swing Lessons Friday evenings

Ice Cream Social

July 17, 2023













Celebration Events



Women in History Tea Party



Birthday Party for All



Riley Museum

MINI EXPOS



THE TALLAHASSEE SENIOR CENTER
BRINGS EXPERTS IN THE AGING FIELD
AND COMMUNITY RESOURCE

MONDAY, APRIL 24 11 AM-2 PM

Lunch provided Registration required



Featured Presentations

Dispelling Myths about Hospice & In-Home Care

Preparing for Medical Care Decisions

Three Documents Every Adult Should Have In Their Life Planning Toolbox



Advantages of Funeral Planning

LUNCH & LEARN

APRIL 26 | 11 AM - 12:30 PM

Learn the advantages of planning ahead, understand the two steps of funeral planning, learn how to guarantee the value of final plans for life, and review available veteran benefits.

JOIN US FOR AN EXPO

HOUSING & IN-HOME SERVICES

Experts help you navigate housing options and in-home services.

Plus panel discussions with seniors who have recently made housing transitions.

NOVEMBER 15 11 AM - 3 PM Lunch provided, suggested donation \$10.
Register online:
www.TallahasseeSeniorFoundation.org









In-Home Services
Jocelyne Fliger,
Elder Care Services





Assisted Living Alberta Granger, Florida Assisted Living Association

Home Health Services Emily Brown, RN, MSN, TMH Home Health Care

Lifelong Learning

A variety of interesting classes are offered throughout the year for adults who enjoy the fun and excitement of learning new things. We offer classes in diverse areas such as history, science, nature, music, current events and places of interest in the Big Bend region.

Discover something new and learn for the love of it!





Classes Participants Units 47 1,237 (48% inc.) 5,330 (59% inc.)

Classes Participants Units 51 618 (49% inc.) 1,449 (44% inc.)













Languages & Other Classes

French Classes • French Study Group • German-Intermediate
English As a Second Language • Spanish Class • Technology Assistance
Writers Workshop • Poetry for the Love of It

FOOT

Fitness & Outdoor Opportunities Together

Monthly Hiking (3rd Wednesday) • Kayaking • Biking

150 Participants 250 Units 10 Different Activities













Summer Camp

Boating at The Rez
Challenger Learning Center
Hike and Bonfire
Pine Needle Basket Weaving
Railroad Square Urban Art Walk

Health & Wellness

City & Foundation Funded 2,627 units for 446 participants

74 Educational Presentations
5 Special Workshops
40 Health Screenings
7 Coffeehouse Concerts
4 Evidence-based Programs

60 Community Partners



NCOA Grant for Flu Shots





Fitness Classes

For the Brain and Body

1,039 Fitness Participants -- 14.4% Increase Participation Units 24,255 -- 26% Increase 20 Classes 9 Locations



Evidenced Based Programs

DEEP MOB

Fitness Classes

Ageless Grace Brain Body Balance

LIFE Exercise

Mindful Movement

Senior Fitness

Sit & Fit

Tai Chi

Yoga

Hiking

All Fitness classes taught by Certified Senior Fitness Instructors

Coffeehouse Concerts















First Row: George Jackson & Rachel Baiman, Maddy Walsh & Suave, Ross Newell Second Row: EG Kight, Claude Bourbon, Carlos Odria Trio, Ross Newell

More Musical Performances



Capital Chordsmen



TCC Community Band



Senior Singers

Capital City Senior Games



610 Athletes, ages 50-94
15 Sports
12 Venues
1,336 Events
Athletes traveled from

7 Different States



Southside Outreach Program

- Hosted "Minority Health Fair" w/ Florida AHEC (Area Health Education Centers)
- Healthy for Life Classes
- Monthly Wellness Circles at 2 Locations
- Bi-weekly Brain Body Balance Classes
- Art & Recreational Therapy

98 Participants

Locations:

Jake Gaither
Jack McLean
Optimist Park
B.L. Perry, Jr. Library

Funded by:

TSC Foundation City CDBG County CHSP Sponsors Donors







Utilizing and Promoting Social Engagement for Loneliness, Isolation & Depression in the Elderly

#1 National Institute of Senior Centers and National Recreation and Parks Association (NRPA) Innovations in Health Awards

98 Participants
454 Counseling Sessions
177 Friends Connection Sessions:
In person & Virtual
10 Special Programs: In person,
Virtual, & Field Trips
27 Community & Professional
Presentations

Locations

Tallahassee Senior Center Lincoln Neighborhood Center B.L. Perry, Jr. Library Virtual

Funded by:

TSC Foundation
City of Tallahassee
Business Sponsors
Individual Donors
Grants



Impact

"I came to Friends Connection to make friends, and now I feel I have another family."

"It has changed my outlook on life after losing my wife."

"I feel well-connected into a warm and supportive group. It helps me be socially active."

Leon County Senior Outreach

A program of the TSC Foundation, funded by Leon County Commissioners, Older Americans Act, business sponsors, and participant donations.



"These Lunch & Learns are so much fun! I look forward to seeing the decorations and what items will be in the raffle!" - a regular Outreach participant

- Community Resources & Information
- Monthly Lunch & Learns
- Business Sponsor exhibitors
- Guest speakers
- Fitness Classes
- Lifelong Learning
- Cards & Games
- Field trips

904 Participants				
6 Communities	Units	Incr.		
Bradfordville	5943	25%↑		
Chaires	2715	20%个		
Ft. Braden	1566	26%↑		
Lake Jackson	2371	14%↑		
Miccosukee	1194	34%↑		
Woodville	1427	6%个		
TOTAL	15,216	21%个		









Leon County Senior Outreach Advisory Council

Alma Allison, Woodville
Michael Blain, At Large
Lynda Dickens, At Large
Jodi Gooding, At Large
Mary R. Johnson, Woodville
Gracie Leland, Miccosukee
Betty Ruth Mason,
Lake Jackson
Gary Mason, Lake Jackson
Tom Reimers,
Foundation Board
Nancy Wenhold, Bradfordville
Fred Williams, At Large

GaP – Grandparents as Parents

The **Grandparents as Parents** (**GaP**) program serves grandparents and other relative caregivers who have custodial responsibilities for raising another family member's child or children. Activities are available to all City-County residents. The GaP program brings social support, education and resource information to seniors thrust unexpectedly into the parenting role again.









71 GaP Families with 151 Children

Offering:

Support Groups

Field Trips

Picnics

Resources

Funding & Resource Partners

Leon County Commissioners
Older Americans Act
Advantage Aging Solutions
Catholic Charities
Individual Donations

GaP Advisory Council

Gabrielle Aboki, Early Learning Coalition
Alexis Acebo, Leon County Library
Morgan Evers, At-Large Community Member
Henni Hamby, Tallahassee Police Dept.
Kelly McGrath, Kelly McGrath Law
Diane Raker Owens, United Healthcare
Nettie Walker-Palmore, Grandparent
Claire Smith, Grandparent
Shauna Smith, Grandparent
Lossie Vaughn, Grandparent
Ivy Nixon Ward, Elder Care Services

Senior Resources

Connection to Services

Information, Referral & Services 2023

- 433 In-Person Info & Referral
- 838 Counseling sessions
- 698 AARP Tax Aide returns
- 260 Farmer's Market coupons

- SHINE Insurance Counseling w/ Advantage Aging Solutions
- Lunch Bunch w/ Elder Care Services
- Financial Counseling
 w/ Halsell Financial Solutions
- Seniors vs. Crime
 w/ Florida Attorney General's Office

45 Unique Resource Cards 1,286 Downloads from Website
Accessible 24/7 at TallahasseeSeniorFoundation.org/Resources

Facility Projects & Repairs

Funds shared with other Community & Service Centers CDBG & Parks Capital Budget





Replaced main entrance door with wider and more efficient ADA compliant automatic door.

Renovated 1st Floor Kitchen.

Silver Stars

Silver Stars is the region's premiere event recognizing individuals who have made a positive impact in the community since turning age 60.

Honorees serve in diverse ways, but they all have a servant's heart. 2023 Honorees

Marina Brown
Jane Greene
James A. Hinson, III
Henry Lowery
Charles Edward Moore
Gladys Roann-Watson
Jill Sandler
Freida Travis









Deck the Halls

Our signature annual fundraiser raised \$43,122 in 2023

Live Music • Catered food • Martini Bar • Silent Auction









Ways to Give to the TSC Foundation

Donations may be made to the TSC Foundation, a 501c3 non-profit organization, to support life-enriching opportunities for thousands of active adults in Tallahassee & Leon County. Contributions to the Tallahassee Senior Foundation make our programs possible.

Membership & Key Holders

Members enjoy exclusive benefits. Contributions help pay for programs and enhance services.

Donations

Donations are acceptable in any form (cash, check, or credit card) and in any amount.

Become a GEM -- Give Every Month Options

Automatic Payments are an easy way to spread out payments or increase your support, monthly or annually, from a checking account or credit card.

Special Occasion Gifts

Donations in honor of birthdays, anniversaries, retirement, and other occasions

Facebook Fundraiser

A popular option for birthdays or other special occasions, allowing your friends to easily make a donation on your behalf.

Galaxy Stars

In Honor or in Memory of special people or pets with personalized message

Memorial Gifts

A thoughtful way to remember a loved one who has passed away, in lieu of flowers

End of Year Giving

Many individuals make contributions at the end of the year to show gratitude and support for non-profit organizations. Donors also make charitable donations to take advantage of tax benefits.

IRA Required Minimum Distribution - Charitable Rollover

Making a Qualified Charitable Distribution (QCD) from your IRA by the IRA trustee to a charitable organization, counts toward your minimum distribution requirement for the year and is nontaxable.

Legacy & Planned Gifts

Options may include: • Bequest by Will • Gift of Appreciated Stock • Charitable Lead Trust
• Charitable Remainder Trust • Gift of Life Insurance

Endowment

We have partnered with the Community Foundation of North Florida to professionally invest and administer our endowment to assure that programs and services will continue to be available to seniors in the future.

Legacy & Planned Gifts

Investments by the TSC Foundation

- Community Foundation Endowment Fund currently \$402,538
- Digital Marquee on Monroe Street
- New Dining Room Tables & Chairs
- Auditorium Art Lighting
- L3X Sustainability Funds
- Website & Special Events Start-ups

Legacy Gift Wish List

- Endowed Program Coordinator Positions up to \$500,000
 - Lifelong Learning Coordinator
 - Art Program Coordinator
- Enhanced Art Program & Receptions -- \$6,000 annually
- Additional Health & Wellness Special Programs -- \$12,000 annually
- UPSLIDE Program Funds -- \$20,000 annually
- Old Armory History Project -- \$20,000
- Replacement Furniture for Common Areas & Lobbies -- \$5,000
- Community Foundation Investments Goal is \$1 million by 2025!
- Expansion Enhancements for New Senior Center -- \$500,000
- Additional Member Benefits

Members & Key Holders November 2022 - November 2023

DIAMOND (\$5,000+)

Lynda Dickens Sheila Salyer Phillip Welsh

PLATNIUM (\$2,500+)

Marilyn Coe & Donna McBride Tom & Sandy DeLopez Thomas & Marcia Friedman Matt & Rebecca Hale Steve Halsell James Hennessey & Kathryn Gibson Stephen Mayberry

Emily Millett Roberto & Betty Morales

Foy Winsor

RUBY (\$1,500+) Carol Boebinger Donie Henderson Lisa Meyer Linda Roberts

GOLD (\$1,000+)

Richard Dusenbury & Kathi Jaschke Nicholas & Anne Contos Marie Cowart Mike Francis Charles Kummer James A. & Susan Mau

SILVER (\$500+)

Dean Falk Jo Ann Gooding Matt Hale Bradley & Anna Marie Hartman Myron & Judith Hayden Shirley Zahn & John Hedrick Thomas & Deborah Holt Roy & Rosetta Land

Clifford & Mary Madsen Elda Martinko

James & Elaine

McConnaughhay Christiana Moore

Dr. Charles E. Moore

Charles Nam

Edna Owens Camille Park

Stephen Roeder

Washington & Gloria

Sanchez

Kathryn Scott

James & Dot Skofronick

Geoffrey Styles & Barbara Knight

Charles & June Townsend

Kent Thomas &

Gladys Roann Watson Yvonne Weems

BRONZE (\$250+)

Hector & Barbara Aguirre Ken & Carol Allman Mary Bachman Harold & Wendy Barber Marci Buchanan E. Ann Cleare Jan Collier Denise Hill & Vicki Combs Daniel & Jean Conrad Bruno Contreras

Gary & Sara Crayton Joel Dawson

Larry & Jo Deeb Paul & Karen Denson

Marie Genece

Virginia Glass Jane Greene

Joseph & Maureen Haberfeld

Tonya Harris Barbara Hudson

Jean Itzin Dennis G. King Erin Lackinger Benjamin & Mary Sterner Lawson Robin Lee Jeffrey & Nancy Lickson Ceclia Lopez Victoria Martinez Susan McConnell Ermine Owenby Edna Owens Jane Parsons Philip Potter **Beverly Remien** Susan Robinson Michael & Lori Swanson Siroos & Paula Tamaddoni-Jahromi Gordon & Aurora Hansen Beth White FRIEND (\$120+) Harry Ackerman Elaine Agvent Rick & Jovita Ashton Chet & Donna Barclay Thomas & Jane Barron

Kenn Bass & Annette Pearce Nancy Bean Debbie Belk Priscilla Bell

Glenn & Mary Berman Frederick & Constance Betz Don & Judith Blancett Adrienne Bowen

Karen Boyster Barbara Brandt Neil & Cindy Brown Robert & Sara Brunger Gwendolyn Waldorf &

Dana Bryan **Ronald Bunting** Rubia Byrd Angela Campbell Monticello Campbell

Diane Carr

John & Kristy Carter Susan Cason Phyllis Causseaux Donna Chason Harry & Mary Chiles Jennifer Clinard Claudia Coaker Robert & Karen Asher

Cohen

Barbara Cohenour

Charles & Paula Cook Jeannette Cox Marylyn Crank Carolyn Cummings Anita Davis Ella Jane Davis Susan Davis Charlene DeMarco

Charles & Judy Ehrhardt Cassandra Ervin Judy Etemadi Graval Earle Farr

Richard Dusenbury

Barbara Doran

Will Fisch William Fontaine &

Bill Wertman

Charles & Brenda Francis

Beverly Frick John & Nancy Fruin Samantha Fulton Roland & Irene Gaines Ana Garcia-Ouevedo Marguerite Glasgow Tobi Goodman Bruno Guerrieri Bert Hadley, Jr. Gerry Hammond Joe Ann Hansford Margaret Harter

Ken & Maureen Hemmerly

Marge Hogan Henry Holshouser Virginia Horak Lisa Hourigan

John & Susan Hutchison Claude & Susan Ivey Elizabeth Jackson David & Sandi Jacobsen

Barbara James **Emily Jamieson** Rauha Jessup Ann Johnson

Ivan & Marsey Johnson **Ernest Johnston**

Candace Keller-Raber William & Mary Lee Kelly

Frances Kochan Frances Kratt Kay Kuhne Kuhne

Lucy Lee Janet Lenz

James & Donna Lever Michael & Mary Alice Linzy Stanford Williams &

Lisa Cook Joanna Love Henry Lowery Jeffrey Mandel Jeffery Marrow Jeanie Martin Mary Ann Mathers Mary Ann Mathers Margie McAdoo Robin McCallister Lindsay McCulley Kim McDowell Andrew McMullian Alan & Lesley Mendelson

Annette Messer Jo Messer Debra Meyer Rose Mintern **Deborah Moerlins** Luis Molina Laura Morris

Glenn & Loujean Nelson

Ellen O'Hara Diane Owens **Timothy Owens** William Phelan Elizabeth Pollock Glen Pourciau & Linda Lane David Powell & Victoria Weber Wynette Power Roberta Prine Nikki Pritchett Roslyn Raymond Terry Rigsby

Alton & Louise Royal Joann Sapolsky David & Ann Schelbe Mitchell Schwartz Chander Sheffield Judith Shipman John Simpson Willie Sinclair Shauna Smith

George & Elsie Smith Linda Stalvey Mark Stevens & Shawn Tonner

John Stiles Diane Stuart Donald & Suzanne Summerlin

Harold & Sharon Teskey Thomas & Lucinda Thomas Patricia A. Thompson

Susan Thomson Amy Ting

T. Neal & Donna Trafford

Mariorie Turnbull Fred & Gena Varn Scott & LaDonna Wagers

Sylvia Walford

Barry & Tiffanie Webster Elizabeth White

Linda D White Eliot Wigginton

Diane Watson

Fred & Charlene Williams Stephen & Judy Winn Jerry & Janice Wise William & Maria Woolley Gale Workman, Ph.D.

Fotena Zirps

INDIVIDUALS & COUPLES

Brenda Abstein Michael Adams Trudy Adams Damon & Ann Agee Vivian Akers Ann Albritton Doug Alderson & Cynthia Hunt Sammie Alexander Mattie Allen Michael & Francine

Alsentzer James Alves & Yvonee Gsteiger Linda Amankwaa Christopher & Theresa

Antworth

Robert & Dorinda Apgar Richard & Gayle Arbes Bonnie Armstrong Clara Arnold Amy Atchison Diana Athnos

Jeanette Austin Robert Avant Nancy Ayotte

Joseph & Susan Badgeley Peter & Alicia Badger Michael Bailey & Sharon

Rehbaum Susan Baker Dave & Sylvia Balla

Margaret Banocy-Payne

Beverly Barber Edith Barefoot &

Melody VanValkenburg

Rosanne Barker Lynda Barnum Rini Bartlett Colleen Barton

Joseph Basehart & Barbara Makant Kenn Bass & Annette Pearce Grady & Gail Bass Eric & Carrie Bassett **Thomas Bassett** Jeff & Joyce Bastian Michael & Robin Bateman MaryAnn Baughman Milton Bauguess Ellen Baxter Tiffany Baylor Noreen Beattie Catherine Beaty Susan Beauchesne Constance Becker Nancy Bedford Carol Belancsik Edward & Virginia Bell Nancy Bell Randy Bellows Wade & Evette Bennett Lori Bennett David & Judith Berrien Jane Berry Peggy Beverett David & Bette Beverly David & Joann Bikus William & Joan Bilbow Carrie Andrea Billings Barbara Blackwell Tamara Blenkhorn Barbara Block Steven & Judith Blumsack Renita Booker Joseph & Amanda Boor **Catherine Boueres** Shirley Bouie Rhona Bowen Tommy & Dana Bowermeister Pamela Bowles Mary Bown Lisa Boyd Toki Boyd Robert Branciforte Hillman & Linda Brannon Ann-Marie Brattain Mary Braunagel Tammy Brennan Patricia Brewer Cathy Briggs Jane Brightbill Thomas & Linda Brinkley Patricia Brinkman Laura Brock

Sharon Brock James Brogdon Jacquelyn Brooks Phyllis Brooks Al & Marsha Brown Ben & Carolyn Brown George & Beverly Brown Marsha & Al Brown Linda Brown Lucille Brown Mary Brown Patricia L. Brown Patricia W. Brown Teresea Brown Kevin & Lauren Brumfield Steven & Mary Bryan Dana Bryan Paul & Mary Ann Bryant Nancy Buck Carmella Bugbee Frances Buie Arthur & Joe Ann Burgess Emily Burke Janet Burkholder Anna Burnley Yvonne Burton Vickie Cadwallader Olga Calderon Jan Campbell Rebecca Campbell Susan Campbell Doris Cannella Michele Capeletti Mercedes Carey Cliff & Connie Carpenter Madeleine Carr Donald Carrigan Miriam Carso-Vincent Greta Case David & Diane Chapman Xiao-Yan Chen Dennis & Thalia Chevillot Vickie Childers Gessie Choice Ranelle Christle Jodye Clark Margaret Clark Stephen Clark Allan & Colette Clarke Vivian Clarke Kav Cleary Teri Ann Cleeland Mae Cleveland Sonya Cloninger Daisy Close William Clutter

Christine Coble

Thomas & Margaret Coburn Alberto & Maria Cola David & Nelda Colbert Anne Collins Channie Collins Joyce Collins Louise Collins Jesse & Gloria Colvin William Combs Karen Comes Allen & Irene Compton Ed & Mechele Conklin Barbara Cook Haven Cook Laura Cook Lorraine Coonrod John & Paula Cooper Steve & Heidi Copeland Alexandra Copeland Mary Cordero Kathleen Core Douglas & Lisa Covert Daniel & Martha Crabb Kelly Craft Edgar & Joan Craigg Jon & Carla Cramer Gary & Linda Crew Dennis & Dale Croft Dianne Croley Jim & Theresa Croteau Darryl Crowder & Lisa Shuman Richard Crowell & Jan Schwab Barbara Crum Patricia Culbertson Michael Cunningham & Catherine May Larry & Mary Cunningham Karen Dalton Janice Daly & Margaret Robinson Alfred D'Antonio & Nancy Mckee Linda Davey James & Wendy Davis Nancy Daws Elizabeth Dayton Thelma J. Deal John Teresa Dean Frank Deasy & Susan Snyder Sandra Johnson Deese Michael & Deana Deiler Margaret Delaney Kay Demakowski

Dominic DeMartino, Jr. & Marynell Dales Beverlee DeMello Nancy Dennis Virginia Densmore Linda Derwick Beth Desloge Wayne & Jeanine DeWeil Raymond & Evie Diaz David & Cynthia Dickel Susan Dickinson John DiMino & Nancy Hough Paul & Elizabeth Dirks Carolyn Dixon Gwendolyn Dixon Rock & Suzanne Doddridge Charles Dodson & Samantha Boge Michael & Linda Dodson James Dolan, Jr. Charles & Mary Donahue Henry Donaldson Alicia Donoso Darlene Dranzik Elaine Dranzik Kathy Driver Benedict D'Souza Alberta Duffee Judi Duffy Sylvia Dupont Rachel Durland Joyce Dwyer Craig & Suzanne Dyer Opal Dyer Diane Eakin Judith Earl Edna Edens Ashley Edwards & Kim Hinckley Mary Joyce Eibeck Daryl & Linda Ellison Sharon Elsasser Rae Emener Dan & M. June Enfinger C. Jonah Eng & S. Ruth Wong Deanna Epley Michael Erickson & Maria Cabrero Helen Ervin Barry & Mary Estes Tonja Estes Deirdre Etienne Adeline Evans Clifford & Linda Fairbanks Karin Faison

JoEllen Falany
Elsie Falco
John Falls, Jr.
Billy Farran
John Felton
Martha Fenner

David & Rosemary Ferguson
Bruce & Kathy Ferris
Mark & Anita Fertig
Robert Feuerstein
John Fiedler
Niki Fiedler
Barbara Fincher
Barbara Finer
Margaret Fitch
Jane Fleitman

Beverly Fogarty-Pagel Janice Foley

Cameron Forfar
Roy Forman
Susanne Fortune
Virginia Foster
Carol Franchi
Jennifer Freeman
Virginia Freeman
Gwynne Fulkman
Dale Fuller

Carol Fulmer
Dixie Furlong
Ann H. Furlow
Ann Gaber
Loretta Galeener
Gerri Gapinski
Jim & Brenda Garth

Echo Gates
Michaela Gates
Nancy Gentry
Kathie George &
Linda Riddle
Rose Giansanti
Edith Gibbs
Charlie Giblon
Cynthia Gibson
Bruce & Maria Luisa

Gillander

Benjamin & Patricia

Gilleland

Truman & Reita Gillette

Norman Gilley Susan Gilson Ben Girtman Hana Gizaw Sherry Glass Karen Glendenning Patricia Glennon

Beverly Glover

Sharon Glover

Falany Kathleen Goldfarb llco Zoe Golloway

James & Karen Goodlett Angie Goodman Gilda Goodman Chrys Goodwyne

Charles & Diane Gordon Peter & Lauri Goren David & Lori Gormin

Mary Granger

Gary & Katherine Gray

Linda M. Gray
James Green
Jeffrey Gregg &
Janet Nelson
Bernadette Grieb
William Griffin
Julie Griffith
Lisa Grosholz
Mary Gruning
Angela Gurr

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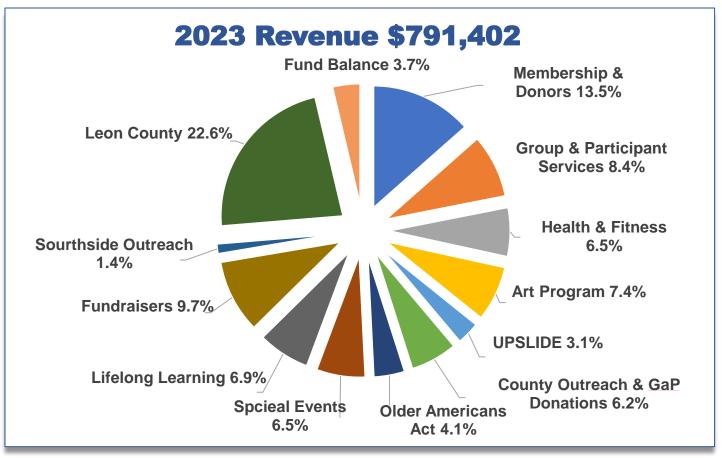
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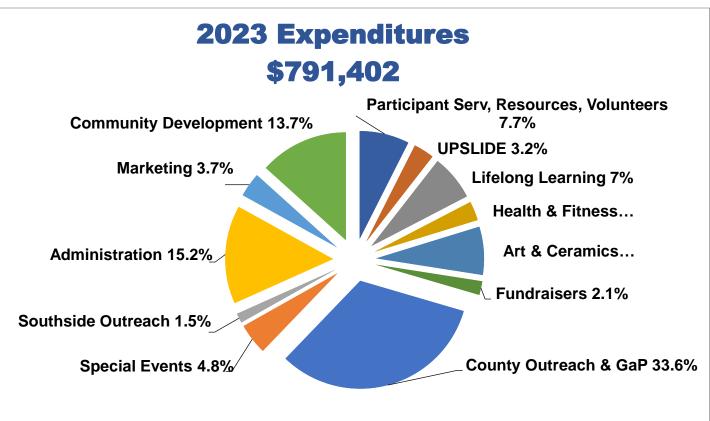
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TSC & Foundation Staff

The Tallahassee Senior Center Staff values each individual participant, volunteer, and each other. We are dedicated to creating a warm, inviting environment where everyone feels welcome and can succeed.

This highly skilled and creative group of professionals are passionate about their programs and thrive on supporting one another and excelling in teamwork. The vision of continuous improvement and excellence is embedded in the TSC & Foundation functioning as a unit. The staff is always willing to grow and explore new ventures, and participants often propose new programs for consideration, often resulting in additional activities.

The TSC and Foundation staff looks forward to continued expansion with the development of a second senior center to be built over the next two years. Stay tuned for that exciting news. We hope to see you often at the Tallahassee Senior Center or one of our neighborhood locations.

Sheila Salyer, Manager, Senior Services/Executive Director, TSCF Lisa Baggett, Leon County Senior Outreach Coordinator Wendy Barber, Southside Outreach Coordinator, CDBG Mike Body, Program Supervisor Karen Boebinger, GaP & Assistant LCSO Program Coordinator, TSCF Neil Brown, Fiscal Coordinator, TSCF Kristy Carter, Assistant Supervisor, Programs Nicolette Castagna, UPSLIDE Counselor Karin Caster, Development & Communications Coordinator, TSCF Lisa Dollar Covert, Assistant Director, TSC Foundation Marynell Dales, Fiscal Assistant, TSCF Daniel Elias, Facility Services Maureen Haberfeld, Lifelong Learning Coordinator, TSCF Karen Hill, Participant Services Assistant, CDBG Melanie Lachman, UPSLIDE Coordinator Shelly Lee, Volunteer Coordinator, CDBG Donna Lever, Membership & Donor Relations, TSCF Emily McNeill, Special Projects Assistant, TSCF Heath Hilary McRae, Art Program Coordinator, TSCF Pamela MacManus, Administrative Assistant, TSCF Jennifer Naff, Partnership & Engagement Specialist, TSCF Ruth Nickens, Health & Wellness Coordinator, R.N. Arthur Rhynes, Facility Services Nick Schrader, Assistant Supervisor, Resources and Participant Services Judy Shipman, UPSLIDE Assistant Coordinator, TSCF

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Tallahassee Senior Center & Foundation 1400 N Monroe Street, Tallahassee, FL 32303 850-891-4000

In addition to our main location, senior programming is held at Community Centers and other locations throughout Leon County

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Jack McLean
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Miccosukee
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