

TALLAHASSEE SENIOR CENTER & FOUNDATION

“Soaring to New Heights”



ANNUAL REPORT

2024 Highlights



Path to Takeoff: From a Mile Marker to Runway to Lift Off

Every journey begins with anticipation of finding amazing treasures. Because we journey with friends and family, making great memories together and strengthening relationships becomes a second purpose. When I began my journey as the fourth director of the Tallahassee Senior Center, I could never have imagined the treasures and friendships I would find along the way.

This culture of connection is also what so many participants, volunteers, and staff find at the TSC. From simple beginnings on a narrow street in Ashland, Kentucky, near both sets of grandparents, little did I know that my path would lead to a vision for optimizing aging here in Tallahassee.

In 1996, not knowing what was ahead for Tallahassee Senior Services, I wrote: “I see our mission as helping all seniors live a full-quality, healthy life through the entire aging process. Research proves that people who maintain positive social outlets, volunteer often, and exercise regularly generally experience healthier older years than those who don’t participate in activities outside their home.”

Today, as I look back at the past 28+ years, I think the TSC is accomplishing that mission. The TSC has grown in many ways: more partners, more programs, more locations. All of these have launched more opportunities for more seniors.

First, more partners have joined us in fulfilling our mission. With the City of Tallahassee’s unwavering support and commitment, Tallahassee’s vibrant aging network collaborates to serve seniors throughout the aging process: the Area Agency on Aging, Capital Health Plan, Leon County Commissioners, our universities, our hospitals, aging service providers, senior living communities, hearing and eye specialists, elder law attorneys, banks, and more. Together, we have added more ways to help people navigate the changes that come with aging or caring for a loved one who is aging.

Second, more donors and Members have helped expand programs and opportunities for older adults to connect to each other, increase fitness, continue learning, be creative, and explore new experiences. It is these donors and faithful business partners who enable Team Senior Center to continue to “Soar to New Heights” as we transition to a new director and prepare to almost double program space.

Third, our staff has grown from eight employees to 29 people, thanks to the combined support of the City’s commitment to seniors and the success of the TSC Foundation to grow programs. Your generous support enables more resources to be invested to offer more activities and services.

Now, we are seeing a dream come true as the City of Tallahassee broke ground in 2024 on one of its signature capital projects—a second Senior Center. More space and more parking add up to more opportunities for all people to live a full-quality, healthy life through the entire aging process. In 2024, one word seems to summarize the status of Senior Services: MORE.

While it’s hard to put into a few words all that we have accomplished together during these past 28+ years, I am grateful to all the staff, partners, seniors and friends along the way. I am truly grateful to the City for the value it places on senior adults. I am confident that Senior Services is ready for the next growth spurt and look forward to participating in more opportunities for active aging.

In appreciation,



COVER PHOTO:

We were thrilled to break ground on our second Senior Center on May 1, 2024!

This additional facility, located on Welaunee Blvd., will allow us to expand programs for the rapidly growing population of active seniors. We look forward to Soaring to New Heights!

TALLAHASSEE SENIOR CENTER & FOUNDATION 2024

Making a difference in people's lives



The Tallahassee Senior Center (TSC) provides essential social connections and a variety of physical and mental activities to help keep active older adults engaged and healthy.

Together, the TSC and Foundation provide a holistic array of programs and services to a large percent of the 50+ population in Tallahassee-Leon County with the following goals: to increase socialization, improve and maintain physical and mental health, provide information and education, lifelong learning, resource assistance and other support systems to help participants achieve and maintain optimal health. The programs and services are categorized as follows: health and wellness, fitness, art, lifelong learning, recreation, crafts, arts, music and dance, cards and games, events, fundraisers, outreach, and services.

TALLAHASSEE SENIOR SERVICES MISSION

The mission of Tallahassee Senior Services is to offer programs, activities, and opportunities designed to encourage active living, optimal aging, and social fitness for independent adults age 50+. Tallahassee Senior Services is a division of the City of Tallahassee's Parks, Recreation and Neighborhood Affairs Department. A 15-member Advisory Council, appointed by the Mayor, represents seniors' interests and needs in Tallahassee. TSS is staffed and maintained by support from the City general revenue fund.

TALLAHASSEE SENIOR CITIZENS FOUNDATION (TSCF) PURPOSE

Established in 1980, TSCF is an independent, private non-profit organization that exists for the sole purpose of generating funding to support programs, services and participants of Tallahassee Senior Services. The Foundation, administered by a 15-member Board of Directors, is composed of members elected by the current board. Individual and organizational membership in TSCF is open to all interested persons. Visit www.TallahasseeSeniorFoundation.org for more information on events, membership, and benefits.

Foundation Board of Directors

Kaila Hardee, President
Meko Rice, Vice-President
Ajay Chadha, Treasurer
Edna Owens, Secretary
Sheila Salyer, Executive Director
Nina Davis
Clay Dodson
Emily Ely
Matt Hale
Scott Harrell
Debie Leonard
Tom Reimers
Linda Roberts
Alissa Rudloe
Carol Thompson-Riley
Ursula Weiss

Senior Services Advisory Council

Tom Friedman, Chairperson
Qiuehang "Katy" Cao
Janice "Jan" Daly
Jim Ely
Robert Feuerstein
Judy Fongheiser
Lucy Lee
Lester Lockett
Catherine Mingledorff, Secretary
Lennon Moore
Amy Mullins
John Schmidt
Bonita Stephens
Angel Trejo
Lossie Vaughn

The information in this Annual Report is intended to highlight Tallahassee Senior Center & Foundation programming.

Communications & Media



Websites:
www.tallahasseeSeniorFoundation.org
www.talgov.com
Weekly Email - Constant Contact
5,800+ Subscribers – 52% open rate
Facebook – 6,700+ Followers
Instagram – 1,300+ Followers
Marquee – 30,000+ cars a day
Press Releases, Postcards, Flyers
City of Tallahassee Communications
WCOT City Cable Channel
Southside bi-monthly email newsletter
Billboards by Prime Meridian Bank

Senior Resources

Connection to Services

Information, Referral & Services 2024

- 5783 In-Person Info & Referral
- 814 Counseling sessions
- 734 AARP Tax Aide returns
- 440 Farmer's Market vouchers

- SHINE Insurance Counseling w/ Advantage Aging Solutions
- Lunch Bunch w/ Elder Care Services
- Financial Counseling w/ Halsell Financial Solutions
- Seniors vs. Crime w/ Florida Attorney General's Office

48 Unique Resource Cards 1,660 Total Downloads from Website
Accessible 24/7 at TallahasseeSeniorFoundation.org/Resources

Facility Projects & Repairs

In addition to the upkeep of the building, projects this past year included:
Enhanced safety features; Three new doors;
HVAC upgrades; Electrical repairs;
Renovations in Fiscal Office



Volunteers

**250 volunteers invested 14,586 hours
for a value of \$416,254.**

Volunteers Years of Service Honorees

25 Years

Susan Freeman
Michael Spellman

20 Years

Scott Harrell
James Hinson
Elizabeth Penrod
Phillip Welsh

15 Years

Thomas Bassett
Mary Johnson
Edna Owens

10 Years

Frances Buie
Anne Contos
Jim Davis
Sharon Elsasser
Greg Haberfeld
Joseph Haberfeld
Thomas Hart
Kathy H. Lee
Regine Maligne Lynch
Gloria Sanchez
Carol Wartenberg

5 Years

John Boyle
Lolita Brawner
Michael Caster
Dominic DeMartino, Jr.
Allison Edwards
William Eichhoefer
Brenda Francis
Jo Ann Gooding
Kaila Hardee
Genice Harris
Virginia Horak
Laurie Koburger
Charles Kummer
Magda Naiman-Hardin
Deborah Rios
Don Ruane
Fred Williams



**Annual Volunteer Appreciation and
Years of Service Recognition Luncheon**
October 17, 2024

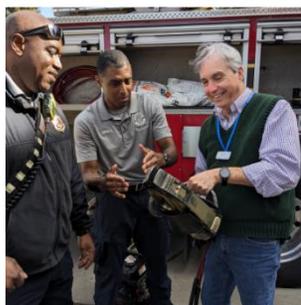


Volunteer Appreciation
With Redemptive Love Farm
April 8, 2024

TALL – Tallahassee Active Lifelong Leaders

TALL is a community leadership program for people age 50+, in partnership with Tallahassee Chamber’s “Leadership Tallahassee” Program. TALL offers an opportunity to get an up-close look at many different facets of our community. Through on-site visits and interaction with area leaders, class members gain valuable insights into how a community functions and the many challenges involved.

In 2024, the Tallahassee Active Lifelong Leaders program made its highly anticipated return, welcoming 11 participants as part of Class 13.



Art

A vibrant art community thrives within the Tallahassee Senior Center. As you stroll through the auditorium, dining room, and hallways you'll discover rotating art exhibitions featuring works from TSC for the Arts participants, instructors, and invited community artists. Ongoing Studio Art Classes and Workshops in painting, drawing, clay sculpture, fiber arts, and mixed media cater to all skill levels, from beginners to professionals.

654 Students 6,518 Units

(17% and 14% Increases)

9 On-going In-person Classes

47 In-person Workshops
in 4 Locations

9 Studio

1 Virtual Class

2 Plein Air Classes

6 Online Galleries

5 In-person Art Receptions



Exhibits & Receptions:

Auditorium

- 2023 Senior Artist Showcase
- Four Artists, Four Perspectives
- Mastering the Arts
- By Land and By Sea Art
- 2024 Insiders Showcase

Dining Gallery

- Portrait Showcase
- Pantone Color of the Year
- By Land and By Sea Photography
- Still Life Showcase
- TSC ARTS presents: Its Golden at TSC

Artwork Showcased Off Site

- Tallahassee National Cemetery
- North Florida Fair Fine Arts Exhibit
- NE Library Bradfordville

Art Council

Brenda Francis – *Oil Painting with Eluster and Plein Air with Debbie (President)*

Allison C. Edwards – *Watercolor 104 (Secretary)*

Joyce Bastian – *Watercolor 103, 104 and Experimental Watercolor AM*

Judy Fongheiser – *Oil and Acrylic with Debbie and Plein Air with Debbie*

Terry Hawkins – *Oil Painting Advanced with Eluster and Plein Air with Debbie*

Joyce Raichelson – *Mark Fletcher Draw and Paint Class (Zoom) and Sumi-e*

Recreational Programs



Ping Pong



Pickleball



Cards & Games



Mahjong

Groups & Organizations



Stamp & Coin



Woodcarvers

Activity	People	Units
Cards & Games	247	2981
Crafts & Ceramics	145	2133
Music & Dance	1084	5519
Recreational Sports	555	7162
Technology Help	130	516
Additional Activities	172	594
TOTAL		18,905

Dance



A variety of dance opportunities are hosted at the Senior Center:

Adult Ballet • Capital Twirlers, Regional Dance Jamboree • Round Dance • Line Dance

USA Dance Symposium • 10 regular USA Dances

Contra Dances with a Live Band • Ballroom and Swing Lessons Friday evenings

Ice Cream Social

July 15, 2024



Coffeehouse Concerts

7 Coffeehouse Concerts



More Music Performances



Capital Chordsmen



TCC Community Band



Senior Singers

MINI EXPOS

Advantages of Funeral Planning

Lunch & Learn

presented by Bevis Funeral Home
May 22 11am - 12:30 pm
The Tallahassee Senior Center

Registration required: bit.ly/FuneralPlanningLunch



EMPOWERING YOUR CHOICES AGING IN PLACE EXPO

Options for downsizing or remaining in your home and community as you age

MONDAY, AUGUST 26, 2024
10:30 AM - 1:30 PM
Tallahassee Senior Center Auditorium

Keynote Speaker:

Rev. Candace McKibben

Downsizing: Difficulties and Delights

Guest Speakers:

Hella Spellman, Hella Home Solutions

Aging in Place and Downsizing

Chris Turner, AARP Home Fit



Tallahassee Senior Center - 1400 N Monroe St., Tallahassee, FL - 850-891-4000

FSU HEALTH EXPO

Bridging Health, Technology & Research



WED., SEPT. 11, 2024
2:00 - 6:00 PM

Tallahassee Senior Center 1400 N. Monroe St., Tallahassee 850-891-4000



Lifelong Learning

A variety of interesting classes are offered throughout the year for adults who enjoy the fun and excitement of learning new things. We offer classes in diverse areas such as history, science, nature, music, current events and places of interest in the Big Bend region. Discover something new and learn for the love of it!



Classes	Participants	Units
63	1,133	4,527

Classes	Participants	Units
54	749	1,497



Languages & Other Classes

French Classes • French Study Group • Spanish Class • German-Intermediate
Technology Assistance • Writers Workshop • Poetry for the Love of It

FOOT

Fitness & Outdoor Opportunities Together

Monthly Hiking (3rd Wednesday) • Kayaking • Biking

235 Participants 355 Units 12 Different Activities



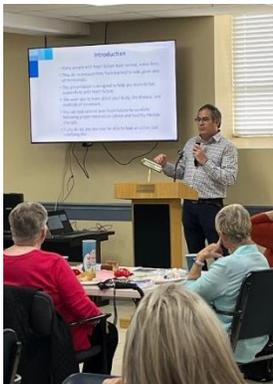
Senior Summer Camp

Overnight at the FSU Marine Lab
Hike and Cookout
Evening Bonfire and music
IMAX Space Mission
St. Marks Hike



Health & Wellness

City & Foundation Funded
1,639 units for 684 participants
 50 Educational Presentations
 9 Lunch 'n Learns with Doctors
 2 Major Expos:
 (FOOT Padding & FSU Research)
 5 Special Workshops
 40+ Health Screenings
 2 Evidence-based Programs
 60 Community Partners
 5-option Immunization
 Event with Walgreens



Fitness Classes

For the Brain and Body



20 Classes
9 Locations
 Participation Units:
26,353
8.6% Increase
 Fitness Participants:
1,182
13.8% Increase

Fitness Classes
 Brain Body Balance
 LIFE Exercise
 Mindful Movement
 Senior Fitness
 Sit & Fit
 Tai Chi
 Yoga
 Hiking
**All Fitness classes taught by
 Certified Senior Fitness Instructors**

Capital City Senior Games

REGISTER NOW!

15th ANNUAL

50+



CAPITAL CITY Senior Games

TALLAHASSEE, FLORIDA

FEBRUARY 28 - MARCH 19, 2024

TALGOV.COM/SENIOR_GAMES



SCAN FOR MORE INFO & TO REGISTER

- ARCHERY
- BAG TOSS
- BASKETBALL
- BILLIARDS
- BOCCIE
- BOWLING
- CYCLING
- DISC GOLF
- FUN WALK
- GOLF
- HORSESHOES
- MOUNTAIN BIKING
- PICKLEBALL
- POWERLIFTING
- RAQUETBALL
- SWIMMING
- TABLE TENNIS
- TENNIS
- TRACK & FIELD
- WATER AEROBICS



702 Athletes
Ages 50-98
19 Sports
16 Venues
1,600 Events

Athletes traveled from
11 Different States



Southside Outreach Program

- Quarterly Lunch & Learn Events
- CarFit
- Breast Cancer Awareness
- Healthy for Life Classes
- Monthly Wellness Circles at 2 Locations
- Art, Recreational & Occupational Therapy
- Bi-weekly Brain Body Balance Classes

108 Participants

Locations:

Jake Gaither
Jack McLean
Optimist Park
B.L. Perry, Jr. Library

Funded by:

TSC Foundation
City CDBG
County CHSP
Sponsors
Donors





Utilizing and Promoting Social Engagement for Loneliness, Isolation & Depression in the Elderly

UPSLIDE experienced a 9% increase in participation this fiscal year, with Friends Connection meetings being more popular than ever. A Mental Wellness Group was offered for the first time, helping participants to better understand and manage their mental health. In a special partnership with FSU's Anxiety and Behavioral Health Clinic, 3 special sessions for combatting and treating anxiety were conducted, helping to remove barriers to becoming more socially active.

107 Participants

484 Counseling Sessions

171 Friends Connection Sessions:
In person & Virtual

16 Special Programs: In person,
Virtual, & Field Trips

27 Community & Professional
Presentations

3 Art Therapy Groups



Locations

Tallahassee Senior Center
Lincoln Neighborhood Center
B.L. Perry, Jr. Library
Virtual

Funded by:

TSC Foundation
City of Tallahassee
Business Sponsors
Individual Donors
Grants



Leon County Senior Outreach

A program of the TSC Foundation, funded by Leon County Commissioners, Older Americans Act, business sponsors, and participant donations.

Monthly Lunch & Learns offer socialization, encourage aging in place, and help seniors remain mentally engaged. Lunch & Learn participation increased by 25% over the previous fiscal year.

Twenty-four fitness classes in all six communities were offered each week, which included cardio, weight training, stretching, yoga, and balance exercises. Fitness participation increased by 21.5% over the previous year.



- **Monthly Lunch & Learns**
- **Guest Speakers**
- **Lifelong Learning**
- **Community Resources & Information**
- **Business Sponsor Exhibitors**
- **Fitness Classes**
- **Cards & Games**
- **Field Trips**

<u>6 Locations</u>	<u>Participants</u>
Bradfordville	261
Chaires	175
Ft. Braden	126
Lake Jackson	295
Miccosukee	104
Woodville	124
TOTAL	1,006

- Leon County Senior Outreach Advisory Council**
- Alma Allison, *Woodville*
 - Michael Blain, *At Large*
 - Lynda Dickens, *Chaires*
 - Jodi Gooding, *At Large*
 - Mary R. Johnson, *Woodville*
 - Gracie Leland, *Miccosukee*
 - Betty R. Mason, *Lake Jackson*
 - Gary Mason, *Lake Jackson*
 - Tom Reimers, *TSCF Board Member*
 - Nancy Wenhold, *Bradfordville*
 - Fred Williams, *At Large*

GaP – Grandparents as Parents

The **Grandparents as Parents (GaP)** program serves grandparents and other relative caregivers who have custodial responsibilities for raising another family member's child or children. Activities are available to all City-County residents. The GaP program brings social support, education and resource information to seniors thrust unexpectedly into the parenting role again.

GaP Lunch Meetings occur monthly at the Leroy Collins Library. Participants enjoy lunch, an educational presentation, community resource exhibitors, and access to legal services and health screenings. The Circle of Parents Support Group meets biweekly via Zoom. In addition to these ongoing activities, GaP offers family picnics, field trips, and special events.



**71 GaP Families
with 151 Children**

Funding & Resource Partners:

Leon County Commissioners
City of Tallahassee
Older Americans Act
Individual Donations

GaP Advisory Council

Gabrielle Aboki, *Early Learning Coalition*
Alexis Acebo, *Leon County Library*
Erika Cuffy, *FSU College of Social Work*
Morgan Evers, *At-Large Community Member*
Henni Hamby, *Tallahassee Police Dept.*
Kelly McGrath, *Kelly McGrath Law*
Diane Raker Owens, *United Healthcare*
Nettie Walker-Palmore, *Grandparent*
Claire Smith, *Grandparent*
Shauna Smith, *Grandparent*
Ivy Nixon Ward, *Elder Care Services*



Silver Stars

Silver Stars is the region's premiere event recognizing individuals who have made a positive impact in the community since turning age 60.

Honorees serve and represent active living in diverse ways, while demonstrating a servant's heart.

2024 Honorees

**Althemese Pemberton Barnes
Rocky Bevis
Dr. Marie E. Cowart
Dr. Mike Francis
Virginia Glass
Reverend Dr. RB Holmes, Jr.
Jack Peebles
Gloria J. Sanchez**



Deck the Halls

Our Signature Annual Fundraiser

This festive gathering is the Tallahassee Senior Center Foundation's premier fundraiser, supporting services and programs for active adults. The evening features live music, catered food, martini bars, silent auction.

Deck the Halls Raised \$54,714 in 2024



Ways to Give to the TSC Foundation

Donations may be made to the TSC Foundation, a 501c3 non-profit organization, to support life-enriching opportunities for thousands of active adults in Tallahassee & Leon County. Contributions to the Tallahassee Senior Foundation make our programs possible.

Membership & Key Holders Members enjoy exclusive benefits. Contributions help pay for programs and enhance services.

Donations Donations are acceptable in any form (cash, check, or credit card) and in any amount.

Become a GEM - Give Every Month Automatic Payments are an easy way to spread out payments or increase your support, monthly or annually, from a checking account or credit card.

Special Occasion Gifts Donations in honor of birthdays, retirement, and other occasions.

Facebook Fundraiser A popular option for birthdays or other special occasions, allowing your friends to easily make a donation on your behalf.

Galaxy Stars In Honor or in Memory of special people or pets with personalized message.

Memorial Gifts A thoughtful way to remember a loved one who has passed away, in lieu of flowers.

End of Year Giving Many individuals make contributions at the end of the year to show gratitude and support for non-profit organizations. Charitable donations may also provide tax benefits.

IRA Required Minimum Distribution – Qualified Charitable Distribution Making a Qualified Charitable Distribution (QCD) from your IRA by the IRA trustee to a charitable organization, counts toward your minimum distribution requirement for the year and is nontaxable.

Legacy & Planned Gifts Options may include: • Bequest by Will • Gift of Appreciated Stock • Charitable Lead Trust • Charitable Remainder Trust • Gift of Life Insurance

Endowment We have partnered with the Community Foundation of North Florida to professionally invest and administer our endowment to assure that programs and services will continue to be available to seniors in the future. Goal is \$1 million by 2028.

Legacy & Planned Gifts

Investments by the TSC Foundation

- ♦ Community Foundation Endowment Fund – currently \$ 434,493
- ♦ Digital Marquee on Monroe Street
- ♦ New Dining Room Tables & Chairs
- ♦ Auditorium Art Lighting
- ♦ L3X Sustainability Funds
- ♦ Website & Special Events Start-ups
- ♦ Tallahassee Senior Center & Old Armory History Exhibit

Legacy Gift Wish List

- ♦ Enhancements for New Senior Center - \$500,000
- ♦ Endowed Program Positions - \$500,000 each: Lifelong Learning, Art Program, UPSLIDE, FOOT Outdoor Adventures
- ♦ Enhanced Art Program & Receptions - \$10,000 annually
- ♦ Additional Health & Wellness Special Programs - \$15,000 annually
- ♦ UPSLIDE Program Funds - \$25,000 annually
- ♦ Replacement Furniture for Common Areas & Lobbies - \$7,500
- ♦ Additional Member Benefits

Members & Key Holders October 2023 – September 2024

DIAMOND (\$5,000+)

Cheryl Gibbons
Lisa Meyer
Thomas & Marjorie Norman
Sheila Salyer
Phillip Welsh

PLATNIUM (\$2,500+)

Marilyn Coe &
Donna McBride
Marie Cowart
Tom & Sandy DeLopez
Thomas & Marcia Friedman
James Hennessey &
Kathryn Gibson
Emily Millett
Linda Roberts
Ken Winker
Foy Winsor

RUBY (\$1,500+)

William Fontaine &
Bill Wertman
Stephen Mayberry
Cheryl Munsell

GOLD (\$1,000+)

Carol Boebinger
Nicholas & Ann Contos
Donie Henderson
Charles Kummer
Deborah Leonard
Christiana Moore
Dr. John & Linda Williams

SILVER (500+)

Ken & Carol Allman
Allan & Marsha Brown
Clean Eat
E. Ann Cleare
Jim & Wendy Davis
Nina Davis
Mike Francis
Jo Ann Gooding
Jane Greene
John & Susan Hale
Bradley & Anna Marie
Hartman
John Hedrick &
Shirley Zahn
Thomas & Deborah Holt
Barbara Knight
Roy & Rosetta Land
David & Pamela MacManus

Elda Martinko
James & Elaine
McConnaughay
Jim & Jennifer Naff
Charles Nam
Edna Owens
Camille Park
Washington & Gloria
Sanchez
Jill Sandler
Genevieve Scott
Kathryn Scott
Dot Skofronick
Lori & Mike Swanson
Charles & June Townsend
Yvonne Weems

BRONZE (250+)

Hector & Barbara Aguirre
Mary Bachman
Harold & Wendy Barber
Chet & Donna Barclay
Eddie Belk
Steven & Judith Blumsack
Marcia Buchanan
Laura Bush
Vicki Combs & Denise Hill
Beverly Connors
Daniel & Jean Conrad
Bruno Contreras
Marylyn Crank
Sara Crayton
Janice Daly &
Margaret Ann Robinson
Larry & Jo Deeb
Charlene DeMarco
Charles & Judy Ehrhardt
JoAnn Fletcher
Ana Garcia-Quevedo
Joe & Maureen Haberfeld
Gordon & Aurora Hansen
Kaila Hardee
Tonya Harris
Myron & Judith Hayden
Henry Holshouser
Virginia Horak
Jean Itzin
Timothy & Michelle Lee
James & Donna Lever
Jeffrey Mandel
Susan McConnell
Ermine Owenby
Edna Owens
Gloria Palacio

Philip Potter
Thomas & Sammie
Reimers
Susan Robinson
Frank & Marcella
Rozwadowski
Joann Sapolsky
Siroos & Paula
Tamaddoni-Jahromi
Mac Tipton &
Diane Wunderlich
Dee & Angel Trejo
Robert Wagner
Sandra Warren
Deborah Whisnant
Beth White
Mary J. Winterle
Carol Zensen

FRIEND (\$120+)

Elaine Agvent
Carol Allen
Rick & Jovita Ashton
Amy Atchison
Glenn & Mary Berman
Greg & Karen Boebinger
Mary Bown
Barbara Brandt
Tammy Brennan
Neil & Cindy Brown
Robert & Sara Brunger
Dana C. Bryan &
Gwendolyn Waldorf
Robert & Carmella Bugbee
Monticello Campbell
Russ & Angela Campbell
Mercedes Carey
Diane Carr
John & Kristy Carter
Susan Cason
Phyllis Causseaux
Neil & Beth Charness
Jennifer Clinard
Jim Cobbe
Barbara Cohenour
Louise Collins
Sally Combs
Charles & Paula Cook
Jeannette Cox
Larry & Mary Cunningham
Susan P. Davis
Richard Dusenbury &
Kathi Jaschke
Cassandra Ervin

Bonnie Everton
Connie Falcone
Grayal Earle Farr
Francine Ffolkes
William Fisch
Edward & Judy Fongheiser
Roy Forman
Carol Franchi
Charles & Brenda Francis
John & Nancy Fruin
Samantha Fulton
Ben & Laura Girtman
Marguerite Glasgow
Tobi Goodman
Owen & Chrys Goodwyne
Brenda Gordon
Bruno Guerrieri
Gerry Hammond
Joe Ann Hansford
Margaret Harter
Dan Hendrickson &
Susan Caplowe
Clayton Henry &
Judith Depew
Shirley Herrell
Michael & Kathleen Higgs
Steve & Lisa Hourigan
Claude & Susan Ivey
David & Sandi Jacobsen
Emily Jamieson
Rauha Jessup
Bill & Caroline Jones
Katherine Kamiya
William & Mary Lee Kelly
Joe Kershaw &
Deana Lee Ponso
Dennis King
Karen Kirner
Frances Kochan
Polly Krause
Kay Kuhne & Amy Ting
Jennifer Kyer
Patricia Lanfear
Ronald & Linda Lee
Lucy Lee
Janet Lenz
Joanna Love
David & Paula MacGillis
Mary Ann Mathers
Jo Messer
Rose Mintern
Deborah Moerlins
Lennon Moore

Steve Neale &
 Leslie Puckett
 Joanna Novey
 Jarrett & Sharon Oeltjen
 Josephine Owens
 William Phelan
 Elizabeth Pollock
 William & Alice Pomidor
 Glen Pourciau &
 Linda Lane
 David Powell &
 Victoria Weber
 Wynette Power
 Roberta Prine
 Nikki Pritchett
 Alton & Louise Royal
 John Schmidt
 Diann Schultz
 Jane Scott
 Lewis & Gita Scruggs
 Elizabeth Serow
 Judith Shipman
 Willie Sinclair
 George & Elsie Smith
 Shauna Smith
 Michael & Hella Spellman
 Carma Spencer
 Terry & Alana Steaple
 Mark Stevens &
 Shawn Tonner
 John Stiles
 Elaine Swafford
 Thomas & Lucinda Thomas
 Susan Thomson
 T. Neal & Donna Trafford
 Scott & LaDonna Wagers
 Gordon Waldo
 Kelvin & Patricia Wallace
 Jay & Susan F. Walton
 Linda Ward
 Barry & Tiffanie Webster
 Elizabeth White
 Jim White &
 Elizabeth Jackson
 Linda D. White
 Eliot Wigginton
 Fred & Charlene Williams
 Judy Winn
 Jerry & Janice Wise
 David Wolfe & Beth Gross
 Gale Workman, Ph.D.
 Fotena Zirps

**INDIVIDUALS &
 COUPLES**

Ramona Abernathy-Paine
 Brenda Abstein
 Trudy Adams
 Ann Albritton
 Cynthia Hunt & Doug Alderson

Carol Allen
 Michael & Francine Alsentzer
 Jerome Altman &
 Ellen Berkowitz
 Linda Amankwaa
 Sally Andersen
 Marilyn Andrews
 Christopher & Theresa
 Antworth
 Elzelina Apar
 Robert & Dorinda Apgar
 Richard & Gayle Arbes
 Bonnie Armstrong
 Michael Bailey &
 Catherine Harrison
 Michael Bailey &
 Sharon Rehbaum
 Tony & Teresa Bajoczky
 Dave & Sylvia Balla
 Gloria Barber
 Rosanne Barker
 Nancy Barnett
 Lynda Barnum
 Charles & Christine Barrilleaux
 Colleen Barton
 Joseph Baseheart &
 Barbara Makant
 Eric & Carrie Bassett
 Jeff & Joyce Bastian
 Fred & Meg Bates
 Andrea Battern
 MaryAnn Baughman
 Noreen Beattie
 Catherine Beaty
 Emily Beck
 Constance Becker
 Carol Belancsik
 Susan Belford
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Businesses and Organizations support Senior Center events and help make our programs possible.

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For sponsorship information, contact Mary Hodges, Business Partner Specialist:
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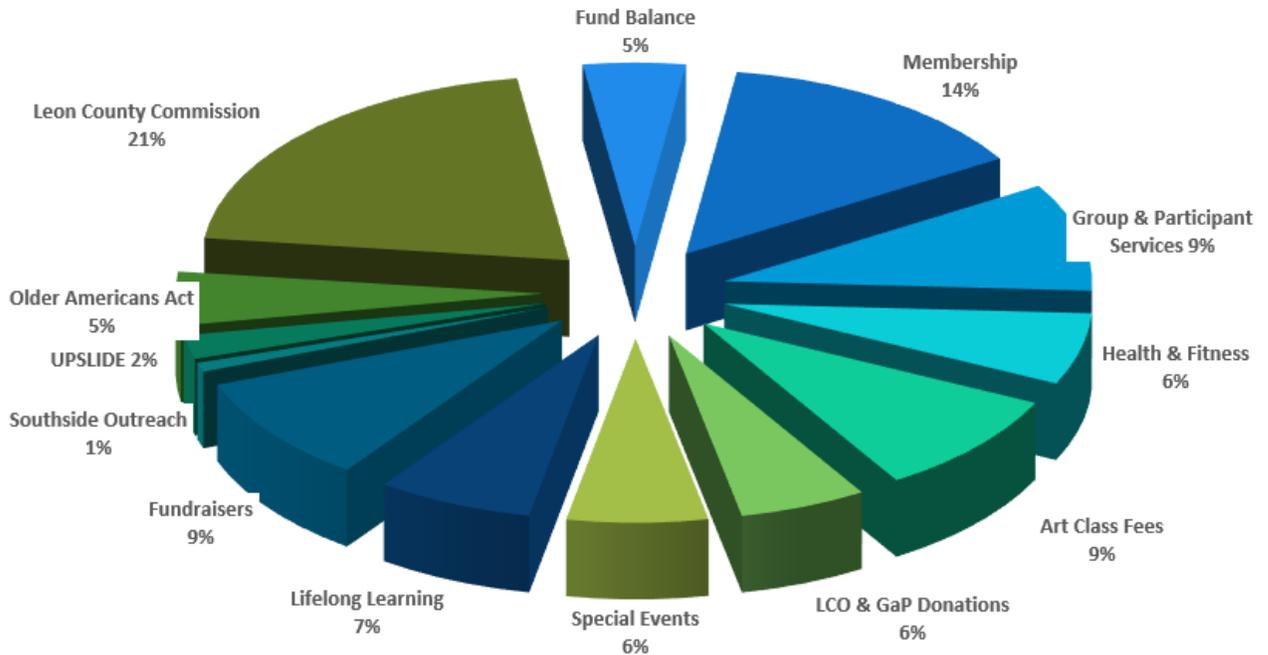
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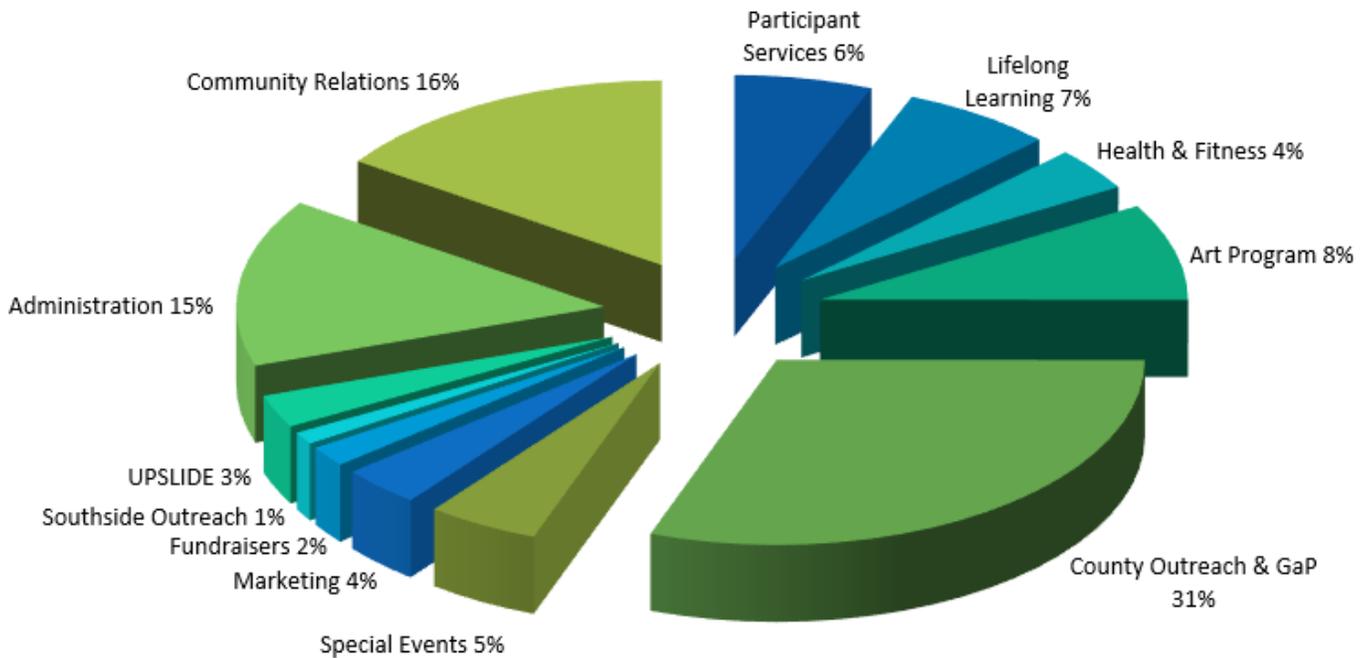
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TSC Foundation Revenue 2024 \$860,977



TSC Foundation Expenditures 2024 \$860,977



TSC & Foundation Staff

The Tallahassee Senior Center Staff values each individual participant, volunteer, and each other. We are dedicated to creating a warm, inviting environment where everyone feels welcome and can succeed.

This highly skilled and creative group of professionals are passionate about their programs and thrive on supporting one another and excelling in teamwork. The vision of continuous improvement and excellence is embedded in the TSC & Foundation functioning as a unit. The staff is always willing to grow and explore new ventures, and participants often propose new programs for consideration, often resulting in additional activities.

The TSC and Foundation staff looks forward to continued expansion with the development of a second senior center to be built over the next two years. Stay tuned for that exciting news. We hope to see you often at the Tallahassee Senior Center or one of our neighborhood locations.

Sheila Salyer, Manager, Senior Services/Executive Director, TSCF
Lisa Baggett, Leon County Senior Outreach Coordinator
Wendy Barber, Southside Outreach Coordinator, CDBG
Mike Body, Program Supervisor
Karen Boebinger, GaP & Assistant LCSO Coordinator, TSCF
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Soaring to
New Heights!

Join Us!

STAY IN TOUCH WITH THE SENIOR CENTER!

Want to know about Senior Center activities?



1 Sign up for our weekly email

Use your smart phone camera to scan here:
Or sign up at <https://bit.ly/3ew6S3M>
Or visit a staff person and give them your name + email address



2 Follow us on Social Media

Facebook.com/TallahasseeSeniorCenter
instagram.com/TallahasseeSeniorCenter



3 View our online Activity Calendar

TallahasseeSeniorFoundation.org/calendar



4 Find us online

TallahasseeSeniorFoundation.org
Tal.gov.com/Seniors

In addition to our main location, senior programming is held at Community Centers and other locations throughout Leon County:

- Allegro
- Bradfordville
- Chaires
- Ft. Braden
- Good Shepherd Church
- Jake Gaither
- Jack McLean
- Lake Jackson
- Micosukee
- Optimist Park
- Red Hills Village
- Southwood
- The Grove at Canopy
- Woodville

Call 850-891-4000

Monday - Friday, 8 am - 5 pm



1400 N Monroe St., Tallahassee, FL 32303

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