

# Tallahassee Senior Center & Foundation

# 2025 Annual Report

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# Passion with a Purpose - A Full Circle Journey

When your inner desire to serve others becomes your life-long passion, finding ways to give back and help others becomes more than just your purpose. It defines who you are, and what you are about.

The journey to this moment has been incredible, and here we are together – opening the newest Senior Center in Tallahassee that will provide our aging population with more opportunities to maintain positive social outlets, volunteerism, and daily exercise, all while becoming healthier older adults who can enjoy a full-quality, healthy lifestyle through their individual aging processes.

My life-long dream began while pursuing graduate education at Florida State University, volunteering as a caregiver through the AmeriCorp Vista program. From Saturday morning Adult Day Programs to providing a litany of services for older adults living in one of Tallahassee's assisted living facilities, and at the Tallahassee Senior Center, my dream of supporting and helping the aging population to thrive grew bigger as I wrote curriculum for geriatric education at FSU, College of Medicine. After years of dedicated service to the various aging communities, the doors of the Tallahassee Senior Center opened, extended their arms and welcomed me as the fifth director. My dream of service and support to our community came to life, and now we are ready to soar with more space, more parking, and more programs to benefit our community on their aging journey.



Sheila Salyer (*left*) welcomes Ceola Grant (*right*) as new manager of the Tallahassee Senior Center.

I am truly grateful to the donors and members who have helped expand these programs and opportunities for older adults over the years. I am excited to work with the generous staff who have invested their time and commitment to the success of the Tallahassee Senior Center and the Tallahassee Senior Citizens Foundation. I am confident that Senior Services will continue to thrive and promote more opportunities for the active aging population throughout our community. It is an honor to serve you, and I look forward to soaring to new heights together – hand in hand!

A handwritten signature in cursive script that reads "Ceola K. Grant".

**Senior Services Manager, City of Tallahassee**  
**Executive Director, TSC Foundation**

## TSC on Welaunee

Very soon, we will open the doors to our second Senior Center that will allow us to expand programs for the rapidly growing population of seniors in our community. With more space, more parking, and expanded programs, our active senior community will thrive in living a full quality, healthy lifestyle.

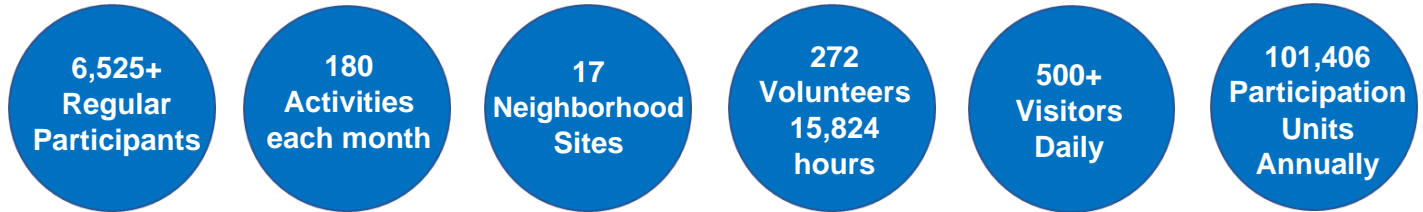
- 40,000 Square Feet
- Featuring Lifelong Learning, Art, Fitness, Wellness, Cards & Games
- Double-size Gym for Pickleball, Table Tennis, Basketball, Volleyball and more
- Projected to Open Spring 2026



## TALLAHASSEE SENIOR CENTER & FOUNDATION 2025

The information in this Annual Report is intended to highlight Tallahassee Senior Center & Foundation programming

### *Making a difference in people's lives*



**The Tallahassee Senior Center (TSC) provides essential social connections and a variety of physical and mental activities to help keep active older adults engaged and healthy.**

Together, the TSC and Foundation provide a holistic array of programs and services to a large percent of the 50+ population in Tallahassee-Leon County with the following goals: to increase socialization, improve and maintain physical and mental health, provide information and education, lifelong learning, resource assistance and other support systems to help participants achieve and maintain optimal health. The programs and services are categorized as follows: health and wellness, fitness, art, lifelong learning, recreation, crafts, arts, music and dance, cards and games, events, fundraisers, outreach, and services.

### TALLAHASSEE SENIOR SERVICES MISSION

The mission of Tallahassee Senior Services is to offer programs, activities, and opportunities designed to encourage active living, optimal aging, and social fitness for independent adults age 50+. Tallahassee Senior Services is a division of the City of Tallahassee's Parks, Recreation and Neighborhood Affairs Department. A 15-member Advisory Council, appointed by the Mayor, represents seniors' interests and needs in Tallahassee. TSS is staffed and maintained by support from the City general revenue fund.

### TALLAHASSEE SENIOR CITIZENS FOUNDATION (TSCF) PURPOSE

Established in 1980, TSCF is an independent, private non-profit organization that exists for the sole purpose of generating funding to support programs, services and participants of Tallahassee Senior Services. The Foundation, administered by a 15-member Board of Directors, is composed of members elected by the current board. Individual and organizational membership in TSCF is open to all interested persons. Visit [www.TallahasseeSeniorFoundation.org](http://www.TallahasseeSeniorFoundation.org) for more information on events, membership, and benefits.

#### Foundation Board of Directors

Meko Rice, *President*  
Tom Reimers, *Vice-President*  
Ajay Chadha, *Treasurer*  
Edna Owens, *Secretary*  
Kaila Hardee, *Immediate Past President*  
Nina Davis  
Clay Dodson  
Matt Hale  
Scott Harrell  
Debie Leonard  
Linda Roberts  
Alissa Rudloe  
Carol Thompson-Riley  
Ursula Weiss  
Richard Winterholler

#### Senior Services Advisory Council

Tom Friedman, *Chairperson*  
Jim Ely, *Vice Chairperson*  
Catherine Mingledorff, *Secretary*  
Qiuehang "Katy" Cao  
Jan Daly  
Robert Feuerstein  
Judy Fongheiser  
Lucy Lee  
Lester Lockett  
Lennon Moore  
Amy Mullins  
John Schmidt  
Bonita Stephens  
Angel Trejo  
Lossie Vaughn

Ceola Grant, *Executive Director (May-Sept.)*  
Sheila Salyer, *Executive Director, Designee (Feb.-Sept.)*

# Communications & Media



**Websites:**  
**[www.tallahasseeSeniorFoundation.org](http://www.tallahasseeSeniorFoundation.org)**  
**[www.talgov.com](http://www.talgov.com)**  
**Weekly Email - Constant Contact**  
6,500+ Subscribers – 53% open rate  
**Facebook – 8,100+ Followers**  
**Instagram – 1,450+ Followers**  
**Marquee – 30,000+ cars a day**  
**Press Releases, Postcards, Flyers**  
**City of Tallahassee Communications**  
**WCOT City Cable Channel**  
**Southside bi-monthly email newsletter**  
**Billboards by Prime Meridian Bank**

# Senior Resources

## *Connection to Services*

### Information, Referral & Services 2025

- 529 In-Person Info & Referral
- 655 Counseling sessions
- 1,308 AARP Tax Aide returns
- 41 Farmer's Market vouchers

- SHINE Insurance Counseling w/ Advantage Aging Solutions
- Lunch Bunch w/ Elder Care Services
- Financial Counseling w/ Halsell Financial Solutions
- Seniors vs. Crime w/ Florida Attorney General's Office

**48 Unique Resource Cards    2,336 Total Downloads from Website**  
**Accessible 24/7 at [TallahasseeSeniorFoundation.org/Resources](http://TallahasseeSeniorFoundation.org/Resources)**

# Facility Projects & Repairs

In addition to the upkeep of the building, projects this year included:  
HVAC upgrades

Repurpose original Armory door as a sliding door in Dining Room

Repair exterior doors and breezeway gate locks

Replace exhaust fan over kilns

Enhanced bathroom accessibility

Replace security cameras

# Volunteers

**272 volunteers invested 15,824 hours  
for a value of \$451,634**

## 2025 Volunteers Years of Service Honorees

### 2025 Volunteers

#### 25 Years

Dr. Kimberly VanWeelden

#### 15 Years

Marilyn Kane  
Catherine Mingledorff  
Glenn Mingledorff  
Mary Sargent

#### 10 Years

Cindy Brown  
Meena Chadha  
Lynda Dickens  
Carolyn Franklin  
Susan Hutchison  
Rosetta Land  
Margaret Marcil  
Ida M. Smith  
Diane Wunderlich

#### 5 Years

Lori Holcomb



**Annual Volunteer Appreciation and  
Years of Service Recognition Luncheon  
October 2025**



**Volunteer Appreciation  
with Snow Cones  
April 2025**

# TALL – Tallahassee Active Lifelong Leaders

TALL is a community leadership program for people age 50+, in partnership with Tallahassee Chamber’s “Leadership Tallahassee” Program. TALL offers an opportunity to get an up-close look at many different facets of our community. Through on-site visits and interaction with area leaders, class members gain valuable insights into how a community functions and the many challenges involved.

The annual 8-week Tallahassee Active Lifelong Leaders program welcomed 14 participants as part of Class 14 in 2025.



# Art

A vibrant art community thrives within the Tallahassee Senior Center. As you stroll through the auditorium, dining room, and hallways you'll discover rotating art exhibitions featuring works from our Art participants, instructors, and invited community artists. Ongoing Studio Art Classes and Workshops in painting, drawing, clay sculpture, fiber arts, and mixed media cater to all skill levels, from beginners to professionals.

**684 Students    6,534 Units**  
 9 On-going In-person Classes  
 79 In-person Workshops  
 in 4 Locations  
 9 Studio  
 1 Virtual Class  
 2 Plein Air Classes  
 2 Ceramics Classes  
 4 Online Galleries  
 4 In-person Art Receptions



## 2025 Exhibits & Receptions:

### Auditorium

- Four Artists, Four Perspectives
- All Creatures Great and Small
- Mastering the Arts
- Senior Artist Showcase

### Dining Gallery

- Portrait Showcase
- Pantone Color of the Year
- 75+ Showcase
- Senior Artists Showcase

### Artwork Showcased Off-Site

- Tallahassee State College
- Tallahassee National Cemetery
- North Florida Fair Fine Arts Exhibit
- NE Library Bradfordville

### Art Council

Brenda Francis – *Oil Painting with Eluster and Plein Air with Debbie (President)*  
 Terry Hawkins – *Oil Painting Advanced with Eluster and Plein Air with Debbie (Vice President)*  
 MJ Lord – *Clay: Pinch, Coil, Slab (Secretary)*  
 Joyce Bastian – *Watercolor 103, 104 and Experimental Watercolor AM*  
 Judy Fongheiser – *Oil and Acrylic with Debbie and Plein Air with Debbie*  
 Joyce Raichelson – *Mark Fletcher Draw and Paint Class (Zoom) and Sumi-e*  
 Allison C. Edwards – *Watercolor 104*

# Lifelong Learning

A variety of interesting classes are offered throughout the year for adults who enjoy the fun and excitement of learning new things. We offer classes in diverse areas such as history, science, nature, music, current events and places of interest in the Big Bend region. Discover something new and learn for the love of it!



Classes	Participants	Units
56	1,538	5,897

Classes	Participants	Units
54	784	1,762



## Languages & Other Classes

- French Classes • Spanish Class • German-Intermediate
- Technology Assistance • Writers Workshop • Poetry for the Love of It

# Health & Wellness

**City & Foundation Funded**  
**1,376 units for 582 participants**  
70 Educational/Nutritional Presentations  
16 Lunch 'n Learns with Doctors  
2 Major Expos:  
(Greenways & FAMU Health)  
6 Special Fitness Workshops  
40+ Health Screenings  
2 Evidence-based Programs  
60+ Community Partners  
2 Immunization Events with Walgreens  
44 Medical Students/Residents/  
Allied Health Professionals mentored



# Fitness Classes



**23 Classes • 9 Locations**

Participation Units: **27,858**

Fitness Participants: **1,015**

## Fitness Classes

Brain Body Balance  
LIFE Exercise  
Mindful Movement  
Senior Fitness  
Sit & Fit  
Tai Chi  
Yoga  
Hiking

**All Fitness classes taught by  
Certified Senior Fitness Instructors**

# FOOT

## Fitness & Outdoor Opportunities Together

Monthly Hiking • Hand Bicycles • Summer Camp

78 Participants 135 Units



## Capital City Senior Games

The Capital City Senior Games are held annually in conjunction with the City of Tallahassee Parks and Recreation Department and feature competitions designed for all fitness levels.



February 26, 2025  
through  
March 18, 2025

New Record of  
742 Athletes

Ages 50-99

21 Sports

16 Venues

1,600 Events

Athletes traveled from  
5 Different States

# Recreational Programs



Ping Pong



Pickleball



Cards & Games



Mahjong

## Groups & Organizations



Stamp & Cover



Woodcarvers

Activity	People	Units
Cards & Games	247	3,550
Crafts & Ceramics	153	2,326
Music & Dance	1,084	6,595
Recreational Sports	447	5,851
Technology Help	172	787
Additional Activities	177	489
<b>TOTAL</b>		<b>19,598</b>

## Dance



**A variety of dance opportunities are hosted at the Senior Center:**

Adult Ballet • Capital Twirlers, Regional Dance Jamboree • Round Dance • Line Dance

USA Dance Symposium • 10 regular USA Dances

Two-Step • Contra Dances with a Live Band • Ballroom and Swing Lessons Friday evenings

# Ice Cream Social

July 15, 2025



## Coffeehouse Concerts

9 Coffeehouse Concerts



## More Music Performances



Senior Singers



TSC Community Band



Capital Chordsmen

# Leon County Senior Outreach

A program of the TSC Foundation, funded by Leon County Commissioners, Older Americans Act, business sponsors, and participant donations.

Leon County Senior Outreach serves six unincorporated communities - Bradfordville, Chaires, Ft. Braden, Lake Jackson, Miccosukee, and Woodville. Participants aged 50 and over enjoy a monthly theme with décor, prize raffle, and birthday recognition. Lunch & Learn participation increased by 22% over the previous fiscal year. Lunch & Learns feature interesting guest speakers on a wide variety of topics, community and business exhibitors who provide resources relative to older adults. The goal of the monthly lunches is to offer socialization, encourage aging in place, and help seniors remain socially engaged.

Twenty-four fitness classes in all six communities offered each week, which include cardio, weight training, stretching, yoga, and balance exercises. Fitness participation increased by 16% this year.



- Monthly Lunch & Learns
- Guest Speakers
- Lifelong Learning
- Community Resources & Information
- Business Sponsor Exhibitors
- Fitness Classes
- Cards & Games
- Field Trips

<u>6 Locations</u>	<u>Participants</u>
Bradfordville	317
Chaires	218
Ft. Braden	167
Lake Jackson	351
Miccosukee	113
Woodville	<u>149</u>
<b>TOTAL</b>	<b>1,315</b>
an increase of 31% over last year	

- Leon County Senior Outreach Advisory Council**
- Alma Allison, *Woodville*
  - Lynda Dickens, *Chaires*
  - Jodi Gooding, *At Large*
  - Mary R. Johnson, *Woodville*
  - Gracie Leland, *Miccosukee*
  - Betty R. Mason, *Lake Jackson*
  - Gary Mason, *Lake Jackson*
  - Tom Reimers, *TSCF Board Member*
  - Nancy Wenhold, *Bradfordville*
  - Fred Williams, *At Large*

# Southside Outreach Program

- Quarterly Lunch & Learn Events
- CarFit
- Breast Cancer Awareness
- Healthy for Life Classes
- Monthly Wellness Circles at 2 Locations
- Art, Recreational & Occupational Therapy
- Bi-weekly Brain Body Balance Classes

**102 Participants**

**Locations:**

Jake Gaither  
Jack McLean  
Optimist Park  
B.L. Perry, Jr. Library

**Funded by:**

TSC Foundation  
City CDBG  
County CHSP  
Sponsors  
Donors



# GaP – Grandparents as Parents

Grandparents as Parents (GaP) is a program that serves grandparents who are the primary caregivers for their grandchildren by bringing social support, education, and resource information. GaP Lunch Meetings occur monthly at the Leroy Collins Library. Participants enjoy a catered lunch, educational presentation, community resource exhibitors, and access to legal services and health screenings. The Circle of Parents Support Group meets biweekly via Zoom.

In addition to these ongoing activities, GaP offers family picnics, field trips, and special events. In 2025, GaP hosted a Spring Family picnic, Family Paint Night, Family Game Night, and Trunk or Treat, in partnership with FSU College of Social Work. GaP families took field trip to the Jack Hadley Black History Museum and the St. Augustine Alligator Farm. 15 Grandfamilies were submitted to Catholic Charities Christmas Connection program, and an additional 9 families were adopted by the Tallahassee Senior Center.



**70 GaP Families  
with 142 Children**

**Funding & Resource Partners:**

- Leon County Commissioners
- City of Tallahassee
- Older Americans Act
- Individual Donations

**GaP Advisory Council**

- Gabby Aboki, *Early Learning Coalition*
- Alexis Acebo, *Leon County Library*
- Erika Cuffy, *FSU College of Social Work*
- Morgan Evers, *At-Large Community member*
- Henni Hamby, *Tallahassee Police Department*
- Kelly McGrath, *Kelly McGrath Law*
- Diane Raker Owens, *United Healthcare*
- Nettie Walker-Palmore, *Grandparent*
- Claire Smith, *Grandparent*
- Shauna Smith, *Grandparent*
- Ivy Nixon Ward, *At-Large Community member*



# UPSLIDE

## Utilizing and Promoting Social Engagement for Loneliness, Isolation & Depression in the Elderly

UPSLIDE experienced a 13% increase in participation this fiscal year, with a new Friends Connection group added on the Southside in May, bringing the number of Friends Connection meetings offered to five, at three sites, plus virtually. We offered our Mental Wellness Group for people with depression and a new group, Journey through Wellness was created for those wanting to improve their overall health with the encouragement of others. Participants were able to share their wisdom with middle and high school students as part of FSU SSTRIDE while also busting myths about aging. In a special partnership with AARP's Wish of a Lifetime, one participant was able to ride a motorcycle at Bikefest in Daytona and another went Ice Fishing, both lifelong dreams. With the help of FAMU Occupational Therapy students, UPSLIDE participants were treated to an extra Friends Connection series where they got to meet attendees of other groups for the first time – making even more friends.

### 126 Participants

465 Counseling Sessions

198 Friends Connection Sessions:  
In person & Virtual

14 Special Programs:  
In person, Virtual, & Field Trips

17 Community & Professional  
Presentations

16 Art Therapy Groups



### Locations

Tallahassee Senior Center  
Lincoln Neighborhood Center  
B.L. Perry, Jr. Library  
Virtual

### Funded by:

City of Tallahassee  
TSC Foundation  
Business Sponsors  
Individual Donors  
Grants



# Expos & Special Workshops



## SENIOR LIVING

### Local Options and Opportunities

**Learn more about local senior living options and what to consider to choose the right fit. Visit with local senior living exhibitors. Sign up for Hop On/Hop Off bus tour of facilities.**

**JOIN US**

**Monday, April 7**  
10:30 am - 12:30 pm

**Tallahassee Senior Center**  
1400 N Monroe St., Tallahassee

Register:  
[TallahasseeSeniorFoundation.org](http://TallahasseeSeniorFoundation.org)





**Jovita Woodrich**  
AARP Associate State Director  
for Community Engagement  
and Outreach



## Lunch and Learn

### Advantages of Funeral Planning

**Wednesday, May 28**  
**11 am - 12:30 pm**  
The Tallahassee Senior Center

Join us for the evolution of pre-arrangements. Learn the advantages of planning ahead, understand the two steps of funeral planning, learn how to guarantee the value of final plans for life, and review available veteran benefits.

**presented by Bevis Funeral Home**

Lunch Provided- \$5 Suggested Donation  
**Registration Required**  
[www.tallahassee-seniorfoundation.org/?p=19697](http://www.tallahassee-seniorfoundation.org/?p=19697)  
or (850)891-4000



A copy of this offer, together with details of restrictions may be obtained from the Division of Consumer Services by calling 888-363-7635. Visit the state website: www.FEAC3.S.C.V. Registration does not imply endorsement, approval, or recommendation by the state. Registration #C-48828



## Foundations for the Future

### Advanced Planning Workshop Series

Expert guidance to help you make informed decisions for a secure and confident future.

All workshops are from 10 - 11:30 am  
\$5 per session Light food and beverages provided.

- 1. **Social Security 101** September 29  
Jovita Woodrich, AARP Associate State Director of Community Engagement & Outreach
- 2. **7 Things You Should Do Before You Die** October 6  
Marie Webb, Marie Webb Law-Estate Planning & Probate
- 3. **Your Legacy, Your Plan** October 13  
Steve Halsell, Financial Planner, Halsell Financial Solutions
- 4. **Five Wishes/Care Planning** October 20  
Andrea Kirkland, RN, CHP Population Health Manager

**REGISTER NOW**

[www.TallahasseeSeniorFoundation.org](http://www.TallahasseeSeniorFoundation.org)  
Click the "Events" tab



SCAN ME

A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll-free (800)455-7262, within the state or www.FEAC3.S.C.V. Registration does not imply endorsement, approval, or recommendation by the state. Registration #C-48828

In partnership with L3X, FOOT and DEP, Tallahassee Senior Center presents

## Florida Greenways and Recreation Expo

Stay Active! Stay Healthy! Stay Connected! Stay Outdoors!

**Monday, September 15**  
9:30 am - 12:30 pm

**Tallahassee Senior Center**  
1400 N. Monroe St.

biking hiking walking fishing paddling kayaking  
forestry birding parks trails and more!

**Registration encouraged but walk-ins Welcome!**

[www.TallahasseeSeniorFoundation.org/lifelong-learning](http://www.TallahasseeSeniorFoundation.org/lifelong-learning)

**\$5 requested donation includes hot dog lunch**

For info:  
850-891-4000  
[Ruth.nickens@talgov.com](mailto:Ruth.nickens@talgov.com)  
[Emily.Stames@talgov.com](mailto:Emily.Stames@talgov.com)  
[www.tallahassee-seniorfoundation.org/lifelong-learning](http://www.tallahassee-seniorfoundation.org/lifelong-learning)

- Attend presentations!
- Visit Exhibits!
- Join Activities!
- Watch Demos!
- Sign-Up for events!
- Ask Questions!
- Find Resources!
- Win Door prizes!
- Enjoy lunch from the grill!




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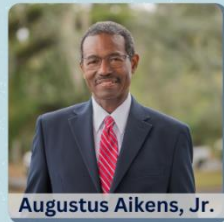
# Silver Stars

**Silver Stars is the region's premiere event recognizing individuals who have made a positive impact in the community since turning age 60.**

Honorees serve and represent active living in diverse ways, while demonstrating a servant's heart.

## 2025 Honorees

Judge Augustus D. Aikens, Jr.  
Ken Boutwell  
Joel Dawson  
Margaret Lynn Duggar  
Mary Randle Johnson  
Gracie Leland  
Bill McKeown  
John Schmidt



Augustus Aikens, Jr.



Ken Boutwell



Joel Dawson



Margaret Lynn Duggar

*Celebrating the 2025 Silver Stars*



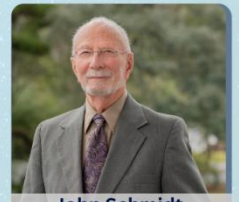
Mary Randle Johnson



Gracie Leland



Bill McKeown



John Schmidt

# Deck the Halls

This festive gathering is the Tallahassee Senior Center Foundation's signature fundraiser, supporting services and programs for active adults. The evening features live music, martini bar, and silent auction.

Deck the Halls  
raised  
\$49,871  
in 2025



# Ways to Give to the TSC Foundation

Donations may be made to the TSC Foundation, a 501c3 non-profit organization, to support life-enriching opportunities for thousands of active adults in Tallahassee & Leon County. Contributions to the Tallahassee Senior Foundation make our programs possible.

**Membership & Key Holders** Members enjoy exclusive benefits.

**Donations** Donations are acceptable in any form (cash, check, or credit card) and in any amount.

**Become a GEM - Give Every Month** Automatic Payments are an easy way to spread out payments or increase your support, monthly or annually, from a checking account or credit card.

**Special Occasion Gifts** Donations in honor of birthdays, retirement, and other occasions.

**Facebook Fundraiser** A popular option for birthdays or other special occasions, allowing your friends to easily make a donation on your behalf.

**Galaxy Stars** In Honor or in Memory of special people or pets with personalized message.

**Memorial Gifts** A thoughtful way to remember a loved one who has passed away, in lieu of flowers.

**End of Year Giving** Many individuals make contributions at the end of the year to show gratitude and support for non-profit organizations. Charitable donations may also provide tax benefits.

**IRA Required Minimum Distribution – Qualified Charitable Distribution** Making a Qualified Charitable Distribution (QCD) from your IRA by the IRA trustee to a charitable organization, counts toward your minimum distribution requirement for the year and is nontaxable.

**Legacy & Planned Gifts** Options may include: • Bequest by Will • Gift of Appreciated Stock • Charitable Lead Trust • Charitable Remainder Trust • Gift of Life Insurance

**Endowment Fund** Administered by the Community Foundation of North Florida. Interest generated by this fund assures that programs and services will continue to be available to seniors in the future. Current investment is \$473,890. Goal is \$1 million by 2028.

## Wish List

- ◆ Enhancements for New Senior Center
- ◆ Endowed Program Positions - \$500,000 each:  
Art Program, UPSLIDE
- ◆ Enhanced Art Program & Receptions
- ◆ UPSLIDE Program Funds
- ◆ Additional Health & Wellness Special Programs
- ◆ Transportation for Field Trips
- ◆ New Furniture for Common Areas & Lobbies at TSC Monroe
- ◆ New Kilns for Clay Studio
- ◆ Additional Member Benefits

## Soaring to New Heights Fundraiser Exceeded Goal!



**\$118,322 was raised  
to support more:**

Programs, Activities, Recreation,  
Art, Wellness, Gatherings, Events,  
Connection, Lifelong Learning

## Members & Key Holders October 2024 – September 2025

### DIAMOND (\$5,000+)

Neil & Beth Charness  
Margaret Lynn Duggar  
Cheryl Gibbons  
Scott & Allison Harrell  
James & Elaine  
McConnaughay  
Lisa Meyer  
Emily Millett  
Thomas & Marjorie Norman  
Linda Roberts  
Sheila Salyer  
Phillip Welsh

### PLATNIUM (\$2,500+)

Allan & Marsha Brown  
Marilyn Coe &  
Donna McBride  
Nicholas & Anne Contos  
Tom & Sandy DeLopez  
Thomas & Marcia Friedman  
James Hennessey &  
Kathryn Gibson  
Deborah Leonard  
Camille Park  
Drs. William &  
Alice Pomidor  
Foy Winsor

### RUBY (\$1,500+)

Carol Boebinger  
Marie Cowart  
John & Susan Hale  
Stephen Mayberry  
Edna Owens  
Washington & Gloria  
Sanchez  
Bill Wertman &  
William Fontaine

### GOLD (\$1,000+)

Ken & Carol Allman  
Diane Carr  
Jodye Clark  
Dave Cureton  
Lynda Dickens  
Jo Ann Gooding  
Angie Goodman  
Kaila Hardee  
Tonya Harris

Natholyn Harris  
Donie Henderson  
Barbara Knight  
Charles Kummer  
Emily Millett  
Christiana Moore  
Charles Nam  
Jill Sandler  
John Schmidt  
Marshall & Nell Stranburg  
Lori & Mike Swanson  
Carol Thompson-Riley  
Terrell Tuten  
Kelvin & Patricia Wallace  
John & Linda Williams

### SILVER (500+)

John & Kristy Carter  
Ajay & Meena Chadha  
E. Ann Cleare  
Marylyn Crank  
Janice Daly &  
Margaret Ann Robinson  
Nina Davis  
John England & Rita King  
Virginia Glass  
Jane Greene  
Joseph & Maureen  
Haberfeld  
Rebecca Hale  
Matt Hale  
Bradley & Anna Marie  
Hartman  
John Hedrick &  
Dr. Shirley Zahn  
Diane Kelley &  
Kathy Lynn Watkins  
Christine Koontz  
Charles Kummer  
Roy & Rosetta Land  
Patricia Lanfear  
Jeffrey & Nancy Lickson  
Elda Martinko  
Ruth Nickens  
Thomas & Sammie  
Reimers  
Kathryn Scott  
Genevieve Scott  
Dot Skofronick  
Gerald & Susan Sternstein

Charles & June Townsend  
Lauchlin Waldoch  
Yvonne Weems  
Eliot Wigginton

### BRONZE (250+)

Rick & Jovita Ashton  
Mary Bachman  
Margaret Banocy-Payne  
Harold & Wendy Barber  
Bonnie Basham  
Eddie Belk  
Linda Blazek  
Steven & Judith Blumsack  
Greg & Karen Boebinger  
Neil & Cindy Brown  
Marcia Buchanan  
Mike & Karin Caster  
Daniel & Jean Conrad  
Douglas & Lisa Dollar  
Covert  
Gary & Sara Crayton  
Charlene DeMarco  
Paul & Karen Denson  
Clayton Henry &  
Judith Depew  
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Nancy Gentry  
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Mary Harper  
Myron & Judith Hayden  
Glenn & Mary Hodges  
Virginia Horak  
Jean Itzin  
David & Sandi Jacobsen  
Rauha Jessup  
Gus Johnson  
Edwin & Elizabeth Jordan  
Ronald & Linda Lee  
James & Donna Lever  
Jeffrey Mandel

Susan McConnell  
Mitch & Jerri Meyer  
Joan Nolte  
Ermine Owenby  
Gloria Palacio  
George & Sybil Palmer  
Philip Potter  
John Rimes &  
Marty Monroe  
Susan Robinson  
Stephen Rollin &  
Mary Apple  
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Rozwadowski  
Joann Sapolsky  
George & Elsie Smith  
Shauna Smith  
Bonita Stephens  
Siroos & Paula  
Tamaddoni-Jahromi  
Phyllis Thomson  
Angel & Dee Trejo  
Jason Wallace &  
Jenni Thurman  
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Michael & Robin Bateman  
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Frances Buie  
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Susan Cason  
Julie Clark  
Stephen Clark  
Claudia Coaker  
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Charles & Paula Cook  
Laura Cook  
Jeannette Cox  
Carol Culbreth  
Nina Davis  
Sandra Johnson Deese  
Lonnie Draper &  
Kathleen Barnett  
Ashley Edwards  
Beverly Harris Elliott  
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Dean Falk  
Grayal Earle Farr  
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Francine Ffolkes  
Gary & Valerie Fitzpatrick  
Roy Forman &  
Vicki McCrary  
Carol Franchi  
Hope Frazier  
John & Nancy Fruin  
Samantha Fulton  
Charles Futch &  
Susan Drake  
Marguerite Glasgow  
Sherward & N. June  
Gomillion  
Bruno Guerrieri  
Sheryl Hamm  
Gerry Hammond  
Joe Ann Hansford  
Margaret Harter  
Charles Higman &  
Peggy Ball  
Michael & Kathleen Higgs

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Henry Holshouser  
Steve & Lisa Hourigan  
Shari Hubbard  
Barbara Hudson  
Michael & Amy Hutson  
Claude & Susan Ivey  
Emily Jamieson  
Dallas & Rita Johnson  
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Bill & Caroline Jones  
W. Keith & Kathleen Jones  
Katherine Kamiya  
William & Mary Lee Kelly  
Joseph Kershaw &  
Deana Lee Ponso  
Peter Kerwin &  
Mary Kay Falconer  
Dennis King  
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Josephine Koch-Owens  
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Earl Lines  
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Frank Meyers  
Wanda Milton-Whitehead  
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Laura Morris  
Joyce Murray  
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Leslie Puckett  
Patricia Jo Nehren  
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Jerome & Joanna Novey  
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Elizabeth Pollock  
Fran Poppell  
David Powell &  
Victoria Weber  
Wynette Power  
Angela Prather  
Perri Preston  
Roberta Prine  
Martha Quinn  
Joyce Raichelson  
Betty Roberts  
Annie Rolle  
Alton & Louise Royal  
Marvin & Miryam  
Rubenstein  
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Judith Shipman  
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Terry & Alanna Steaple  
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Shawn Tonner  
John Stiles  
Stephen & Coralia  
Stuhlmuller  
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Elaine Swafford  
Thomas & Lucinda Thomas  
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Diane Watson  
Barry & Tiffanie Webster  
Michael & Susan Weed

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Stanford Williams &  
Lisa Cook  
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Mary Winterle  
Jerry & Janice Wise  
Sylvia Young  
Fotena Zirps

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Sabrina Allen  
Mattie Allen  
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Laura Gaffney  
James S. Alves &  
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Sally Andersen  
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Renee Andrews  
Marilyn Andrews  
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Antworth  
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Linda Ard  
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Phil & Betty Ashler  
Amy Atchison  
Diana Athnos  
Jeannette Austin  
Joseph & Susan Badgeley  
Michael Bailey &  
Catherine Harrison  
Dave & Sylvia Balla  
Janet Barber  
Gloria Barber  
Edith Barefoot &  
Melody VanValkenburg  
Rosanne Barker  
Lynda Barnum  
Judith Barrett & Terry Ward  
Victoria Bartell  
Colleen Barton  
Grady & Gail Bass  
Nancy Bass  
Kenn Bass & Annette Pearce  
Jeff & Joyce Bastian  
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Catherine Beaty	Carmella Bugbee	Rita Craig	Ronald & Elaine Dranzik
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Emily Beck	Ronald Bunting	Linda Crew	Underwood & Charlotte Dudley
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Nancy Bell	Rubia Byrd	Patricia Culbertson	Craig & Suzanne Dyer
Sharon Bence	Jeanee Byrd	Thomas & Carole Curry	Diane Eakin
John & Peggy Benton	Sylvia Byrd	Charlotte Curtis & Susan Teel	Judith Earl
Steven & Jacqueline Bentz	Leslie Cahn	Judith Curwood	Drew & Joanne Eason
Lothar & Lori Bergeest	Olga Calderon	Betty Jo Cutchen	Ike & Nancy Eberstein
Toni Bernstein	Alex & Jan Campbell	Jeanine Czaja-Mordon	Edna Edens
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Lidia Blair	Grete Case	James & Olena Davis	Michelle Estes
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Tamara Blenkhorn	Andrea Charrette-Sprick	Penny Davis	Deirdre Etienne
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Foster & Lisa Boyd	Sonya Cloninger	Linda Derwick	Barbara Fincher
John Boyle	William Clutter	Wayne & Janine DeWeil	Barbara Finer
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Hillman & Linda Brannon	Christine Coble	David & Cynthia Dickel	Margaret Fitch
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Esther Bruce	Lorraine Coonrod		Warren Frayer
Kevin Brumfield	Susan Coopman		Les & Rebecca Freed
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Dana Bryan	Christine Couch		
	Sharon Courey		

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 Virginia Freeman  
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 Linda Fronczak  
 Patricia Fuller  
 Teresa Fuller  
 Carol Fulmer  
 Dixie Furlong  
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 Stephanie Gallegos  
 Elzelina Gamble-Apon  
 Gerri Gapinski  
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     Sue Ann Miller  
 Connie Garrett  
 Patricia Garrett  
 Juanita Gaston  
 Michaela Gates  
 Echo Gates  
 Lorraine DiFrancesco Gauss  
 Richard Gebhart  
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 Charlie Giblon  
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 Ceola Grant  
 Deirdre Grant  
 Deborah Grant  
 Peter Grasel  
 Gary & Kathryn Gray  
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 Janet Graybar  
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 Barbara Green  
 James Green &  
     Jacque Poppel  
 Shirley Greenwood  
 Hans Gregersen &  
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 Phyllis Griffin  
 Megan Griffin  
 Julie Griffith  
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 Lisa Grosholz  
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 Hollis Hance  
 Sue Hansen  
 Cassandra Harbin  
 Denis & Nita Harrelle  
 Judy Harris  
 Mason Harris  
 John Harris & Jill Hosmer  
 Geraldine Harrison  
 Laura Gilfillian Harrod  
 Janice Hartwell  
 Dean Harwood  
 Lillie Hassfurder  
 Shirley Hatfield  
 Susan Hatfield  
 Herbert & Sharon Haughton  
 Susan Hayes  
 Howard Hayes &  
     Virginia Harmon  
 Lynn Heacock  
 Mary Headley  
 Cindy Hecht  
 Betty Heindel  
 Ken & Maureen Hemmerly  
 Dan & Susan Hendrickson  
 Lorraine Henman  
 Bob & Nancy Henning  
 Nora Hentschel  
 Shirley Herrell  
 John & Sandra Herring  
 Joan Hettinger  
 Elizabeth Heuler  
 Chris & Melanie Hierholzer  
 E. Wayne & Angela Hill  
 Annette Hill  
 Karen Hill  
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 Gillian Hobbs  
 Judith Hodge  
 Doreen Hodges  
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 Jesse & Mary Rita Hodsdon  
 C. Phil & Sue Hoffman  
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 Nancy Holaday  
 Lori Holcomb  
 Tommisenia Holloman  
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 Claudia Hosmer  
 Donna Houghton  
 Jane Houle  
 Pamela Houmere  
 Cheryl Howard  
 Bonnie Howell  
 Sydney Caitlin Howell  
 Chang & Grace Hsu  
 Patricia Hubbard  
 Billie Lee Hubble  
 William Hudgens  
 Jane Hudson  
 Joyce Hughes  
 Ronald Humphries &  
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 Helen Susanne Hunt  
 Dorothy Hunter  
 Pamela Hunter  
 Richard Hurd &  
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 Michael Hussey &  
     Susie Howell  
 Sally Huston  
 Edwina Hutchins  
 Susan Hutchison  
 Susan Ihlanfeldt  
 Peter Imholz  
 Ola Irvin  
 Mary Irvine  
 Kris Ivester  
 Malinda Jackson-James  
 Ken & Sharon Jacobs  
 Paul & Patricia Jacobs  
 Irwin & Georgia Jahns  
 Barbara James  
 Joy James  
 Edward James, Jr.  
 Liz Jameson  
 Olivia Jarvis  
 Janice Jasper  
 Claire Jennings  
 Jennifer Jennings-Glover  
 Valerie Johns  
 Gerald & Diane Johnson  
 Cecelia Johnson  
 Cyndee Johnson  
 Rosetta Johnson  
 Polly Johnson  
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 Duncan Johnson  
 Pamela Johnson  
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 Brenda Kirkland  
 Carrie Kirkland  
 Judith Kirkpatrick  
 Karen Kirner  
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 Douglas Klotter  
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 Patty Lollis  
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 Barbara Lulow  
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 Ruth Lyle  
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 Genevieve Mackland  
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 Clifford Marshall  
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 Helen Martin-Arnold  
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 Nancy Mattimore  
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 Janice Mazza  
 Lealand & Kathleen  
     McCharen  
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     McCluskey  
 Dale McColskey  
 Una McConnell  
 W. Jeff & Wanda McFarland  
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 Cathy McGregor  
 J. Lee McHugh  
 Mary Lou McIntosh  
 Rosemary McKenzie  
 William H. McKeown  
 Arwena McLean  
 Jane McLeod  
 Dorothy McPherson  
 Todd & Lynn McWilliams  
 Hurbert O'Neal &  
     Jane Meadows  
 Anthony Michael Mederos  
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     Mingledorff  
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 Judson & Diana Orrick  
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 Linda Owens  
 Wanda Pace  
 Ernie Paine & Ramona  
     Abernathy-Paine  
 Douglass & Emma Palin  
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 Lucile Palmer  
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     D. Mary Riordan  
 James Phillips &  
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 John Philpott & Lee Rayner  
 Joanne Pintacuda  
 Gita Pitter  
 Reuben Plachy  
 Wendy Plant  
 Tina Platt  
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 Gale Poteat  
 Glen Pourciau & Linda Lane  
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 Laura Powell  
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 Patricia Press  
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     Amy Peterson-Reznik  
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 William & Jennifer  
     Richardson  
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 Kathy Ricker  
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 Peggy Rigsby  
 Kenneth Riley &  
     Celia Adamson  
 Louise Rill  
 Mollie Rinehart  
 Debbie Rivenburg  
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 Mary Ann Roberts  
 Jack & Amy Roberts, Jr.  
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     Robertson  
 Nancy Robertson  
 Bruce & Sandra Robinson  
 Juanita Robinson  
 Sheila Robinson  
 Martje Rodeseike  
 Estan & Clementina  
     Rodriquez  
 Elyse Romano  
 Jean Rondeau  
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 Nancy Ross  
 Joy Rowan  
 Elaine Rowe  
 Robert Rowe  
 Nancy Rowell  
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 Laura Rush  
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Nancy Sauls	Nancy Stephens	Freida Travis	Janet Whitman
Patricia Schirman	Mary Ann Stephenson	Scott & Phyllis McCray	Lionel & Joanne Whitney
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Caryl Sue Schneider	Dee Steverson	Frank & Barbara Trombino	Gloria Wilburth
Sandra Schoenfisch	Helen Stewart	Martha Trovillion	Patricia Willard
John Scholz	Rueben Stokes	Georgia Turner	Sylvia Williams
Nicholas Schrader	Anna Stovall	Billy Tyson	Maye Williams
William & Elisabeth Scott	Jocelyn Stowell	Veronica Urso	Deborah Williams
Bernardene Scott	Thomas Strazulla	Bert Van de Burgt &	Mary Anne Williams
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Virginia Sharpe	Xuying Sun	Lossie Vaughn	Carolyn Williamson
James & Brenda Sue Shaw	George Sweat	Greg & Miriam Vincent	Louis Williford
Dorothy Shearn	Barry Sweat	Dimitri Vlahakis	Linda Willis
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Carrie Sheffield	Christopher & Marsha Sykes	Elizabeth Voorhies	Lewis & Kathy Wilson
Erica Shepard	Judy Taillon	Pete & Jennifer Vrynios	Joy Wilson
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Sandra Sheridan	Mary Tanner	Muriel Joan Waggoner	Julia Winter
Catherine Sheridan	Peter Tanzy &	Connie Walberg	Dudley Witney &
Connie Sheridan	Celeste Putnam	Wayne & Gail Wallace	Melanie Hines
Shankar Shetty	Marc & Maria Taps	Dan & Denise Walker	Shirley Wolfe
David & Linda Shivar	Diane Tatley	William Walker	Mary Womack
Harold Showalter	Brad Taylor	William Walker	Beverly Womble
Aylza Silva	Cathy Taylor	Kenneth & Jana Walling	Betsy Wood
Carita Sims	Jeanne Taylor	Mary Ann Walsh	Rhonda Work
Dennis Sittig	Mario Taylor &	Linda Kay Ward	Kathy Worley
Norma Skaggs	Margie McInnes	Sylvia Warner	Beverly Wranosky
Daniel & Patricia Smith	Colleen Teaf	Louisa Warren	John & Patty Wright
Robert D. Meredith Smith	Gail & Homer Tedder	Evelyn Wasdin	Sharon Wynn
Robert W. & Debra Smith	Janet Temkin	Eddie Wasdin, Jr.	Carol Wynn
Jerald & Beverly Smith	Antonio Terracciano	Marilyn Waters	Ann Yacalavitch
Randy & Lauren Smith	Janet Terry	Kathy M. Watkins	Gary & Judy Yancey
Cindy Smith	Harold & Sharon Teskey	William & Janice Watson	Patricia Yates
Linda J. Smith	Mandy Thelen	Melame Watson	Ilse Yost
Margaret Smith	Richard & Deborah Thomas	Susan Wattenberg	Mary Penelope Young
Robin Smith	Elena Thomas	Renee Watters	Suzanne Young
Gary & Wendy Sokolow	Patricia Thomas	Doris Watts	Ronnie & Peggy Youngblood
Thayumanasamy &	Joyce Thomas	Dianne Wears	Mary Pat Zacker
Gnanabhanu	Cindy Thompson	John & Valerie Weeks	David & Nancy Zeigler
Somasundaram	Sara Thompson	Lauren Weingarden	Calvin & Rose Zongker
Ann Sorrenti	Brenda Thompson	Robert & Dianne Weinstein	
Linda Sousa	Sherry Thompson &	Ron & Alexandra Weiss	<b>SUPPORTERS</b>
John & Jane Sowerby	Les a Vause	Nancy Wenhold	Rosalind Parlor
Joan Sparks	Audrey Thomson Elliott	Karen Wensing	Ivy Ward
Carma Spencer	Joel Thornton	Robert & Karin Werner	Lori Womack
Sue Spencer	James Thornton, Jr.	Rodney & Cheryl West	
Susan Spiccia	Susan Tidwell	Lucy Westfall	
Byron & Beverly Spires	Steven & Lynda Tiefel	Donna Wheeler	
Carrietta Spraggins	Lewie & Josephine Tillman	Blue & Gloria Whitaker	
Michael St. John	Mariwilla Tindall	Nancye White	
Alice Stadin	Susan Tobin	Marsha White	

# Business Partners & Sponsors

**Businesses and Organizations support Senior Center events and help make our programs possible. Business Partners invested \$134,293 through sponsorships and in-kind support.**

For sponsorship information, contact Mary Hodges, Business Partner Specialist:  
Mary.Hodges@talgov.com or 850-891-4048

## **EMERALD (\$10,000+)**

Advantage Aging Solutions  
Capital Health Plan  
Leon County Board of County Commissioners

## **DIAMOND (\$5,000+)**

Audiology Associates of North Florida  
Eye Associates of Tallahassee  
Halsell Financial Solutions  
Linda Roberts  
Tallahassee Memorial HealthCare  
Tapestry Senior Living  
WCRx Health, Inc.

## **PLATINUM (\$2,500+)**

AARP  
Holiday Cruises and Tours  
Medical Marijuana Treatment Clinics of FL  
Options Senior Solutions  
Prime Meridian Bank  
The Grove at Canopy

## **RUBY (\$1,500+)**

Big Bend Hospice  
Blu Halo  
Capital City Bank  
Culley's Meadowwood Funeral Homes  
& Memorial Park  
Cumulus Broadcasting, Inc.  
DEEP Brewing Co.  
HCA Florida Capital Hospital  
Home Instead  
Marylou Johnston, Broker Associate, GRI, SRES, Keller  
Williams Town and Country  
Hopewell In-Home Senior Care  
Marie Webb Law - Probate and Estate Planning  
Edna Owens  
Osher Lifelong Learning Institute at FSU  
Right at Home  
SAGE  
Seven Hills Hospitality (LINK and Bar 1903)  
Taste Budz Catering Co.

## **GOLD (\$1,000+)**

All Care Senior Consulting  
American Heritage Financial  
Bevis Funeral Home  
CenterWell  
Centre Pointe Health & Rehabilitation  
Cumulus Broadcasting  
Dodson Insurance  
Florida State University Claude Pepper Center  
Millett, Emily  
NHC HomeCare

RBOA Digitally Driven Marketing  
Redwire  
St. Augustine Plantation  
The Gables  
TOC | Experts in Orthopedic Care  
VITAS HealthCare  
Westminster Oaks

## **SILVER (\$500+)**

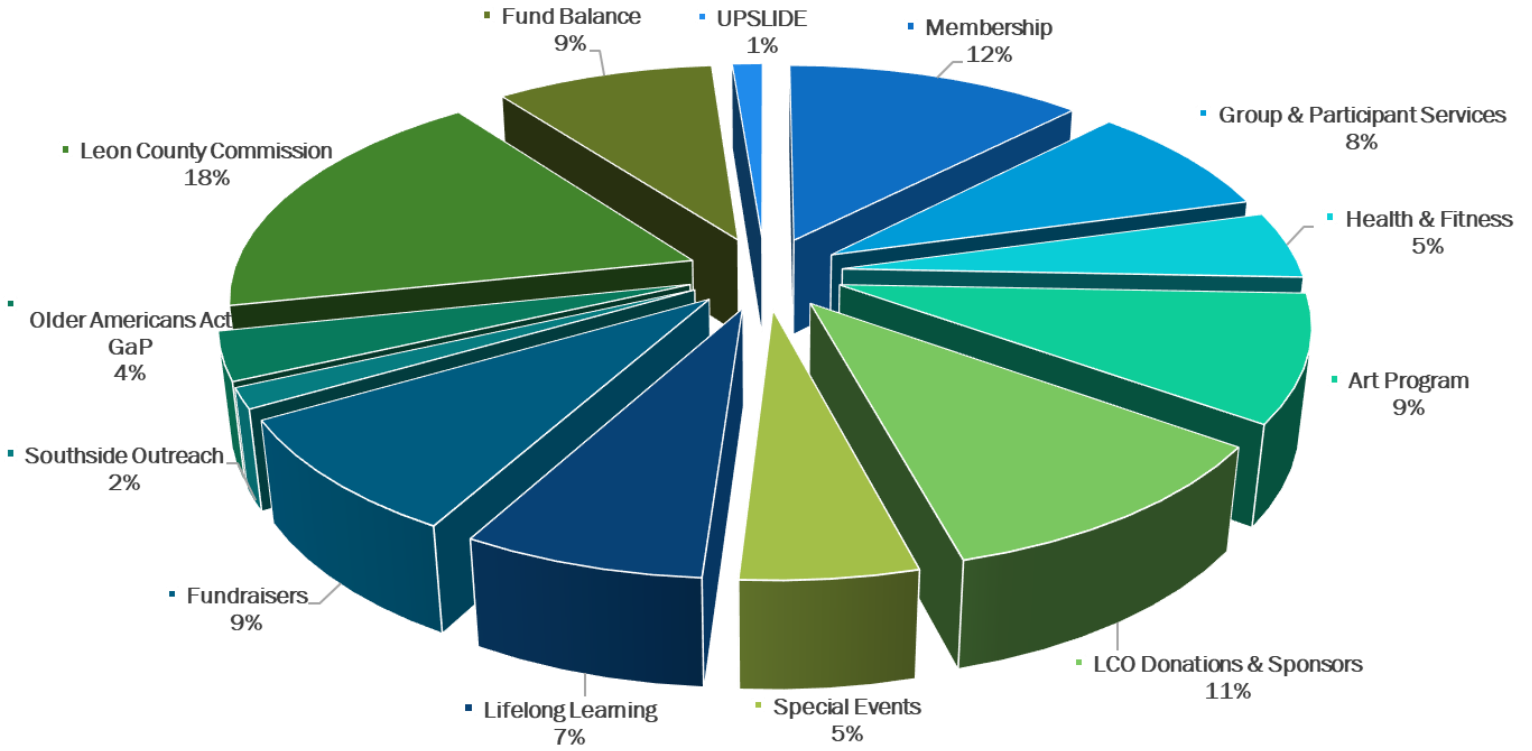
Azalea Gardens Assisted Living & Memory Care  
Barbers Best Termite and Pest LLC  
Canterfield of Tallahassee  
Charles & Clay Dodson  
Encompass Health Rehabilitation Hospital of Tallahassee  
Fire Professionals of Tallahassee LLC  
FSU College of Medicine  
FSU Institute for Successful Longevity  
FSU Office of Research  
Harmony Senior Advisors, LLC  
Healing by Nature  
Hella Home Solutions, LLC  
Heuler-Wakeman Law Group  
Humana Healthy Horizons in Florida  
Joint Strong  
Legacy Homecare Group  
Parx Home Care  
Riccardos  
Sanitation Products of America  
Social Kitchen and Social Catering  
Lori and Mike Swanson  
Tallahassee Moose Lodge 1075  
Tally Fish House  
Visiting Angels

## **BRONZE (\$250+)**

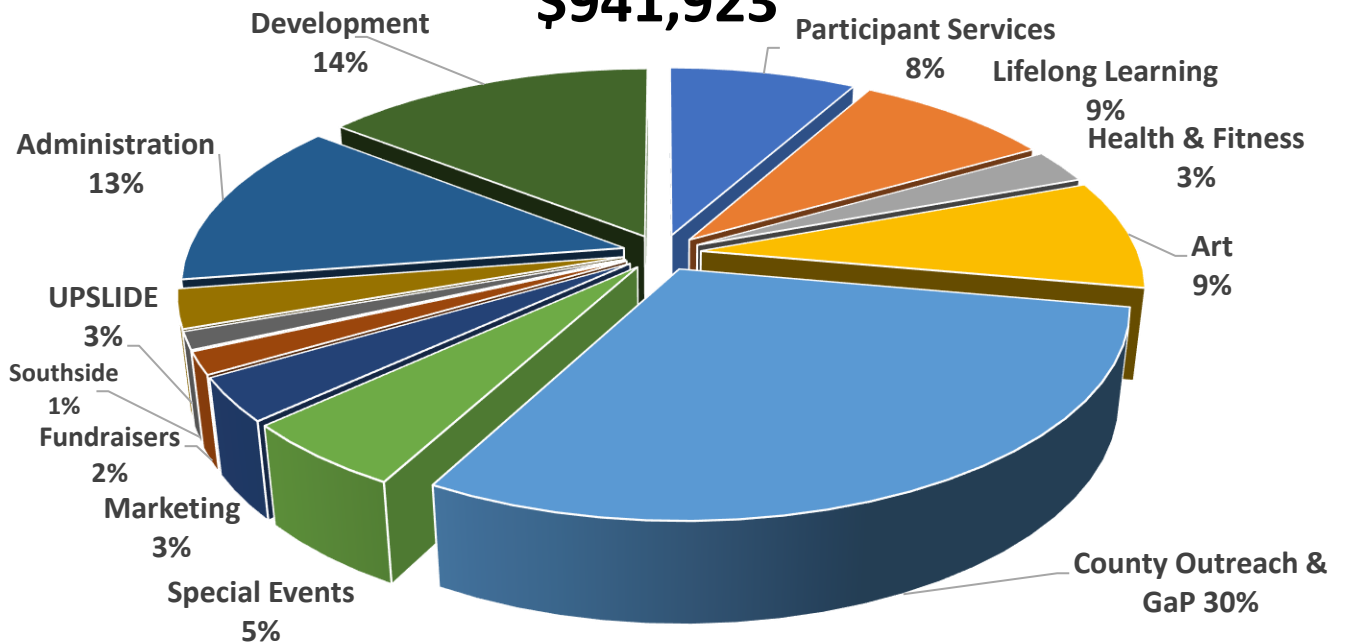
ABC Flooring Center  
Architects Lewis + Whitlock, PA  
Aviata Health Group  
Brian's Septic Service LLC  
Brookdale Centre Pointe  
Brown's Refrigeration  
Carroll & Company  
Cherry Laurel - Sky Active Living  
Express Printing  
FSU College of Communication & Information  
H2 Engineering, Inc.  
Interim HealthCare  
It's Your Move  
Jennifer & Jim Naff  
Kraft Nissan  
Opal Senior Living  
Osceola Supply, Inc  
Tom and Sammie Reimers  
Jill Sandler

# TALLAHASSEE SENIOR CENTER & FOUNDATION 2025

## TSC Foundation Revenue 2025 \$989,797



## TSC Foundation Expenditures 2025 \$941,923



## **TSC & Foundation Staff**

The Tallahassee Senior Center is committed to fostering an inclusive, welcoming environment where participants, volunteers, and team members feel valued and supported. Our staff brings expertise, creativity, and dedication to their work, ensuring that programs are engaging, meaningful, and responsive to the needs of our community.

Our team is strengthened by collaboration, shared success, continuous learning, and a commitment to excellence. Staff members embrace new ideas and opportunities, and participant feedback frequently inspires the development of additional programs and activities. This spirit of growth and adaptability strengthens our mission and enhances the experience offered at the Tallahassee Senior Center.

Ceola Grant, Manager, Senior Services/Executive Director, TSCF

Sheila Salyer, Executive Director Designee, TSCF

Lisa Baggett, Leon County Senior Outreach Coordinator

Mike Body, Program Supervisor

Karen Boebinger, GaP & Assistant LCSO Coordinator, TSCF

Neil Brown, Fiscal Coordinator, TSCF

Kie Butler-Hill, Facility Services

Kristy Carter, Assistant Supervisor, Programs

Nicolette Castagna, UPSLIDE Counselor

Karin Caster, Development & Communications Coordinator, TSCF

Lisa Dollar Covert, Administrative Assistant, TSCF

Marynell Dales, Fiscal Assistant, TSCF

Daniel Elias, Facility Services

Maureen Haberfeld, Lifelong Learning Coordinator, TSCF

Karen Hill, Participant Services Assistant, CDBG

Mary Hodges, Business Partnership Specialist, TSCF

Melanie Lachman, UPSLIDE Coordinator

Donna Lever, Membership & Donor Relations, TSCF

Heath Hilary McRae, Art Program Coordinator, TSCF

Tina Niggel, Volunteer Coordinator, CDBG

Ruth Nickens, Health & Wellness Coordinator, R.N.

Arthur Rhynes, Facility Services

Nick Schrader, Assistant Supervisor, Resources and Participant Services

Dennis Sittig, Facility Services

Emily Starnes, Lifelong Learning Coordinator, TSCF

Abigail Walch, UPSLIDE & Health Program Assistant, TSCF

Sarah Vernon, Assistant Director, TSCF

Patti Wallace, Assistant Supervisor, Facility & Special Events

Beverly Womble, Southside Outreach Coordinator, CDBG

# STAY IN TOUCH WITH THE SENIOR CENTER!

Want to know about Senior Center activities?



## 1 Sign up for our weekly email

Use your smart phone camera to scan here:  
Or sign up at <https://bit.ly/3ew6S3M>  
Or visit a staff person and give them your name + email address



## 2 Follow us on Social Media

Facebook.com/TallahasseeSeniorCenter  
instagram.com/TallahasseeSeniorCenter



## 3 View our online Activity Calendar

[TallahasseeSeniorFoundation.org/calendar](https://TallahasseeSeniorFoundation.org/calendar)



## 4 Find us online

[TallahasseeSeniorFoundation.org](https://TallahasseeSeniorFoundation.org)  
[Talgov.com/Seniors](https://Talgov.com/Seniors)

**Call 850-891-4000**

Monday - Friday, 8 am - 5 pm



1400 N Monroe St., Tallahassee, FL 32303



*Miccosukee Community Center  
Ribbon Cutting*

In addition to our main location, senior programming is held at **Community Centers and other locations throughout Leon County:**

- Allegro
- B.L. Perry Library
- Bradfordville
- Chaires
- Ft. Braden
- Good Shepherd Church
- Jake Gaither
- Jack McLean
- Lake Jackson
- LeRoy Collins Library
- Lincoln Neighborhood Center
- Miccosukee
- Optimist Park
- Red Hills Village
- Southwood
- The Grove at Canopy
- Woodville

Accredited by   
National Institute of Senior Centers